



RESIDENT OF THE MONTH: PAUL KENNING

Paul was born and raised in Quincy, IL. He had 2 older sisters and 1 younger brother. His parents owned Kenning's IGA on 8th and Adams. So from the time he was little he worked at the store with his dad.

Paul has been married to Mary Jane for 65 year They got married at St. Mary's Catholic Church. They purchased their own store on 19th in Jefferson. They have four children. nine grandchildren and have five great grand children. I am very blessed to have such a great family which, I love so dearly.

After selling the grocery store Paul went to work at Moormans as the Safety Director. He took care of the grounds inside and out and was doing what he loved to do. Paul was also a Corporal in the US Army during WWII and was stationed in the South Pacific for 3 years.

Quincy

HAPPENINGS

MARCH

BFM SPOTLIGHT

Our spotlight is on Karen Stupasky. She has been with Bickford for 6 months as a CNA.

Karen has two grown sons, Ryan and Tyler. She has one grandson Jaxsen who turned a year old in December. She is engaged to Dave Smith.

In her free time Karen likes to try new recipes and do home improvement projects.

During the summer, her and Dave enjoy going on motorcycle trips. (very long trips)

This past summer they drove 6,000 miles on the motorcycle, through Idaho, Wyoming, North and South Dakota, Canada and several other states. Karen loves to do this because you are so close to nature. You could reach out and touch the buffalos or bears. They drove by the wildfires this past summer.

When Karen was asked what she liked about her job the most, she stated " talking with the residents. If you really listen they have some great stories to tell."



VALENTINE'S DAY CRAFTS

BICKFORD SHOPPING DAY





MARCH BIRTHDAYS
 4- Betty Maas
 5- Charlotte Wing
 17- Pat Darnell
 26- Keith Kessler

NATIONAL DAY OF:
 2- Dress in BLUE
 6- Oreo Cookie Day
 14- Potato Chip Day
 22 - Goof off Day

March

10:30 am- Catholic TV Mass
 2:00 pm- Worship Service
 6:00 pm- Movie

4

9:30 am- Exercise
 10:00 am - Trivia
 10:30 am- Craft
 11:30 am - Wash Glasses
 1:45 pm - Bickford Store
 3:00 pm - Bunco

5

10:00 am - Exercise
 10:30 am - Jokes
 11:00 am- Finish Crafts
 1:45 pm -Bingo
 3:15 pm - Movie & Oreo Cookies

6

9:30 am - Exercise
 10:00 am - Happynings
 10:30 am - Devotions
 1:45 pm - Glasses Cleaned
 2:00 pm - Clothing repair, buttons, hems, patches, etc.

7

Casino Fun
 10:00 am - Exercise
 10:30 am - Trivia
 11:00 am- Dice Games
 1:45 pm- Horse Racing
 2:15pm - Casino Games

8

10:00 am -Exercise
 10:30 am - Trivia
 11:00 am - Adult Coloring
 1:30 pm - Bunco
 2:00 pm -Social Hour
 2:30 pm - Bingo

9

10:00 am - Funniest Home Videos (ch. 307)
 2:00 pm - David Damm Performs
 7:00 pm - Lawrence Welk (ch. 27)

10

10:30 am- Catholic TV Mass
 2:00 pm- Worship Service
 6:00 pm- Movie

11

10:00 am - Exercise
 10:30 am - Trivia
 11:00 am - Bunco
 1:45 pm - Shamrock Trees
 2:30 pm - Social Hour
 3:15 pm - Catholic Communion

12

9:30 am - Exercise
 10:00 am - Jokes
 10:30 am- Sue Keller Performs
 1:45 pm - Secret Bingo
 3:15 pm - Movie and Popcorn

13

9:30 am - Exercise
 10:00 am - Happynings
 10:30 am - Devotions
 1:45 pm - Glasses Cleaned
 2:00 pm - Manicures

14

10:00 am-Exercise
 10:30 am-Trivia
 11:00 am-Edible Craft
 1:30 pm- Adult Coloring
 2:00 pm - Games with Gary
 2:00 pm - Movie

15

10:00 am -Exercise
 10:30 am - March Birthday Party
 11:00 am - Bunco
 1:30 pm - Men's Nail Care
 2:00 pm -Social Hour
 2:30 pm - Bingo

16

St. Patrick's Day
 10:00 am - Funniest Home Videos (ch. 307)
 2:00 pm - George Knight Performs
 7:00 pm - Lawrence Welk (ch. 27)

17

10:30 am- Catholic TV Mass
 2:00 pm- Worship Service
 6:00 pm- Movie

18

9:30 am- Exercise
 10:00 am - Trivia
 10:30 am- Tim Performs
 1:45 pm -Decoupage Vases
 3:00 pm - Bunco

19

10:00 am - Exercise
 10:30 am - Jokes
 11:00 am- Wheel of Fortune
 1:45 pm -Finish Decoupage Vases
 3:15 pm - Movie & Cheese Balls

20

9:30 am - Exercise
 10:00 am - Happynings
 10:30 am - Devotions
 1:45 pm - Glasses Cleaned
 2:00 pm - Manicures
 2:00 pm - Catholic Mass

21

10:00 am-Exercise
 10:30 am-Trivia
 11:00 am - Bunco
 1:30 pm -Adult Coloring
 2:00 pm - Games with Gary
 2:00 pm - Movie

22

10:00 am -Exercise
 10:30 am - Trivia
 11:00 am - Wheel of Fortune
 1:30 pm - Bunco
 2:00 pm -Social Hour
 2:30 pm - Bingo

23

10:00 am - Funniest Home Videos (ch. 307)
 2:00 pm - Robert March Performs
 7:00 pm - Lawrence Welk (ch. 27)

24

10:30 am- Catholic TV Mass
 2:00 pm- Worship Service
 6:00 pm- Movie

25

10:00 am - Exercise
 10:30 am - Trivia
 11:00 am - Bunco
 1:45 pm - Pamper Hour
 2:30 pm - Social Hour

26

10:00 am - Exercise
 10:30 am - Jokes
 11:00 am- Jenga
 1:45 pm -Hershey Kisses Bingo
 3:15 pm - Movie & Caramel Corn

27

9:30 am - Exercise
 10:00 am - Happynings
 10:30 am - Devotions
 1:45 pm - Glasses Cleaned
 2:00 pm - Wheel of Fortune
 2:45 pm -Bake Cookies

28

10:00 am-Exercise
 10:30 am-Trivia
 11:00 am-Rosary
 1:30 pm- Walk Outside
 2:00 pm - Games with Gary
 2:00 pm - Movie

29

10:00 am -Exercise
 10:30 am - Trivia
 11:00 am - Adult Coloring
 1:30 pm - Men's Nail Care
 2:00 pm -Social Hour
 2:30 pm - Bingo

30

10:00 am - Funniest Home Videos (ch. 307)
 7:00 pm - Lawrence Welk (ch. 27)

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