DEMENTIA SUPPORT GROUPS

A valuable step toward handling the challenges of a loved one's dementia is connecting with others in similar situations. Our support groups give you the opportunity to learn from family members who have been in your shoes. In addition to receiving encouragement and hearing personal experiences, you can also learn what to expect and how to best plan for your loved one. A support group can reduce stress and feelings of uncertainty - helping you to keep calm and carry on.

We are happy to annouce that our Chaplain Leigh Ann will be leading our new support group here at Bickford. Leigh Ann has been part of our Bickford family for 10 years as a chaplain and music therapist. She is admired by our families and residents for her exceptional compassion, and inspiration she shares with all of us. With her experience working with dementia for over 25 years, she will bring much knowledge and emotional support to our group. Group will meet the 4th Wednesday of every month at 6pm If you are interested in joining us. Please let Rhonda know. This group is open to everyonel

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assisted living & memory care