



Highlights



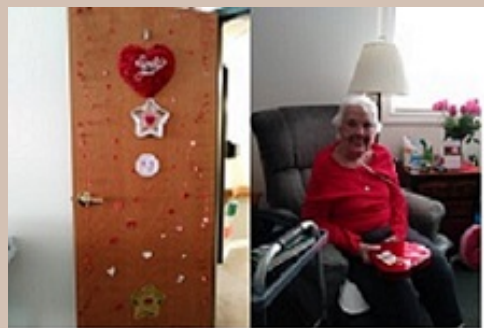
"Celebrating March"

- Mad for Plaid Month
- Women's History Month
- World Compliment Day 3/1
- Shakespeare Week 3/12- 3/18
- St. Patrick's Day 3/17
- World Poetry Day 3/21

"R.E. Olds Outing"



"Jazzercise"



"Valentines Day Door Wars"

"March Madness"



NCAA Basketball 2018
 Each team is "seeded", or ranked, within its region from 1 to 16. After an initial four games between eight lower-ranked teams, the tournament occurs during the course of three weekends. Lower-ranked teams are placed in the bracket against higher ranked teams. Each weekend eliminates three quarters of the teams, from a round of 64, to a "Sweet Sixteen", and for the last weekend of the tournament, a Final Four.

"Join Us"

- 3/1 Resident & Family Council Meetings
- 3/8 Casino Fun
- 3/9 Dollar Tree
- 3/10 Horse Expo
- 3/15 March Mad Pt 1
- 3/16 Wanda D
- 3/19 Two Hoots
- 3/21 Night On The Town
- 3/22 March Mad Pt 2
- 3/23 Sweetie Licious
- 3/27 Royal Scott
- 3/28 Jazzercise
- 3/30 Good Friday Service

"March Madness Brackets & Raffle Tickets will be available March 11th"



Bickford
 assisted living & memory care



Live Longer, Be Stronger, Sharpen Your Mind, and Feel Better
 Nutrition is especially important for older adults, as a good diet can reduce the risk of high blood pressure, certain cancers, heart disease, and osteoporosis. Eating right can also give seniors a sharper mind, a greater resistance to disease and illness, higher energy levels, quicker recovery times, healthier immune systems, and can also help managing persistent health problems.

"Logan's Roadhouse Outing"
Night Out On The Town...
Wonderful Time Shared With Family
&
Friends



March

10:00 Communion
2:00 Manicures
3:30 Popcorn Social

4

10:45a Exercise
11:15 Current Event
1:30 Trivia
2p Bible Study
3p Bingo
6:30 Euchre

5

9:00 Welcome Brunch
10:45a Exercise
1:30 Flower Craft
2:30 Shamrock Shakes
4:00 Team Scrabble
6:30 Movie Night

7

10:45a Exercise
11:15 Breaking News
2:30p Bible Study
3:30 Fruit Pizza
4:00 Balloon Bop
6:30 Table Top Hockey

7

10:45a Exercise
11:15 Believe or Not
12:00 Woman's Lunch
1:30p Ageless Grace
3p Men's Group
3:30 Casino Fun

8

10:45a Exercise
11:15 Guess the Phrase
1:30 Dollar Tree
2:30 St. Patty T-Shirts
3:30 Happy Hour
6:30 Bingo

9

10:45a Exercise
2:00 Coffee Mixology
3:00 Brain Tease

Horse Expo

10

10:00 Communion
2:00 Flower Gifts
3:30 Church w/ Jen

11

10:45a Exercise
11:15 Current Event
1:30 Plant Flowers
2p Bible Study
3p Bingo
6:30 Euchre

12

10:45a Exercise
11:15 What AM I
1:30 Read Group
2:30p Woman's Group
4:00 Seated Kickball
6:30 Movie Night

13

10:45a Exercise
11:15 Guess Who
1:30 Deal or No Deal
2:30p Bible Study
3:30 Hymn Sing
4:30 LRC
6:30 Chip Chat Day

14

10:45a Exercise
11:15 Irish Tune
1:30p Ageless Grace
2:30 March Madness
3p Men's Group
6:30 Find Me Gold
Bickford Pride

15

10:45a Exercise
11:15 Over or Under
1:30 Shamrock Cookies
2:30 Wanda D.
4:00 St. Patty Wars
6:30 Bingo

16

10:45a Exercise
2:30 Wii Fun
3:30 Bowling Fun
6:30 Match It!!!

St. Patrick's Day

17

10:00 Communion
2:30 On the Court
3:30 Bible Trivia

18

10:45a Exercise
11:15 Current Event
1:30 Corn Hole
2p Bible Study
3p Two Hoots
6:30 Euchre

19

10:45a Exercise
11:15 What Am I
1:30 Glitz & Glamor
2:30p Woman's Group
3:30 Creative Cake
6:30 Movie Night

20

10:45a Exercise
11:15 Daily Bread
2:30p Bible Study
3:30 Fragrance Day
4:00 Night On The Town

21

10:45a Exercise
11:15 Famous Couples
1:30p Ageless Grace
3p Men's Group
3:30 March Madness
6:30 Bowling Fun

22

10:45a Exercise
11:15 Move & Swat
1:30 Pet Therapy
2:00 Sweetie Licious
3:30 Assorted Puzzles
6:30 Bingo

23

10:45a Exercise
2:30 Price is Right
3:30 Mixed Up Craft
6:30 Balloon Tennis

24

10:00 Communion
2:00 Church w/ Bob
3:30 Hymn Sing

25

10:45a Exercise
11:15 Current Event
1:30 Sing Along
2p Bible Study
3p Bingo
6:30 Euchre

26

10:45a Exercise
11:15 What Am I
1:30 Basketball Fun
2:30p Woman's Group
3:00 Royal Scott Bowling
6:30 Movie Night

27

10:45a Exercise
11:15 Family Feud
2:30p Bible Study
3:30 Music
4:00 Jazzercise
6:30 Uno

28

10:45a Exercise
11:15 Baseball Trivia
1:30p Ageless Grace
3p Men's Group
3:30 Walmart Scavenger Hunt
6:30 Apple Crisp

29

10:45a Exercise
11:15 Famous Pairs
1:30 Walking Club
2:30 Good Friday Service
3:30 Jeopardy
6:30 Bingo

30

10:45a Exercise
2:30 Hangman
3:30 Basketball Fun
6:30 Flag Challenge

31

