



--THE 102nd RUNNING OF THE INDIANAPOLIS 500, MAY 27, 2018-- Indianapolis Motor Speedway Fun Facts: Churchill Downs, Yankee Stadium, the Rose Bowl, the Roman Colosseum and Vatican City all can fit inside the IMS oval, which covers 253 acres. The Indianapolis Motor Speedway is the world's largest spectator sporting facility, with more than 250,000 permanent seats. If the seat boards from the grandstands at IMS were laid end-to-end, they would stretch 99.5 miles. The first event at the Indianapolis Motor Speedway was a helium gasfilled balloon competition on Saturday, June 5, 1909, more than two months before the oval was completed.



## May is Asthma and Allergy Awareness Month

An allergy is when your immune system reacts to a foreign substance, called an allergen. It could be something you eat, inhale into your lungs, inject into your body or touch. This reaction could cause coughing, sneezing, itchy eyes,

a runny nose and a scratchy throat. In severe cases, it can cause rashes, hives, low blood pressure, breathing trouble, asthma attacks and even death. There is no cure for allergies. You can manage allergies with prevention and

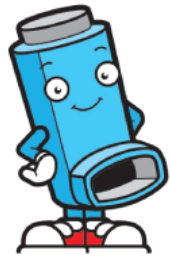
treatment. More Americans than ever say they suffer from allergies. Asthma causes swelling of the airways. This results in narrowing of the airways that carry air from the nose and mouth to the lungs. Allergens or irritating things entering the lungs trigger asthma symptoms.

Symptoms include trouble breathing, wheezing, coughing and tightness in the chest. In severe cases, asthma can be deadly. There is no cure for asthma, but asthma can be managed with proper prevention and treatment. More Americans than ever before have asthma. It is one of this country's most common and costly diseases.

### Asthma Awareness Month

#### Did You Know?

1 in 11 children have asthma.



Smart911.com



### May We Always Remember--2018

THE HOME OF THE BRAVE Through the feel of war they brave this day. How proud they stand, their unselfish way. Our soldiers bear what we cannot see. They assure our right to live life free. Each trained will face an unknown fate. Our support they need, don't hesitate. Just imagine how this land would be. Without their courage - catastrophe! All the liberties we have grown to know. Would not exist, this life would go. Find a thankfulness within your mind. Speak gratitude for our bravest kind. Have the willingness to show you care. For fallen heroes, hold back no tear. Reach out to God with his guiding light. For our troops do pray, both day and night. America raise your flags to wave. For we truly are home of the brave.

#### May HappYings---

- 2nd Resident Council Mtg.
- 3rd Ron Lubbers
- 5th Kentucky Derby Day, R. Dahms
- 8th River Bandits game
- 10th The Retzl's
- 13th Mother's Day, John Fliss
- 15th Audibel Hearing
- 16th Geneseo Kitchen Band
- 17th Alvin Elmore Kakaoke
- 22nd River Bandits game
- 24th Karen Michael
- 27th Indy 500
- 28th Memorial day Picnic
- 30th DBTC



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# May

10a Exercise, C. Events  
10:30a SJVCC  
communion  
1:15p "Walking Club"  
2p Marketplace Church  
Communion opt, Karl  
3p Euchre or Rummy  
Movie and Popcorn 6

**Mother's Day**  
10a Exercise, C. Events  
10:30a SJVCC  
communion  
1p John Fliss  
2p Marketplace Church  
3p Euchre or Rummy  
Movie and Popcorn 13

10a Exercise, C. Events  
10:30a SJVCC  
communion  
1:15p "Walking Club"  
2p Marketplace Church  
3p Euchre or Rummy  
Movie and Popcorn 20

10a Exercise, C. Events  
10:30a SJVCC  
communion  
12:20p start time for Indy  
500, ABC  
2p Marketplace Church  
Memorial Service  
3p Movie and Popcorn 27

**Happy May Birthdays:**  
4th--Betty Arndt  
8th Charlotte Decker  
17th Doren Dicks  
19th--Ruth Anderson

10a Exercise, Devotions  
Current Events & Trivia  
1:15p "Walking Club"  
2p May Bingo  
3p Coffee and Chat  
3p P. Sands Live, Ch. 6 7

10a Exercise, Devotions  
Current Events & Trivia  
1:15p "Walking Club"  
2p Snack Bingo  
6:30p Wheel of Fortune,  
ch. 6 14

10a Exercise, Devotions  
Current Events & Trivia  
1:15p "Walking Club"  
2p Prize Bingo  
3p P. Sands Live, Ch. 6 21

**MEMORIAL DAY**  
10a Exercise, Devotions  
Current Events & Trivia  
Lunch Memorial Day  
Picnic  
2p Bickford Bingo  
6:30p Wheel of Fortune 28

