



Happy Birthday!

A wish for lots of birthday fun,
To last until the day is done.
Hope that all your wishes come true,
and your birthday cake is as sweet as you!

We will celebrate the birthday of:

- Margaret M. - May 4
- Christine R. - May 26
- JoAnne H. - May 31
- Jim L. - May 31



From Your Life Enrichment Coordinator

Hats, Horses & Music!

Cinco de Mayo Festival!

Adventures in Social Drumming Proudly Presents...
A Mexican Heritage Music Festival

CINCO DE MAYO!

An interactive music making event commemorating Mexico's unlikely victory over the French forces of Napoleon III on May 5th 1862, at the battle of Puebla.

Invite family, friends, and care providers to participate in our very own Cinco De Mayo music making festival!

Saturday May 5th
at
Bickford
6:30 - 7:30 PM



This year the Kentucky Derby AND Cinco de Mayo both fall on May 5 - how exciting!

During the day, we will be Kentucky Derby focused with a variety of Derby themed activities. We will have our first in-house Bickford Derby!

At 6:30 pm our focus will turn to Cinco de Mayo celebrating. This will feature margaritas, music making and more!

Adventures in Social Drumming will make their Bickford debut and present, **A Mexican Heritage Music Festival!**

This will be an interactive music making event commemorating Mexico's unlikely victory over the French forces of Napoleon III on May 5, 1862.

Mark your calendars, you won't want to miss this! Invite your family and friends!

~ Harmony



May is Better Hearing Month!

Since May is **Better Hearing Month**, our friendship company is **Iowa Audiology**. We are partnering with them to make sure your hearing is the best it can be.



If you or someone you know is struggling with a hearing loss, there's never been a better time to do something about it.

Our mission is to deliver knowledgeable care options to our patients. Our passionate team are highly skilled professionals committed to finding unique solutions that benefit every individual.

Please join Dr. Jason Aird, Audiologist of Iowa Audiology & Hearing Aid Centers Monday, May 7 at 10:30 am in the Bickford living room to discuss:

- Living with hearing loss.
- How hearing technology works.
- New rechargeable hearing instruments.
- Smartphone-to-hearing instrument technology.
- Maximizing hearing in all environments through wireless accessories.

~Iowa Audiology

Iowa Audiology & Hearing Aid Center
1006 5th Street
Suite 100
Coralville, IA
319-338-6043



S

M

T

W

T

F

S

May 2018

Nat'l Nurse's Day!
 9:30a Sit & Get Fit
10:30a Celebrate our Nurse's... Surprise!
 2p Chaplain Service with Les & Grace
 3p Wii Sports
7:05 Cubs Baseball ⁶

Nat'l Nurse's Week!
 9:45a Live 2B Healthy
10:30a Hearing Education & Seminar
 2p Resident Council Meeting & Cookies
 3:30p IA Grown Story
7:05 Cubs Baseball ⁷

Nat'l Nurse's Week!
 9:30a Stroll & Stretch
10a Flower Planting
11a Plan Howie Trips
2p Live Music by Cowboy Jim!
 3p Bible Stories
7:05 Cubs Baseball ⁸

9a Wednesday Walk
 9:30a Manicures & Hand Massages
 11a Thank our Nurses
1:20p Cubs Baseball
 2p Church Service
3p Live Piano Music
 6p Chat & Checkers ⁹

Better Hearing Day!
9a Free Hearing Screenings Begin!
 10a Catholic Communion
 10:30a Cards 4 Moms
 2p surPRIZE BINGO!
3p Garden Club
 6p Bags Game ¹⁰

Nat'l Nurse's Week!
 9:45a Live 2B Healthy Exercise Class
 10:30a Photo Props
 1:20p Cubs Baseball
 2:30p Crafty Creation
 3:30p Nurse Surprise
 6p TGIF Movie ¹¹

Family Photo Day!
 9:30a Relaxing Yoga
 10:30a Wardrobe Prep
2p Families Arrive & Hair & Makeup Begin
2:30p Indy Speedway
3p Mother's Day Pics!
 7p Welk Fan Club ¹²

Mother's Day!
 9:30a Sit & Get Fit
10:30a Mother's day Pampering
1:20p Cubs Baseball
 2p Chaplain Service
3p Drive & Surprise!
 6p Mom's Choice ¹³

