



Our resident of the month for the month of June is Jana! Jana was originally born in New York City and has lived in various parts of the country like Tennessee and Colorado. When Jana was younger, she was on a skating tour that went around England, Belgium, France, Italy, Holland and major cities around the United States. While in New York City, she also started an acting career. She married her husband, Jack, in Las Vegas in 1959! They had 2 children, Keel and Lace. Jana is a vegetarian! She loves eating fresh fruits and veggies and loves trying new vegetarian dishes! Jana is a delight to have here at Bickford of Rocky River- always helping us with many different household chores, outings, and being a very amazing woman!

Rocky River

HAPPENINGS

JUNE

We're Rockin' in River!

Shannon's Chef's Corner
Blueberry Crumb Bar
Serves around 45 people

- 1 1/4 Cups Flour
 - 3/4 Cup Sugar
 - 3/4 Cup Brown Sugar
 - 1 1/2 tsp Baking Powder
 - 1/4 tsp Salt
 - 1/4 tsp Cinnamon
 - 3/4 lb Margarine
 - 2 Eggs
 - 1 1/2 tsp Vanilla Extract
 - 3/4 Cup Sugar
 - 1 1/2 Tbsp Cornstarch
 - 2 1/3 lbs Blueberries
1. Preheat oven to 375 degrees
 2. Stir together flour, sugars, baking powder, salt, and cinnamon. Using a fork, blend in the margarine and egg (add vanilla to beaten egg). Dough will be

- crumbly. Pat Half of the dough into a greased baking dish.
3. Stir 2nd listed amount of white sugar and cornstarch together in a different bowl. Gently mix in the blueberries. Sprinkle blueberry mixture evenly over crust. Pour the remaining half of crumble dough over the berry layer.
4. Bake for 45 minutes or until top is slightly brown. Cool completely before cutting.
5. Enjoy!
(Fun tip- it doesn't have to just be blueberries! Any berry will do!)



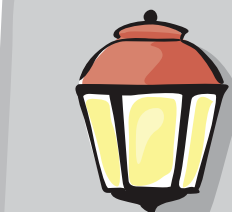
Monthly Events

Our first official month is in the books! Bickford of Rocky River is still transitioning and we appreciate everyone's patience and understanding through this time! We have had some fun throughout the month last month! We visited Miss Hickory's Tea Room, went on many Scenic Joy Rides as well as our marvelous Mother's Day Brunch. Thank you to our most amazing Mothers for always having amazing hearts. (Be sure to check out photos on www.enrichinhappiness.com/rockyriver)

This month, we are excited to get out on the town. We are going out to a picnic in the park in our local metroparks as well as visiting a resident favorite The Wild Mango up by Great Northern Mall!

Special Dates

- 1- Flip a Coin Day
- 4- Hug Your Cat Day
- 6- D-Day
- 7- National Chocolate Ice Cream Day
- 8- Best Friend's Day
- 10- Iced Tea Day
- 14- Flag Day
- 17- Eat your Veggies Day
- 18- Go Fishing Day
- 21 International Yoga Day
- 27- Sunglasses Day
- 29- Hug Holiday



Bickford
assisted living & memory care



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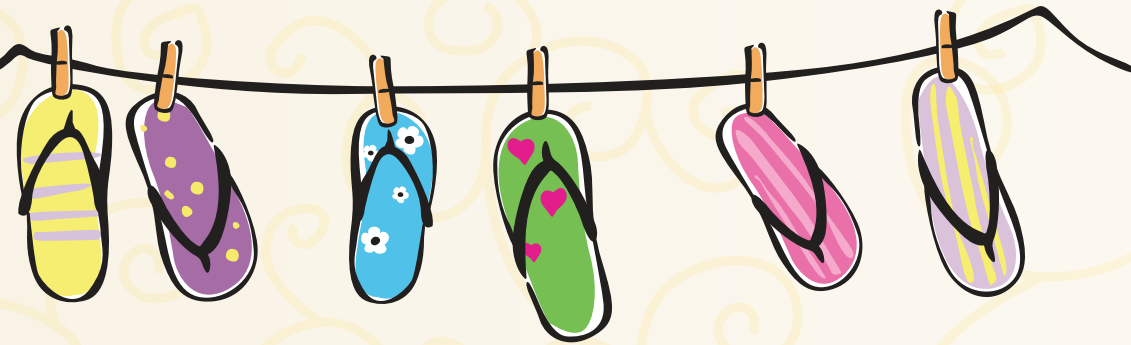
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Bickford Birthdays!
18th- Kathleen M
19th- Nancy W
28th- Gwen D
30th- Nora K



June

9:00a Tea & Talk
9:30a David, Katie & Fraiser Come Visit
10:30a Prince of Peace Church Service
2:00 Sunday Stretches
4:00 Word Puzzles

