



## Happiest of Birthdays!!!

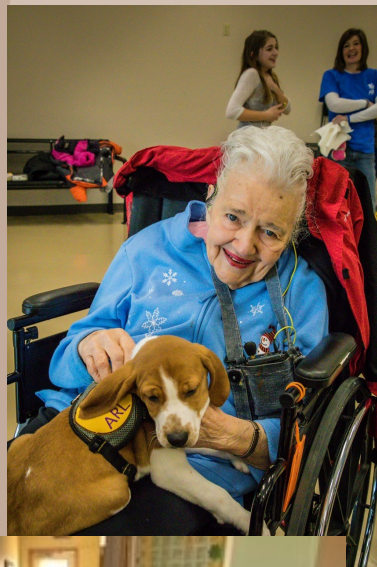
MaryJo Stults	April 4th
Josephine Schmitt	April 17th
George Archer	April 21st
Pat Hulsey	April 21st
Ruth Yanko	April 23rd
James O'Callaghan	April 23rd
Dorine Jones	April 24th
Maurine Pullen	April 28th



### Resident Spotlight Bonnie Deneson

Bonnie was raised on a farm in Cherokee County, Iowa where she participated in 4H and band. She even played clarinet in the All Iowa High School Band. After highschool she moved to Des Moines. While working as a secretary she was swept off her feet by Navy WWII Veteran Paul Deneson. She and Paul were married 63 years during which they were very active in the VFW and held many offices within the organization. Bonnie volunteered over 40,000 hours at the Iowa VA hospital, and the Knoxville VA hospital. Paul and Bonnie had two children, a son Paul Jr., and daughter Jean.

Bonnie has 5 grandchildren, and 4 great grandchildren and is completely devoted to her family. Bonnie was a homemaker and worked part-time as a medical secretary. Bonnie is a long time dog lover which you can see by her beautiful picture here on the top right. Some of Bonnie's interests include traveling for her grandson's hockey games, Mexican Train, Scrabble, Rummy, Trouble, Apples to Apples Jr, and bowling. Her generous and big heart are complimented by her witty and charming personality and her famous sticky rolls are being enjoyed by 4 generations.

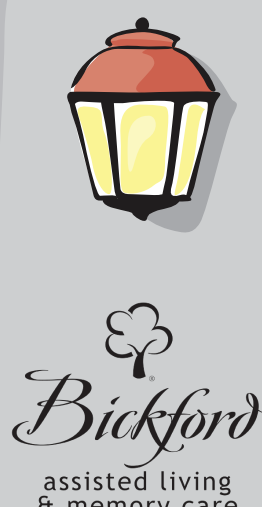


### Let the good times roll

Casino Day 2018 hit the jackpot! The house paid out a lot on roulette and broke even on rolling the dice. Omaha Musician Aaron Shoemaker completed the experience with personalized casino lounge music.

We are very blessed at Bickford of Urbandale to have a wonderful group of residents, families, and employees. I was reminded of this yet again this past weekend when we held our first wine and canvas event. It was so much fun to see everyone's creativity take flight and expand on the lovebird theme of the painting. No worries if you missed this round of wine and canvas we will definitely be holding another one of these in the future. Thank you to everyone who helped make the afternoon a success.

As always you can find out what we are up to see and see photos of events by visiting our blog [enrichinghappiness.com/urbandale](http://enrichinghappiness.com/urbandale) or follow us on facebook at [www.facebook.com/bickfordseniorlivingurbandale](http://www.facebook.com/bickfordseniorlivingurbandale)



S

Easter  
10a Coffee Talk  
1p Card Games  
4p Church Service  
6:15p Dominos

1

M

9a Current Events  
9:30a Group Exercise  
10:15a Art Class  
1p Bean Bag Baseball  
3p Card Bingo  
4p Rosary with Kathy  
6p Everyday Photos

2

T

9a Current Events  
9:30a Zumba Gold  
10a Bible Study  
10:30a Wheel of Fortune  
1p Pictionary  
2p Bickford Bakers  
3p Cards  
6:15p Conversation Starters

3

W

9a Current Events  
9:30a Stretching with bands  
10:30a Musician Dale Martell  
1p Prep for baseball  
2p Beanbag Baseball Home Game  
6:15p Checkers

4

T

9a Current Events  
9:30a Zumba Gold  
10a Chaplain Visit  
10:30a Resident Council  
1p General Store  
2p Catholic Mass  
2:30p Manicures  
6:15p Card Games