Chicken Dance Day!
 9:45a Live 2B Healthy
 11a First United Methodist Church
2p Dance Team Special Performance!
 3p Chicken Dancing
 6p Uno ¹⁴

Salon Day!
 9:30a Stroll & Stretch
10a Veggie & Herb Garden Planting
11a Plan Howie Trips
 2p surPRIZE BINGO!
 3p Bible Stories
6:35p Cubs Baseball ¹⁵

Fire Drill with Alarm!
 9a Wednesday Walk
 9:30a Manicures & Hand Massages
 11a Shoe Polishing
 2p Church Service
3p Garden Planning
 6p Nat'l Drawing Day ¹⁶

Salon & Howie Trips!
 9a Walk & Talk
9:30a Today's Trips
 9:30a Edible Crafts
 10:30a Morning Music
 2p surPRIZE BINGO!
3p Garden Club
6:35p Cubs Baseball ¹⁷

9a Morning Stroll
 9:30a Catholic Mass
 10a Putt Putt Golf
 11a Eyeglass Cleaning
 2p Live 2B Healthy
3p Prep for Planting Tomatoes in Garden
6:10p Cubs Baseball ¹⁸

9:30a Relaxing Yoga
 10a Spring Cleaning
 11a Jewelry Cleaning
2p Live Piano Music!
 3p Indy 500 Qualify #1
3p Afternoon Drive
 4p Preakness Stakes
6p Cubs Baseball ¹⁹

9:30a Sit & Get Fit
 10a Coffee & Cards
12p Cubs Baseball
 2p Chaplain Service with Les & Grace
3p Indianapolis 500 Qualifying Day 2
6p Water Garden ²⁰

9:45a Live 2B Healthy Exercise Class
10:30a Water Garden
 2p Service by Pastor Chad - Farmington
 3:30p Iowa Grown Stories with Gary
 6p Scrabble ²¹

Salon Day!
 9:30a Stroll & Stretch
 10a Sweets & Stories
11a Plan Howie Trips
 2p surPRIZE BINGO!
 3p Bible Stories
3:30p Water Garden
6p Cubs Baseball ²²

9:30a City High Visits for Courtyard Cleanup
 10a Manicures & Hand Massages
 2p Church Service
 3p Seniorcise
3:30p Water Garden
6p Cubs Baseball ²³

Salon & Howie Trips!
 9a Catholic Communion
 9:30a Walk & Talk
 10a Crafty Creations
 11a Fill the Feeders
 2p surPRIZE BINGO!
3p Garden Club
 6p Scrabble ²⁴

9:45a Live 2B Healthy Exercise Class
10:30a Create RWB Patriotic Door Decor
1:20p Cubs Baseball
 2p TGIF Happy Hour & Courtyard & Games
 6p TGIF Movie ²⁵

Happy Bday Christine!
 9:30a Relaxing Yoga
10a Garden Planting w/ Master Gardener
 2p Red, White & Blue Patriotic Decor
 3p Memorial Drive
6:15p Cubs Baseball ²⁶

Grape Popsicle Day!
 9:30a Sit & Get Fit
 10a Indy 500 Mile
10:30a Water Plants
 2p Chaplain Service with Les & Grace
3p Porch Popsicles
7p Cubs Baseball ²⁷

Memorial Day Red/White/Blue Day
9a Memorial Walk
9:30a Create Flags
12:35p Cubs Baseball
1p Memorial Parade
3p Memorial Movie
6p Water Plants ²⁸

Salon Day!
9:30a Store the Decor
 10a Sweets & Stories
11a Plan Howie Trips
2p Monthly Birthday Party & BINGO!
 3p Bible Stories
6:05p Cubs Baseball ²⁹

9a Wednesday Walk
 9:30a Manicures & Hand Massages
 11a Water Garden
 2p Church Service
 3p Live Piano Music by Andrew!
6:35p Cubs Baseball ³⁰

Salon & Howie Trips!
Happy Birthday Jim L. & JoAnne!
 9a Catholic Communion
 9:30a Walk & Talk
 10a Craft Creations
 2p surPRIZE BINGO
 3p Bible Stories ³¹