3

9:00a Tea & Talk
10:30a Patio Hour
1:00 Art Corner
2:00 Mind your Mind
6:00 Meditation & Reflection

4

8:00a Salon with Sherri
9:30a Music with Lynne
11:00am Silver Sneakers Yoga with Barbara
1:30p Bingo with Donna
4:00p *Sing a Long with Leslie*

5

Western Day
8:00a Salon with Sherri
10:30a *Mass at St. Chris*
1:30 Noodle Bop
2:30 Flower Arranging Club
4:00 Jigsaw Puzzle Club

6

9:00a Tea & Talk
10:00a Catholic Communion
11:00a Church on the Move!
1:30p Esther & Degel Come Visit
4:00 Knitter's Korner

7

9:00a Tea & Talk
11:00a Sittercise
11:30a *Picnic in the Park*
2:00 Dexterity Check
6:00 Meditation & Reflection

8

9:00a Tea & Talk
10:00a Saturday Morning Manicures
1:30p *Scenic Joy Ride*
6:00p Resident Choice Movie

9

9:00a Tea & Talk
9:30a David, Katie & Fraiser
10:30a Prince of Peace Church Service
2:00 Sunday Stretches
4:00 Word Puzzles

10

9:00a Tea & Talk
10:30a Patio Hour
1:30 *Ralph the Accordion Man Performs*
2:00 Mind your Mind
6:00 Meditation & Reflection

11

8:00a Salon with Sherri
9:30a Music with Lynne
11:00am Silver Sneakers Yoga with Barbara
1:30p Bingo with Donna

12

8:00a Salon with Sherri
10:30a *Mass at St. Chris*
1:30 Noodle Bop
2:30 Flower Arranging Club
4:00 Jigsaw Puzzle Club

13

Flag Day
9:00a Tea & Talk
10:00a Catholic Communion
11:00 *Lunch Bunch at The Wild Mango*
1:30p Esther & Degel
4:00 Knitter's Korner

14

9:00a Tea & Talk
11:00a Sittercise
1:30 *Music Therapy with Mary*
2:30 *Shopping at CVS*
6:00 Meditation & Reflection

15

9:00a Tea & Talk
10:00a Saturday Morning Manicures
1:30p Patio Hour
6:00p Resident Choice Movie

16

Father's Day
9:00a Tea & Talk
9:30a David, Katie & Fraiser
10:30a Prince of Peace Church Service
2:00 Sunday Stretches
4:00 Word Puzzles

17

9:00a Tea & Talk
10:30a Patio Hour
1:00 Art Corner
2:00 Mind your Mind
6:00 Meditation & Reflection

18

8:00a Salon with Sherri
9:30a Music with Lynne
11:00am Silver Sneakers Yoga with Barbara
1:30p Bingo with Donna
4:00p *Sing a Long with Leslie*

19

8:00a Salon with Sherri
10:30a *Mass at St. Chris*
1:30 Noodle Bop
2:00 Crafts with Weezie
2:30 Flower Arranging Club
4:00 Jigsaw Puzzle Club

20

10:00a Catholic Communion
11:00a Church on the Move!
1:30p Esther & Degel
3:15 Skincare, Sunglasses & Smoothies

21

9:00a Tea & Talk
11:00a Sittercise
1:30 *Music Therapy with Mary*
6:00 Meditation & Reflection

22

9:00a Tea & Talk
10:00a Saturday Morning Manicures
1:30p *Scenic Joy Ride*
6:00p Resident Choice Movie

23

9:00a Tea & Talk
9:30a David, Katie & Fraiser
10:30a Prince of Peace Church Service
2:00 Sunday Stretches
4:00 Word Puzzles

24

9:00a Tea & Talk
10:30a Patio Hour
1:00 Art Corner
2:00 Mind your Mind
6:00 Meditation & Reflection

25

8:00a Salon with Sherri
9:30a Music with Lynne
11:00am Silver Sneakers Yoga with Barbara
1:30p Bingo with Donna
4:00p *Sing a Long with Leslie*

26

8:00a Salon with Sherri
10:30a *Mass at St. Chris*
10:30 Book Club (in 303)
2:00 Crafts with Crossroads
2:30 Flower Arranging Club
4:00 Jigsaw Puzzle Club

27

10:00a Catholic Communion
1:30p Esther & Degel
2:00 Zumba with Melissa
4:00 Knitter's Korner

28

9:00a Tea & Talk
Newscurrents
11:00a Sittercise
11:30 *Lunch & a Movie: The Greatest Showman*
6:00 Meditation & Reflection

29

9:00a Tea & Talk
10:00a Saturday Morning Manicures
1:30p *Scenic Joy Ride*
6:00p Resident Choice Movie

30