

JULY



Happenings at Bickford

So many exciting happenings!

All About July

Quotes for July

*Only two men signed the Declaration of Independence on July 4th 1776-- John Hancock and Charles Thompson.

*Thomas Jefferson changed the wording of the Declaration of Independence from "the pursuit of property" to "the pursuit of happiness."

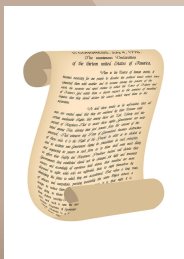
* The printed version of the Declaration was called the Dunlap Broadside; 200 were made but only 27 are accounted for.

"May the sun in his course visit no land more free, more happy, more lovely, than this our own country!"

-Daniel Webster

I believe in America because we have great dreams, and because we have the opportunity to make those dreams come true.

-Wendell Willkie



What's Going on in July

Happy Birthday to...

- Harris Marcus 7/5
- Carolyn Deuterman 7/22
- Nell Spence 7/27



Famous Birthdays

- Diana, Princess of Wales 7/1
- Tom Cruise 7/3
- Daniel Guggenheim 7/9

- 7/4 Watermelon Eating Contest
- 7/4 4th of July Social with the James River Ramblers
- 7/5 Joyride**
- 7/12 Lunch Outing to Decoys**
- 7/20 Target Outing**
- 7/21 The Leathers Perform
- 7/23 Art with Debbie
- 7/24 Irv and Sassy Perform
- 7/25 Communion with Father Derek
- 7/25 Birthday Party Celebration
- 7/26 Pop Up Library
- 7/27 Walmart Outing**
- 7/31 Paint Night Fundraiser for Alzheimers

** Weather Permitting



Bickford
assisted living & memory care



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9:30 Catholic Mass
11:00 My 2 Cents
2:00 Chapel Service
6:00 Courtyard Strolls**

1

9:15 Zumba with Alexis
11:00 Word Scramble
1:30 Scented Hand Rub
3:30 Happy Hour

2

9:30 Manicures
1:45 Bingo
3:30 Darts
6:00 Popcorn and a Movie

3

Independence Day
10:30 Watermelon Eating Contest
3:00 4th of July Social with the James River Ramblers
6:00 Courtyard Strolls**

4

10:00 Joyride**
1:30 Pastimes
3:30 Noodleball

5

10:00 Balloon Volleyball
1:30 Walkers Club**
3:00 Happy Hour with Gerry
6:00 Watering the Plants

6

10:00 Balloon Stretch
1:45 Bingo
6:00 Artwork

7

9:30 Catholic Mass
11:00 Trivia
2:00 Chapel Service
6:00 Courtyard Strolls**

8

9:15 Zumba with Alexis
11:00 Pokeno
1:30 Scented Hand Rub
3:30 Happy Hour

9

9:30 Manicures
1:45 Bingo
3:30 Ladderball Outside**
6:00 Popcorn and a Movie

10

10:00 Coffee Club
11:00 Penny Pitchin'
1:30 Bible Study
3:30 Pie Social
6:00 Courtyard Strolls**

11

9:30 Stretch and Tone
11:00 Lunch Outing to Decoys**
1:30 Poetry Club Outside**
3:30 Noodleball

12

10:00 Balloon Volleyball
1:30 Walkers Club**
3:00 Happy Hour
6:00 Watering the Plants

13

10:00 Darts
1:45 Bingo
6:00 Artwork

14

9:30 Catholic Mass
11:00 Spelling Bee
2:00 Chapel Service
6:00 Courtyard Strolls**

15

9:15 Zumba with Alexis
11:00 Fill in the Blank
1:30 Scented Hand Rub
3:30 Happy Hour

16

9:30 Manicures
1:45 Bingo
3:30 Horseshoes Outside**
6:00 Popcorn and a Movie

17

10:00 Coffee Club
11:00 Penny Pitchin'
1:30 Bible Study
3:30 Ice Cream Social
6:00 Courtyard Strolls**

18

Italian Theme
9:30 Stretch and Tone
1:45 Italian Cooking with Kristen
3:00 Italian Ice Social

19

10:00 Target Outing**
1:30 Walkers Club**
3:00 Happy Hour with Gerry
6:00 Watering the Plants

20

10:00 Balloon Stretch
11:00 The Leathers Perform
1:45 Bingo
6:00 Artwork

21

9:30 Catholic Mass
11:00 My 2 Cents
2:00 Chapel Service
6:00 Courtyard Strolls**

22

9:15 Zumba with Alexis
11:00 Pokeno
2:00 Art with Debbie
3:30 Happy Hour

23

9:30 Manicures
1:45 Bingo
3:30 Irv and Sassy Perform
6:00 Popcorn and a Movie

24

10:00 Communion with Father Derek
11:00 Penny Pitchin'
1:30 Bible Study
3:00 Birthday Party Celebration
6:00 Courtyard Strolls**

25

9:30 Stretch and Tone
2:00 Pop Up Library
3:30 Noodleball

26

10:00 Walmart Outing**
1:30 Walkers Club**
6:00 Watering the Plants

27

10:00 Floor Basketball
1:45 Bingo
6:00 Artwork

28

9:30 Catholic Mass
11:00 Spelling Bee
2:00 Chapel Service
6:00 Courtyard Strolls**

29

9:15 Zumba with Alexis
11:00 Trivia
1:30 Resident Council
3:30 Happy Hour

30

9:30 Manicures
1:45 Bingo
3:30 Noodle Ball
6:00 Paint Night Fundraiser for Alzheimers

31

** Weather Permitting

July

Activities in Assisted Living are at least 30 minutes in duration.

