

July Birthday's

Residents

Bob B 7/1

Martin K 7/9

Marigene K 7/11

Telford W 7/11

Britt A 7/21

Bickford Family Members

Cynthia 7/21

Angie 7/22



Quote of the Month

"People do not care how much you know until they know how much you care."

-Teddy Roosevelt



From Flag Day to a Dog Show...
We stayed pretty busy
in June!!



Our dog show couldn't been any cuter!! Pups came out in their Sunday's best bringing joy and smiles to all our residents!

Smiles all around-----> when Ceramics for comes around!! Smiles while creating their art work and bigger smiles when they received the finished product!!

<---Our Residents really enjoyed their shopping trip to Target!!

Such a fun Flag Day Social. We had Red White & Blue Everything!! Ices, Chips and even a Flag made out of fruit!!



What's the Happynings in July

We are kicking off this month, by celebrating **Independent Day** with a BBQ lunch on the 4th First Friday (the 6th) of the month we have the **Podiatrist** visiting and **Resident Council** The following week on the 9th there will be entertainment by the **Krafty Krooners** and on the 12th we are headed to

Denny's for lunch! On the 17th we are making **Pasta** in anticipation for **Italian theme day** on the 19th. The **Dentist** will be visiting on the 24th and the 26th we're heading to **Olive Garden** and we're ending the month **Ceramics for You** on the 31st.

Activities By the Day...

Sunday's Church Runs
Monday's Shopping Trips
Tuesday's Arts and Crafts
Wednesday's Fancy Fingers
Thursday's Bingo & Outing
Friday's Cooking Club

If you would like to join us on any of our outings, please sign up in the 'Sign-Up Sheet' Binder; located in the Activity Room!
Thank You



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9:00 Church Run
 9:45 Daily Chronicles
 11:00 Weekend Workout
 1:20 Cubs vs Twins ch9
 2:00 TPC Potomac ch5
 2:15 Art Work Social
 1

9:45 Daily Chronicles
 10:30 Church Service
 11:00 Morning Stretches
 1:30 Kohls Trip
 2:30 Shut The Box
 6:30 Wheel Of Fortune ch7
 2

****Beauty Shop Is Open****
 9:45 Daily Chronicles
 10:30 Weight Workout
 11:00 Magnetic Darts
 2:00 Arts & Crafts
 Independence Day Special w/ Kris
 3:00 Dominos
 3

Independence Day
 9:45 Daily Chronicles
 10:30 Exercise Group
 11:00 4th of July Sing-a-long
 12:00 BBQ Cookout
 1:20 Cubs vs Tigers ch9
 2:00 Meekko Visits
 2:30 Fancy Fingers
 4

9:45 Daily Chronicles
 10:30 Pool Noodle Workout
 11:00 Bingo
 2:00 Country Ride Ice Cream
 3:30 Uno
 5

****Podiatrist Visits****
 9:45 Daily Chronicles
 10:30 Simply Fit w/Alina
 11:00 Indoor Frisbee
 2:00 Cooking Club
 Smoothies
 3:00 Resident Council
 7:00 Popcorn & Movie
 6

9:45 Daily Chronicles
 10:30 Knitting Circle
 11:00 Weekend Workout
 2:00 Ice Cream Social
 4:00 Balloon Fun
 7

9:00 Church Run
 9:45 Daily Chronicles
 11:00 Weekend Workout
 1:20 Cubs vs Red ch9
 2:00 The Greenbrier Classic ch5
 2:15 Art Work Social
 8

9:45 Daily Chronicles
 10:30 Church Service
 11:00 Entertainment by Krafty Krooners
 1:30 Dollar Tree Trip
 2:30 Jenga
 6:30 Wheel Of Fortune ch7
 9

****Beauty Shop Is Open****
 9:45 Daily Chronicles
 10:30 Weight Workout
 11:00 Bag Toss
 2:00 Arts & Crafts
 Paper Mache
 3:00 Scrabble
 9:15 Cubs @ Giants ch7
 10

9:45 Daily Chronicles
 10:30 Simply Fit w/Alina
 11:00 Indoor Frisbee
 2:00 Meekko Visits
 2:30 Fancy Fingers
 3:30 Delectable Delights w/ David
 11

9:45 Daily Chronicles
 10:30 Pool Noodle Workout
 11:00 Lunch Outing Denny's
 2:30 Snack Bingo
 3:30 Family Feud
 12

