

Eric Donhowe - Resident Of The Month

Eric was born in Story City, and moved to Ames, IA in the 1950s. Eric has 2 sisters and 1 brother, and is the oldest of the children born to his parents Charles and Kay. Growing up Eric liked to play tennis and baseball. Eric attended Aimes Elementary and Ames High School. He graduated from Iowa State University with a teaching degree. In high school, Eric played tennis and won the singles sectional. Eric has one son, two daughters and 3 grandchildren.

In the past, Eric says he liked to paint, draw and collect coins. He enjoys not only watching golf on television, but also likes to take time with his friends to enjoy a good golf game.



People and Great Times



Hilary Garton-Henry **BFM Of The Month** Hilary was born in Leon, IA.

She has 2 daughters. One daugher is an RN and other daughter is a special education teacher in Urbandale IA. Hilary lives in Ankeny, IA with her 4 pet turtles that live outside in the turtle corral all summer.

Hilary has been at Bickford for the past 10 years. She has worked as a CNA, CMA, bath aid, bus driver and worked in Mary B's for over six years.

Hilary says she loves her residents at Bickford because they are her family. She also says she enjoys taking the residents to their appointments.

Happenings At Bickford

Top - Myrna and Belva visiting in the sunroom.

Bottom Left - Ron Bottom Right - Cathy Enjoying the patio in the courtyard





God Bless America

God Bless America

God bless America Land that I love Stand beside her And guide her Through the night with the light from above

From the mountains To the prairies To the oceans White with foam God bless America My home sweet home

From the mountains To the prairies To the oceans White with foam God bless America My home sweet home God bless America My home sweet home Irving Berlin

The American Flag

When freedom, from her mountain height Unfurled her standard to the air. She tore the azure robe of night. And set the stars of glory there. She mingled with its gorgeous dyes. The milky baldric of the skies. Then from his mansion in the sun. She called her eaglebearer down. And gave into his mighty hand. The symbol of her chosen land.

Joseph Rodman Drake













11:00 Chair Exercises

10:30 Trivia

2:00 Nail Care

3:00 Book Club

6:30 Monday Movie

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1:00 UNO

9:00 One on Ones 10:30 White Board Fun 11:15 Let's Take A Walk 1:00 Devotions C. Rav 2:00 Bingo 3:00 Race To 100

Independence Day 9:00 News & Coffee

10:00 Memory Lane

11:00 Balloon Toss

2:00 Happy Hour

6:30 Game Night

3:00 10,000 Dice Game

1:00 UNO

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9:00 News & Coffee 10:00 HangMan 11:00 Chair Yoga 1:00 Bible Study C. Greg 2:00 Bingo 3:30 Helene Viale

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6:30 Friday Night Movie

9:00 News & Coffee

11:00 Ball Toss

10:00 News & Coffee 9:00 News & Coffee 10:00 White Board Fun 11:00 Let's Take A Walk 1:00 Bingo 2:00 Yahtzee 1:00 The Price Is Right 2:00 Match Game 3:30 General Store 7:00 Lawrence Welk 3:00 Men's Group

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2:30 Church 6:30 Gospel Music Hour

10:00 News & Coffee 10:30 Who Am I 11:00 Band Stretches 1:00 Yahtzee 2:30 Mike Lozano 6:30 Monday Movie

10:30 White Board Fun 11:15 Let's Take A Walk 1:00 Devotions C. Ray 2:00 Bingo 3:00 Country Music Hour

Barbara Cooper

9:00 One on Ones

9:00 News & Coffee 10:00 Trivia Time 11:00 Chair Yoga 1:00 Painting Craft 2:00 Happy Hour 3:00 UNO 6:30 Game Night

1:00 Bible Study C. Greg 2:00 Bingo 3:00 Popcorn Party

Italian Theme

9:00 News & Coffee

11:00 Balloon Toss

10:00 HangMan

10:00 Jeopardy 11:00 Let's Take A Walk 1:00 Scrapbooking 2:00 Red Hat Ladies 3:00 Dave Gray 6:30 Friday Night Movie

11:00 Ball Toss 1:00 Bingo 2:00 UNO 3:00 Bernice Shannon 7:00 Lawrence Welk

10:00 News & Coffee

14

2:30 Church 6:30 Gospel Music Hour

8

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10:00 News & Coffee 10:30 Trivia 11:00 Chair Yoga 1:00 Checkers 2:00 Nail Care 3:00 Book Club 6:30 Monday Movie

9:00 One on Ones 10:30 White Board Fun 11:15 Let's Take A Walk 1:00 Devotions C. Ray 2:00 Bingo 3:30 Helene Viale

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Cathy White George McConeghy

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9:00 News & Coffee 10:00 Ball Toss 11:00 Noodle Exercises 1:00 UNO 2:00 Happy Hour 3:00 Tom Anderson 18

9:00 News & Coffee 10:00 Italian Craft 11:00 Let's Take A Walk 1:00 Bible Study C. Greg 2:00 Bingo & Popcorn 3:30 Yahtzee

10:00 News & Coffee 9:00 News & Coffee 11:00 Let's Take A Walk 10:00 Higher Or Lower 11:00 Balloon Toss 1:00 Bingo 2:00 Yahtzee 1:00 Craft Time 3:30 General Store 2:00 The Price Is Right 7:00 Lawrence Welk 3:00 Men's Group 6:30 Friday Night Movie

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2:30 Church 6:30 Gospel Music Hour

10:00 News & Coffee 10:30 HangMan 11:00 Noodle Exercises 1:00 Yahtzee 2:00 Nail Care 3:00 Lotion Therapy 6:30 Monday Movie 23

Ruth Snider

Evelyn Westfall

9:00 One on Ones 10:30 White Board Fun 11:15 Let's Take A Walk 1:00 Devotions C. Ray 2:00 Bingo 3:00 Trivia Time 4:00 Noted 4 Quartet 4

9:00 News & Coffee 10:00 Higher Or Lower 11:00 Bend and Stretch 12:00 Birthday Party 1:00 Race To 5 Bingo 2:30 Happy Hour 3:30 Maurice Jules 25 6:30 Game Night

9:00 News & Coffee 10:00 Resident Council 10:30 Trivia Time 11:00 Let's Take A Walk 1:00 Bible Study C. Greg 2:00 Bingo 3:00 Yahtzee 26

9:00 News & Coffee 10:00 Memory Lane 11:00 Balloon Toss 1:00 Scrapbooking 2:00 Red Hat Ladies 3:00 Big Band Music 6:30 Friday Night Movie 27

10:00 News & Coffee 11:00 Chair Exercises 1:00 Bingo 2:00 UNO 3:30 General Store 7:00 Lawrence Welk

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2:30 Church 6:30 Gospel Music Hour

10:00 News & Coffee 10:30 Trivia 11:00 Chair Exercises 1:00 UNO 2:00 Nail Care 3:00 Book Club 6:30 Monday Movie

9:00 One on Ones 10:30 White Board Fun 11:15 Let's Take A Walk 1:00 Devotions C. Ray 2:00 Bingo 3:00 Ice Cream Social



July Birthday 10th Barbara Cooper 18th Cathy White George McConeghy 23rd Ruth Snider

24th Evelyn Westfall

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