5

F

9a Catholic Chaplain Visit  
9a Current Events  
9:30a QiGong  
10:15a Bingo  
1p Bean Bag Baseball  
2p Musician Kat Daddy  
3p Happy Hour  
6:15p Dice

6

S

9:30a Group Exercise  
1p Movie  
6:15p Puzzles  
7p Lawrence Welk

7

10a Coffee Talk  
1p Card Games  
4p Church Service  
6:15p Dominos

8

9a Current Events  
9:30a Group Exercise  
10:15a Shopping Trip  
1p Bean Bag Baseball  
2p Musician Dave Gray  
3p Cookies and coffee  
3p Men's club  
4p Rosary with Kathy  
6p Watercolor pencils

9

9a Current Events  
9:30a Zumba Gold  
10a Bible Study  
10:30a Horseshoes  
1p Outing to the Best bakery in Iowa  
3:30p Cards  
6:15p Conversation Starters

10

9a Current Events  
9:30a Stretching with bands  
10:15a Crosswords  
1p Prep for baseball  
2p Beanbag Baseball Away Game  
6:15p Checkers

11

Cruise the Open Seas  
9a Current Events  
9:30a Zumba Gold  
10a Chaplain Visit  
10:30a Musician Aaron Shoemaker  
1p Passport Photos  
2p Visit Ports  
6:15p The Love Boat

12

9a Catholic Chaplain Visit  
9a Current Events  
9:30a QiGong  
10:15a Bingo  
1p Bean Bag Baseball  
3p Happy Hour  
6:15p Dice

13

9:30a Group Exercise  
10:15a Piano Recital  
11:15a Cookies  
1p Movie  
6:15p Puzzles  
7p Lawrence Welk

14

10a Coffee Talk  
1p Card Games  
4p Church Service  
6:15p Dominos

15

9a Current Events  
9:30a Group Exercise  
10:15a Manicures  
1p Bean Bag Baseball  
3p Dominos  
4p Rosary with Kathy  
6p USA Bingo

16

9a Current Events  
9:30a Zumba Gold  
10a Bible Study  
10:30a General Store  
1p Wii Bowling  
2p Casablanca  
6:15p Conversation Starters

17

9a Current Events  
9:30a Stretching with bands  
10:15a Art Class  
1p Prep for baseball  
2p Beanbag Baseball Away Game  
6:15p Checkers

18

9a Current Events  
9:30a Zumba Gold  
10a Chaplain Visit  
10:30a Chaplain lunch outing to Biaggis  
2p Catholic Mass  
6:15p Card Games

19

9a Catholic Chaplain Visit  
9a Current Events  
9:30a QiGong  
10:15a Bingo  
1p Trivia  
2p Musician John Schumacher  
3p Happy Hour  
6:15p Dice

20

9a Current Events  
9:30a Group Exercise  
10:15a Walk and Roll/You be the judge  
1p Arm Chair Travels  
2p Putt putt  
3p Root beer floats  
7p Lawrence Welk

21

10a Coffee Talk  
1p Card Games  
4p Church Service  
6:15p Dominos

22

9a Current Events  
9:30a Group Exercise  
10:15a Massage Therapy  
1p Bean Bag Baseball  
1p Storyteller Jim Garnett  
3p Card Bingo  
4p Rosary with Kathy  
6p Manicures

23

9a Current Events  
9:30a Zumba Gold  
10a Bible Study  
10:30a Baking Bread  
1p Balls,balls,balls  
2p General Store  
3p Cards  
6:15p Conversation Starters

24

9a Current Events  
9:30a Stretching with bands  
10:15a Wheel of Fortune  
1p Prep for baseball  
2p Beanbag Baseball Home Game  
6:15p Checkers

25

9a Current Events  
9:30a Zumba Gold  
10a Chaplain Visit  
10:30a Cribbage  
1p April Bday party  
2p Dominos  
3p Men's Club  
6:15p Card Games

26

9a Catholic Chaplain Visit  
9a Current Events  
9:30a QiGong  
10:15a Bingo  
1p Bean Bag Baseball  
3p Happy Hour  
6:15p Dice

27

9a Current Events  
9:30a Group Exercise  
10:15a Art Class  
1p Rummy  
3p Vocal Recital  
6:15p Puzzles  
7p Lawrence Welk

28

10a Coffee Talk  
1p Card Games  
4p Church Service  
6:15p Dominos

29

9a Current Events  
9:30a Group Exercise  
10:15a  
1:15p Musician Tom Anderson  
3p Card Bingo  
4p Rosary with Kathy  
6p Craft project

30

April