



DEMENTIA SUPPORT GROUPS

A valuable step toward handling the challenges of a loved one's dementia is connecting with others in similar situations. Our support groups give you the opportunity to learn from family members who have been in your shoes. In addition to receiving encouragement and hearing personal experiences, you can also learn what to expect and how to best plan for your loved one. A support group can reduce stress and feelings of uncertainty - helping you to keep calm and carry on.

**When: 1st Tuesday of every month at 3:30pm
(beginning May 1, 2018)**

**Where: Bickford Memory Care
100 Bickford Lane, Crawfordsville IN 47933**

**Group will be facilitated by Yvonne Ledford.
Yvonne has extensive training in dementia care and support.**

**Please call with questions:
765-362-2000**



BICKFORD OF CRAWFORDSVILLE
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Bickford
memory care