9:45 Daily Chronicles
 10:30 Simply Fit w/Alina
 11:00 Cooking Club
 Coffee Cake
 2:00 Ring Toss
 2:30 Happy Hour
 7:00 Popcorn & Movie
 13

9:45 Daily Chronicles
 10:30 Knitting Circle
 11:00 Weekend Workout
 2:00 Puzzle Party
 4:00 Balloon Fun
 14

9:00 Church Run
 9:45 Daily Chronicles
 11:00 Weekend Workout
 2:00 John Deere Classic ch5
 2:15 Art Work Social
 3:10 Cubs @ Padres ch9
 15

9:45 Daily Chronicles
 10:30 Church Service
 11:00 Chair Pilates w/ Jane
 11:30 Lawn Darts
 1:30 Jewel Trip
 2:30 Monopoly
 6:30 Wheel Of Fortune ch7
 16

****Beauty Shop Is Open****
 9:45 Daily Chronicles
 10:30 Weight Workout
 11:00 Balloon Ball
 2:00 Arts & Crafts
 Pasta Making
 3:00 Sorry
 7:00 All Stars ch12
 17

9:45 Daily Chronicles
 10:30 Simply Fit w/Alina
 11:00 Indoor Frisbee
 2:00 Meekko Visits
 2:30 Fancy Fingers
 3:30 Boogie
 18

Italian Theme
 9:45 Daily Chronicles
 10:30 Exercise w/ Jeremy
 11:00 Meatball Search
 2:00 Bingo Italiano
 3:00 Italian Day Social Hour
 19

9:45 Daily Chronicles
 10:30 Simply Fit w/Alina
 11:00 Cooking Club
 Lucy's Recipes
 2:00 Badminton
 2:30 Happy Hour
 7:00 Popcorn & Movie
 20

9:45 Daily Chronicles
 10:30 Knitting Circle
 11:00 Weekend Workout
 2:00 Puzzle Party
 4:00 Balloon Fun
 6:15 Cubs @ Cardinals ch12
 21

9:00 Church Run
 9:45 Daily Chronicles
 11:00 Weekend Workout
 2:00 Barbasol Championship ch5
 2:15 Art Work Social
 22

9:45 Daily Chronicles
 10:30 Church Service
 11:00 Morning Stretches
 11:30 Kick Ball
 1:30 Walmart Trip
 2:30 Checkers w/ Richard
 6:30 Wheel Of Fortune ch7
 23

****Beauty Shop Is Open****
****Dentist Visits****
 9:45 Daily Chronicles
 10:30 Weight Workout
 11:00 Bowling
 2:00 Arts & Crafts
 Paper Mache Painting
 3:00 Trouble
 24

9:45 Daily Chronicles
 10:30 Morning Stretches
 11:00 Indoor Frisbee
 1:30 Simply Fit w/ Alina
 2:00 Meekko Visits
 2:30 Fancy Fingers
 3:30 Banagrams
 25

9:45 Daily Chronicles
 10:30 Pool Noodle Workout
 11:00 Lunch Outing Olive Garden
 2:30 Dirty Bingo
 3:30 Phase 10
 26

9:45 Daily Chronicles
 10:30 Morning Stretches
 11:00 Indoor Frisbee
 1:30 Simply Fit w/Alina
 2:00 Cooking Club
 Cake Pops
 2:30 Happy Hour
 7:00 Popcorn & Movie
 27

9:45 Daily Chronicles
 10:30 Knitting Circle
 11:00 Weekend Workout
 2:00 Puzzle Party
 4:00 Balloon Fun
 28

9:00 Church Run
 9:45 Daily Chronicles
 11:00 Weekend Workout
 2:00 RBC Canadian Open
 2:15 Art Work Social
 29

9:45 Daily Chronicles
 10:30 Church Service
 11:00 Morning Stretches
 11:30 Horseshoes
 1:30 Target Run
 2:30 Yahtzee
 6:30 Wheel Of Fortune ch7
 30

****Beauty Shop Is Open****
 9:45 Daily Chronicles
 10:30 Arts & Crafts
 Ceramics for You
 2:00 Left Center Right
 3:00 4 in a Row
 31

July



Color Key
 Television
 Howie Trips
 Special Events

Programs are subject to change