10a Exercise, Devotions  
Current Events & Trivia  
11a Eyeglass cleaning  
1:15p "Walking Club"  
2p Manicure Appts.  
3:30p Games 1

**RIVER BANDITS OUTING**  
10a Exercise, Devotions  
Current Events & Trivia  
11a Eyeglass cleaning  
2p Manicure Appts.  
2p Activity with Erica &  
Jen  
3p Patio time 8

**AUDIBEL HEARING**  
10a Exercise, Devotions  
Current Events & Trivia  
11a Eyeglass cleaning  
1:15p "Walking Club"  
2p Manicure Appts.  
3p Matinee Movie 15

**RIVER BANDITS OUTING**  
10a Exercise, Devotions  
Current Events & Trivia  
11a Eyeglass cleaning  
1:15p "Walking Club"  
2p Manicure Appts.  
3:30p Patio Time 22

**FULL MOON**  
10a Exercise, Devotions  
Current Events & Trivia  
11a Eyeglass cleaning  
1:15p "Walking Club"  
2p Manicure Appts.  
3:30p Board Games 29

**RESIDENT COUNCIL MTG.**  
10a Exercise, Devotions  
Current Events & Trivia  
10:30a Hymn Sing  
1:15p "Walking Club"  
2p Rummy in the  
sunroom  
2p Matinee Movie 2

10a Exercise, Devotions  
Current Events & Trivia  
10:30a Hymn Sing  
1:15p "Walking Club"  
2p Noodle Ball in the BB  
2:30p Treats 9

10a Exercise, Devotions  
Current Events & Trivia  
10:30a Hymn Sing  
1:15p "Walking Club"  
2p Geneseo Kitchen Band  
3p Dessert with GKBand 16

**IN-SERVICE 8a & 3a**  
10a Exercise, Devotions  
Current Events & Trivia  
10:30a Hymn Sing  
1:15p "Walking Club"  
2p Craft time  
3p Coffee and cookies 23

**BFFF IN BETTENDORF**  
10a Exercise, Devotions  
Current Events & Trivia  
10:30a Hymn Sing  
1:15p "Walking Club"  
2p Down by the Creek 30

10a Exercise, Devotions  
Current Events & Trivia  
Late morn: SJVCC  
communion to apts.  
1:15p Ron Lubbers  
2:30p Coffee, Tea and  
Chat 3

10a Exercise, Devotions  
Current Events & Trivia  
Late morn: SJVCC  
communion to apts.  
1:15p "Walking Club"  
2p The Retzl's  
3p Patio Time 10

10a Exercise, Devotions  
Current Events & Trivia  
Late morn: SJVCC  
communion to apts.  
1:15p "Walking Club"  
2p Alvin Elmore Karaoke  
3:30p Dominoes 17

10a Exercise, Devotions  
Current Events & Trivia  
Late morn: SJVCC  
communion to apts.  
1:15p "Walking Club"  
2p Karen Michael  
3p Patio Time 24

10a Exercise, Devotions  
Current Events & Trivia  
Late morn: SJVCC  
communion to apts.  
1:15p "Walking Club"  
2p Craft, Coffee &  
Cookies with Laura  
3:30p Dominoes 31

**LUNCH BUNCH**  
10a Exercise, Devotions  
Current Events & Trivia  
1:15p "Walking Club"  
2p Bickford Bingo  
3p Cards  
4:30p Jeopardy, Ch. 6 4

**LUNCH BUNCH**  
10a Exercise, Devotions  
Current Events & Trivia  
1:15p "Walking Club"  
2p Friday Bingo  
3p Rummy  
4:30p Jeopardy, Ch. 6 11

**LUNCH BUNCH**  
10a Exercise, Devotions  
Current Events & Trivia  
1:15p "Walking Club"  
2p Bickford Bingo  
3p Coffee and Cookies  
4:30p Jeopardy, Ch. 6 18

**LUNCH BUNCH**  
10a Exercise, Devotions  
Current Events & Trivia  
1:15p "Walking Club"  
2p Coin Bingo  
3p Rummy  
4:30p Jeopardy, Ch. 6 25

**KENTUCKY DERBY DAY**  
10a Exercise, C. Events  
Kentucky Derby Dinner  
Place bids after Dinner  
2p Rober Dahms  
3p Cards of your choice  
5:45p Race starts! NBC 5

10a Exercise, C. Events  
1p Games of your choice  
1:15p "Walking Club"  
2p Bickford Bingo  
3p Cards of your choice  
6p L. Welk Show, PBS 12

**ARMED FORCES DAY**  
10a Exercise, C. Events  
1p Games of your choice  
1:15p "Walking Club"  
2p Popcorn & Movie  
3p Cards of your choice  
6p L. Welk Show, PBS 19

10a Exercise, C. Events  
1p Games of your choice  
1:15p "Walking Club"  
2p Bickford Bingo  
3p Cards of your choice  
6p L. Welk Show, PBS 26

