

Happiest of Birthdays to....

Gene Steinkamp	March 22nd
Jim Lawless	March 26th
Maxine Bloodsworth	March 31st

Pictured at left: Hope, Verda, Maribel, Gene, Bonnie, and Glada at the Greater Des Moines Botanical Gardens

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Urbandale  
**HAPPENINGS**  
 MARCH

*Time flies when you're having fun*

As the saying goes, time flies when you're having fun. We never seem to be short on fun around Bickford of Urbandale. Last month we had a blast with two of our annual February traditions, a trip to the Greater Des Moines Botanical Gardens, and our Sweetheart Dance. The fun won't end when February does because March is packed full of more music and fun.

**Thursday, March 8th--**Casino Day featuring roulette and the music of Aaron Shoemaker  
**Saturday, March 17th--** St. Patrick's Day festivities and happy hour  
**Thursday, March 22nd--** Chaplain lunch outing to **Prairie Meadows**  
**Monday, March 26th--** Licensed Massage Therapist Ashley Roen  
**Friday, March 30th--** Easter Egg Hunt with children from Tradition's Childcare Center in Urbandale

*Resident Spotlight*  
 Mary Billings

Mary Billings was born in Maquoketa, IA. Years later she met her husband Dave in Maquoketa while working at the telephone company. Dave spotted Mary and asked her out on a date. Dave and Mary hit it off, and went on a date every single day for 30 days straight. On their 30th date, Dave proposed and Mary said yes. A little over 2 years later they were married. In 1966 the couple moved to Urbandale with their 3 children. Mary enjoyed belonging to Beta Sigma Phi sorority for over 20 years, and also worked at Continental Western Life Insurance Company for 20 years.

Mary and Dave developed many life long friends and co-hosted many social events for the National Electrical Contractors Association. They traveled together throughout the United States as valuable negotiators for the Electrical Contractors. Mary loves caring for her family, and her home. Mary is always ready for an adventure. She enjoys bridge, dancing, baking, and most of all getting to know people. Her favorite holiday is St. Patrick's Day, but she loves everyday and hopes she is an inspiration to others.





# March

10a Coffee Talk  
1p Card Games  
4p Church Service  
6:15p Dominos

4

9a Current Events  
9:30a Group Exercise  
10:15a Shopping Trip  
1p Bean Bag Baseball  
3p Card Bingo  
4p Rosary with Kathy  
6p USA bingo

5

9a Current Events  
9:30a Zumba Gold  
10a Bible Study  
10:30a Wheel of Fortune  
1p Balls, balls, balls  
2p Bickford Bakers  
3p Cards  
6:15p Conversation Starters

6

9a Current Events  
9:30a Stretch w/bands  
10:15a Giant Crosswords  
1p General Store  
2p Musician Kat Daddy  
3p Uno  
6:15p Checkers

7

Casino Fun  
9a Current Events  
9:30a Zumba Gold  
10a Chaplain Visit  
10:30a Roulette  
1p Casino Games  
2p Musician Aaron Shoemaker  
6:15p Card Games

8

9a Catholic Chaplain Visit  
9a Current Events  
9:30a QiGong  
10:15a Bingo  
1p Bean Bag Baseball  
3p Happy Hour  
6:15p Dice

9

9a Current Events  
9:30a Group Exercise  
10:15a Name that tune  
1p Pictionary  
2p Wine and Canvas  
6:15p Puzzles  
7p Lawrence Welk

10

10a Coffee Talk  
1p Card Games  
4p Church Service  
6:15p Dominos

11

9a Current Events  
9:30a Group Exercise  
10:30a Musician Dave Gray  
1p Irish Dancers  
3p Card Bingo  
4p Rosary with Kathy  
6p Dominos

12

9a Current Events  
9:30a Group Exercise  
10a Bible Study  
10:30a Horse Shoes  
1:15p Musician Hank Bauer  
2:15p Cookies and Coffee  
2:45p Cards  
6:15p Conversation

13

9a Current Events  
9:30a Stretch w/bands  
10:15a Giant Crosswords  
2:00p Bean Bag Baseball Game  
6:15p Checkers

14

9a Current Events  
9:30a Zumba Gold  
10a Chaplain Visit  
10:30a Trivia  
1p Manicures  
2p Catholic Mass  
2:30p Games  
6:15p Card Games

15

9a Catholic Chaplain Visit  
9a Current Events  
9:30a Group Exercise  
10:15a Bingo  
1p Trivia  
2p Wheel of Fortune  
3p Happy Hour  
6:15p Dice

16

St. Patrick's Day  
9a Current Events  
9:30a Group Exercise  
10a Travel to Ireland  
1p Decorate for St. Pat's  
1:30p St. Pats' Trivia  
2p Prep for party  
3p St. Patrick's Day Party  
7p Lawrence Welk

17

10a Coffee Talk  
1p Card Games  
4p Church Service  
6:15p Dominos

18

9a Current Events  
9:30a Group Exercise  
10:15a Manicures  
1p Pianist Pat Lydon  
2p Cookies and Coffee  
3p Card Bingo  
4p Rosary with Kathy  
6p Card Making

19

9a Current Events  
9:30a Zumba Gold  
10a Bible Study  
10:30a First Day of Spring Art  
1p General Store  
2p Card Games  
6:15p Conversation Starters

20

9a Current Events  
9:30a Stretch w/bands  
10:15a Giant Crosswords  
1p Musician Brant Williams  
2p Bean Bag Baseball Game  
6:15p Checkers

21

9a Current Events  
9:30a Zumba Gold  
10a Chaplain Visit  
10:30a Outing to Prairie Meadows  
6:15p Card Games

22

9a Catholic Chaplain Visit  
9a Current Events  
9:30a QiGong  
10:15a Bingo  
1p Birthday Party/parachute game  
2p Pictionary  
3p Walk and Roll  
6:15p Dice

23

9:30a Group Exercise  
1p Movie  
6:15p Puzzles  
7p Lawrence Welk

24

10a Coffee Talk  
1p Card Games  
4p Church Service  
6:15p Dominos

25

9a Current Events  
9:30a Group Exercise  
10:15a Massage Therapist Ashley Roen  
1p Bean Bag Baseball  
3p Card Bingo  
4p Rosary with Kathy  
6p Dominos

26

9a Current Events  
9:30a Zumba Gold  
10a Bible Study  
10:30a General Store  
12p Men's Club  
1p Easter Craft  
2p Bickford Bakers  
3p Card Games  
6:15p Conversation

27

9a Current Events  
9:30a Stretch w/bands  
10:15a Giant Crosswords  
2p Bean Bag Baseball Game  
6:15p Checkers

28

9a Current Events  
9:30a Zumba Gold  
10a Chaplain Visit  
10:30a Pictionary  
1p Balloon and Noodle  
2p Manicures  
3p Trivia  
6:15p Card Games

29

9a Catholic Chaplain Visit  
9a Current Events  
9:30a QiGong  
10a Easter Egg Hunt w/Traditions childcare  
1p Bingo  
3p Happy Hour  
6:15p Dice

30

9:30a Group Exercise  
1p Movie  
6:15p Puzzles  
7p Lawrence Welk

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