



When the kids are visiting, please see one of our staff if they are looking for things to do with the Grandparents. We have board games, cards, outdoor games (croquet, horseshoes, bubbles, etc.)! In addition, if they want to have a salon day with Grandma, we have tons of nail polish for each! Have fun!!

Our Courtyard is also in full bloom. Please enjoy a glass of lemonade while enjoying the flowers!



Summer Heat is ON!!

It's not too soon to start compiling a team for the annual Alzheimer's Walk. If you would like to join our Bickford team, please contact Cindy, Activities, at 402-491-0400. Let's walk for a cure!

On June 14th, Flag Day- we celebrated with our friends from Joslyn Elementary. They performed patriotic songs, and then gave out flag pictures that they made. We're so fortunate to have a school next door!

We love to show off families and friends! The next time you're visiting, please take a minute and enjoy our digital frame pictures. It's fun to remember some of the fun activities, friends no longer with us, and new friends we've made!

With the summer heat here, if you or your kids are looking for a place to stay cool- please join us for an afternoon activity! If you have any fun vacation photos- we would enjoy hearing about your trip. We love having guests!

THE END OF ALZHEIMER'S STARTS WITH YOU!

WALK TO END ALZHEIMER'S

Sunday Sept 23, 2018
 Time: Registration at 9am
 Ceremony at 10:15am
 Walk at 11:00am
 Route Length: 2 miles

Location:
 Stinson Park - Akarben Village
 2285 S 67th St, Omaha, NE 68106

Held annually in more than 600 communities nationwide, the Alzheimer's Association Walk to End Alzheimer's® is the world's largest event to raise awareness and funds for Alzheimer's care, support and research. This inspiring event calls on participants of all ages and abilities to join the fight against the disease.

When you participate in the Walk, your fundraising dollars and participation in the event helps to change the level of Alzheimer's awareness in our community. While there is no fee to register, we encourage participants to...

Bickford Omaha will be silver sponsors for this year's "Walk to End Alzheimer's" event.

Will you join our team for walk day? We would love to have many Bickford family & friends come together for this great cause!

To register go to <http://act.alz.org/goto/BickfordOmaha>

Over 70 years together

Love always

PIC-COLLAGE

Flag Day 2018

PIC-COLLAGE

Be Our Guest!

We are thrilled to announce that we are hosting our Mary B's Cottage OPEN HOUSE!

Please join us on Thursday, July 26th. The festivities will take place from 4-6 pm in our new Mary B's Cottage. Light snacks will be served.

Our Cottage is eight apartments that are designed for individuals that require additional cares. Since a small environment- we're able to focus on more one-on-one/small group activities.

If you are unable to make the Open House, and you have any questions regarding the Cottage, feel free to stop out when visiting. Otherwise, please contact Amy Brinley at 402-491-0400 and she'll be happy to answer any of your questions.

We want to wish all our friends and family a blessed 4th of July.

God Bless the USA!



July Birthdays:

Pat Perkins - 7/7
Margee Burt - 7/18

Staff Anniversaries:

Sheral Dsouza - 7/11/17
Cheryl Schmidt - 7/21/14

Our Facebook Address is:
facebook.com/bickford/blondo

Our Blog Address is:
enrichinghappiness.com/omaha/blondo

May we all give thanks to those who
gave so much for our Country.
Happy Independence Day!



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10:30a Exercises
11:15a Catholic Services
1:15p Manicures/Eye Glass Cleanings
4p Church with Pastor Mark 1

10a Chair Exercises
11a World UFO Day
2p Walker Decorating
5p Pastor Ron Visits
5:45p Bickford Walking Club 2

10a Patriotic Warm-Ups
10:30a Patriotic Music
1p Creighton Seminarians
6:15p Bingo 3

Independence Day
NO PLANNED ACTIVITIES
HAPPY 4TH! 4

10a Morning Moves
10:30a Pastor Laura
1p Creighton Seminarians
2p Lonnie - Harmonica
6p Stroll Patrol 5

10a Friday Fit
11a Ball Toss
2p Patriotic Treats
6p Patriotic Music 6

10a Independence Stretches
11a 4th of July Memories
2p Horseshoes
6p Lawrence Welk 7

10:30a Exercises
11:15a Catholic Services
1:15p Manicures/Eye Glass Cleanings
4p Church with Pastor Mark 8

10a Sittercise
11a Tell All Game
2p All Saints Communion Service
5p Pastor Ron Visits
5:45p Bickford Walking Club 9

10a AM Workout
11a Boystown Trivia
1p Boystown Outing with Seminarians
6:15p Bingo 10

10a Walking Wednesday
10:30a Pastor Laura
1:30p Rosary
2p Joe Taylor - Entertainer
6p Family Feud 11

10a Twists & Turns
11a Different Colored Eyes Day
1:15p Angel Works Community Outreach
6p Short Stories 12

10a Fun Moves
10:45a Friday The 13th Trivia
2p US States Facts & Trivia
6p Summer Beach Movie 13

10a Saturday Stretch
11a Bastille Day
2p Garden Flowers
6p Lawrence Welk 14

10:30a Exercises
11:15a Catholic Services
1:15p Manicures
3p Alex - Piano
4p Church with Pastor Mark 15

10a Monday Moves
10:45a Piano Tunes
2:30p July B-Day Party
5p Pastor Ron Visits
5:45p Bickford Walking Club 16

10a Powercise
10:30a Funny Jokes
1p Creighton Seminarians
2p Resident Council
6:15p Bingo 17

10a Hump Day Moves
10:30a Visits w/Pastor Laura
1:30p Rosary with Barbara
7p ESPY Awards - ABC 18

Italian Theme
10a Balance Exercises
1p Seminarians
2p Charades
6p Dean Martin-That's Amore' 19

10a Soccer Kicks!
11a Morning Chat
2p Ask-A-Nurse
6p Word Puzzles 20

10a Weekend Movement
10:30a Current Events
2p Adult Coloring
6p Lawrence Welk 21

10:30a Exercises
11:15a Catholic Services
1:15p Manicures
4p Pastor Mark
6p Pluckin Nutz Concert 22

10a Exercises
10:45a Summer Memories
2p Name That Song!
5p Pastor Ron Visits
5:45p Bickford Walking Club 23

10a Rise Up & Move!
11a Amelia Earhart Day
3p Johnny Ray Gomez
6:15p Bingo 24

10a Wednesday Walk
10:30a Pastor Laura
1:30p Rosary with Barbara
6:30p PAWS Pet Visits 25

10:00 Exercise
10:45a Who Said It??
1p Seminarians Good-Bye
2p Fontenelle Forest
4p COTTAGE OPEN HOUSE! 26

10a Exercise Class
10:45a Kick Ball
2p Chair Dancing
7p Shark Week TV - Discovery 27

10a Morning Run
10:45a Cartoon Laughs
2p Courtyard Tea
6p Lawrence Welk 28

10:30a Exercises
11:15a Catholic Services
1:15p Manicures/Eye Glass Cleanings
4p Church with Pastor Mark 29

10a July Recap
11a International Day of Friendship
2p Monday Movie
5p Pastor Ron Visits
5:45p Bickford Walking Club 30

10a Body Strength
10:45a Poetry Readings
3p Homemade Ice Cream
6:15p Bingo 31

July

