

Happy Birthday!

A wish for lots of birthday fun,
To last until the day is done.
Hope that all your wishes come true,
and your birthday cake is as sweet as you!

We will celebrate the birthday of: Jim C. - April 1 Judy M. - April 1



From Our Life Enrichment Coordinator

Howie's Been On The Move!

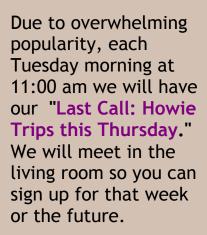


Fun Times!

The residents and I have thoroughly been enjoying having our new Bickford bus, Howie!



Each Thursday is our "Howie Trip Day" where folks can sign up to go to the doctor, buy a new blouse, or simply ride around town. Our schedules have been packed!



Medical appointments have priority, so simply signing up does not guarantee your trip. I will certainly do my best to accommodate as many as possible. The sooner you sign up, the better!

~Harmony



Greetings Everyone,

Exciting News!
Kaelee, our Director,
had her baby!
Isn't Timothy Ryan just
precious?!



Friendly reminder that while Kaelee is enjoying her baby and being a new mom, Beth Fleming and Kris Trotter are your new points of contact.

Beth Fleming
Divisional Director
Beth.fleming@enrichin
ghappiness.com
319-850-2822

Kris Trotter
Senior Director
Kris.trotter@enriching
happiness.com
319-242-1470

The remodeling of our branch continues!
Brand new carpeting is scheduled for April 9 - woo hoo!

Photos of other branches that were remodeled are absolutely gorgeous! It will definitely be worth the wait! Thank you for your patience as our remodel progresses.



assisted living



















Easter & Happy
Bday Judy & Jim C!
9:30a Easter Stroll
10a Egg-Tastic Crafts
2p Church Service
3:30p Sunday Drive & Easter Surprise!

9:30a Sit & Get Fit
10:15 Create Cruise
Door Decor with DG's!
1:10p Cubs Baseball
2p Chaplain Service
with Steven
3p Sunday Sing-Alongs
6p Mets Baseball

6p Easter Cards

9:30a Sit & Get Fit with Delta Gamma!
10a Waving Cards for Children's Hospital
1:20p Cubs Baseball
2p Chaplain Service
3p Sunday Sing-Alongs
6p Astros Game

9:30a Sit & Get Fit
10:15a Giant Puzzle
with Delta Gamma
1p Hawkeye Baseball
2p Chaplain Service
2:10p Cubs Game
3p Sunday Sing-Alongs
6p Dodgers Game

9:30a Sit & Get Fit
10:15a May Day
Messages with DG's!
1:20p Cubs Game
2p Chaplain Service
with Steven
3p Sunday Sing-Alongs
6p Prayer Group

9:45a Live 2B Healthy Exercise Class 10:30a Take Down & Store Easter Decor 2p surPRIZE BINGO! 3p Monday Trivia 3:10p Cubs Game TBA Nat'l Champions?

9:45a Live 2B Healthy
11a Communion with
1st United Methodist
1:20p Cubs Game
2p Resident Council
Meeting & Cookies
3p Happiness Survey
6p Cardinals Game 9

9:45a Live 2B Healthy
Exercise Class
11a Let's Plan Our
Next Adventure!
2p Ultrasonic Jewelry
& Eyeglass Cleaning
3p Monday Music
6p Cubs Baseball

9:45a Live 2B Healthy Exercise Class 11a Monica's Monday Morning Trivia 2p surPRIZE BINGO! 3p Get Creative & Paint a Picture 6p Twins Game

9:45a Live 2B Healthy
Exercise Class
11a Let's Plan Our
Next Adventure!
2p Ultrasonic Jewelry
& Eyeglass Cleaning
3p Monday Music
6:05p Cubs Game

Salon Day!

9:30a Stroll & Stretch 10a Sweets & Stories 11a Last Call: Howie Trips this Thursday 2p surPRIZE BINGO! 3p Bible Stories 5:40p Cubs Game

Salon Day!
9:30a Stroll & Stretch
10a Sweets & Stories
11a Last Call: Howie
Trips this Thursday
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Salon Day!
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Trips this Thursday
2p surPRIZE BINGO!
3p Bible Stories
6:10p Twins Baseball

6p Yankees Game 10

Salon Day!
9:30a Stroll & Stretch
10a Sweets & Stories
11a Last Call: Howie
2p Monthly Birthday
Party & BINGO!
3p Bible Stories
5:30p Cubs Game 24

**Please note as new opportunities arise, scheduled times may change to allow for special events.

9:30a Manicures & Hand Massages 2p Chaplain Service with Les & Grace 3p Live Piano Music by Andrew! 4p Stroll & Stretch

6:40p Cardinals Game

Nat'l Pet Day!
9:30a Manicures
& Hand Massages
2p Chaplain Service
with Les & Grace
3p Live Piano Music!
4p Stroll & Stretch
7p Cubs Baseball

_**Fire Drill Day**
9:30a Manicures
& Hand Massages
2p Chaplain Service
3p Live Piano Music
by Andrew!
4p Stroll & Stretch
6:10p Twins Baseball

9:30a Manicures & Hand Massages 2p Chaplain Service with Les & Grace **3p Live Piano Music by Andrew!** 4p Stroll & Stretch 6:10p Cubs Game

The Daily Happynings will include any updates.

Salon &

Howie Trip Day!
10a Catholic Commun
10:30a Walk & Talk
2p surPRIZE BINGO!
3p Crafty Cruisin the
Open Sea Creations
7p Cubs Game

Cruise the Open Seas & Howie Trip Day!

10a Shark Fin Pins

11a Seaside Trivia

2p All Aboard Howie for a Trip to "Sea!"

3:30p Seaside Snaps
6p Watch "Love Boat"

Salon & Howie Trip Day!
9a Catholic Commun
10a Walk & Talk
10:30a Pass Times
2p surPRIZE BINGO!
3p Crafty Creations
6p Crossword Puzzle

Salon & Howie Trip Day!

9a Catholic Commun.

10a Walk & Talk

10:30a Farkle

2p surPRIZE BINGO!

3p Crafty Creations

6:05p Cubs Game

9:45a Live 2B Healthy
10:40a Univ. of Iowa
Music Therapy Class
1:30p TGIF Games
2:30p Happy Hour with
Delta Gamma!
6p Chat & Checkers
7:10p Cubs Game

9:30a Catholic Mass 10a Store Sea Decor 10:40a Univ. of Iowa Music Therapy Class 1:20p Cubs Game 1:45p Live 2B Healthy 2:30p Delta Gamma 6p Friday Night Flick³

9:45a Live 2B Healthy
Exercise Class
10:40a Univ. of Iowa
Music Therapy Class
1:30p TGIF Games
2:30p Happy Hour with
Delta Gamma!
7:40p Cubs Basebal P

9:45a Live 2B Healthy
Exercise Class
10:45a Plan Our
Courtyard Garden!
1:20p Cubs Game
2:30p Happy Hour with
Delta Gamma!
6p Friday Night Flick

9:30a Saturday Stroll
10:30a Live Piano
Music by Priscilla!
1:30p More Live Music
3:05p Cubs Game
3:30p Afternoon
Drive in Howie!
7p Welk Fan Club

9:30a Guided Relaxation & Seated Yoga
10:30a Dominos
1:20p Cubs Game
2p Live Music!
3:30p Afternoon
Drive in Howie!
6p KC Royals Game

9:30a Guided Relaxation & Seated Yoga
10:30a Uno
1:30p Live Music
by Ethan & Sunny!
3:30p Afternoon
Drive in Howie!
7p Welk Fan Club

9:30a Saturday Stroll
10:30a Live Piano
Music by Priscilla!
1:20p Cubs Game
3p More Live Music
by Ethan & Sunny!
4p Uno
7p Welk Fan Club 28

