

Happiest of Birthdays to....

Gene Steinkamp March 22nd March 26th Jim Lawless Maxine Bloodsworth March 31st

Pictured at left: Hope, Verda, Maribel, Gene, Bonnie, and Glada at the Greater Des Moines Botanical Gardens

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# Resident Spotlight Mary Billings

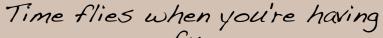


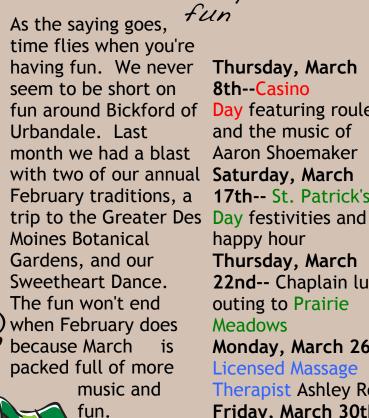
Mary Billings was born in Maguoketa, IA. Years later she met her husband Dave in Maguoketa while working at the telephone company. Dave spotted Mary and asked her out on a date. Dave and Mary hit it off, and went on a date every single day for 30 days straight. On their 30th date, Dave proposed and Mary said yes. A little over 2 years later they were married. In 1966 the couple moved to Urbandale with their 3 children. Mary enjoyed belonging to Beta Sigma Phi sororiety for over 20 years, and also worked

at Continental Western ife Insurance Company

20 years.

Mary and Dave developed many life long friends and co-hosted many social events for the National Electrical Contractors Association. They traveled together throughout the United States as valuable negotiators for the Electrical Contractors. Mary loves caring for her family, and her home. Mary is always ready for an adventure. She enjoys bridge, dancing, baking, and most of all getting to know people. Her favorite holiday is St. Patrick's Day, but she loves everyday and hopes she is an inspiration to others.



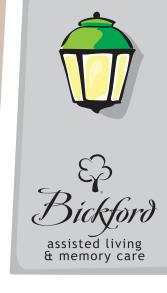


Thursday, March 8th--Casino Day featuring roulette and the music of 17th-- St. Patrick's happy hour Thursday, March 22nd-- Chaplain lunch outing to Prairie Meadows Monday, March 26th--Licensed Massage **Therapist Ashley Roen** Friday, March 30th--Hunt with children from Tradition's Childcare

Center in Urbandale

























9a Current Events

1p General Store

6:15p Checkers

9a Current Events

6:15p Checkers

9a Current Events

1p Musician Brant

2p Bean Bag Baseball

Williams

Game

9:30a Stretch w/bands

10:15a Giant Crosswords

9:30a Stretch w/bands

10:15a Giant Crosswords

2:00p Bean Bag Baseball

3p Uno

Game

9:30a Stretch w/bands

2p Musician Kat Daddy

10:15a Giant Crosswords

## 9a Current Events 9:30a Zumba Gold

10a Chaplain Visit 10:30a ante up 1p Pictionary 2p Manicures 6:15p Card Games

9a Catholic Chaplain Visit 9a Current Events 9:30a QiGong 10:15a Bingo

1p Bean Bag Baseball 3p Happy Hour

6:15p Dice

2

9

16

9:30a Group Exercise 1p Movie 6:15p Puzzles 7p Lawrence Welk

3

10a Coffee Talk 1p Card Games 4p Church Service 6:15p Dominos

### 9a Current Events

9:30a Group Exercise 10:15a Shopping Trip

1p Bean Bag Baseball 3p Card Bingo

4p Rosary with Kathy 6p USA bingo

9a Current Events

1p Irish Dancers

**9a Current Events** 

10:15a Manicures

3p Card Bingo

6p Card Making

9a Current Events

9:30a Group Exercise

1p Pianist Pat Lydon

2p Cookies and Coffee

4p Rosary with Kathy

3p Card Bingo

6p Dominos

Gray

9:30a Group Exercise

10:30a Musician Dave

4p Rosary with Kathy

12

6:15p Conversation

9:30a Group Exercise 10a Bible Study 10:30a Horse Shoes

Bauer

2:45p Cards

### 9a Current Events

10:30a First Day of Spring

6:15p Conversation 20

### 9a Current Events

6:15p Conversation

Starters

9:30a Stretch w/bands 10:15a Giant Crosswords 2p Bean Bag Baseball Game 6:15p Checkers

6:15p Checkers

9a Current Events

Casino Fun

7

14

9a Current Events 9:30a Zumba Gold 10a Chaplain Visit 10:30a Roulette 1p Casino Games 2p Musician Aaron

Shoemaker 6:15p Card Games

## 9a Current Events

9:30a Zumba Gold 10a Chaplain Visit 10:30a Trivia 1p Manicures 2p Catholic Mass 2:30p Games 6:15p Card Games

15

9a Current Events

9:30a Zumba Gold 10a Chaplain Visit 10:30a Outing to Prairie Meadows

6:15p Card Games

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### 9a Current Events

9:30a Zumba Gold 10a Chaplain Visit 10:30a Pictionary 1p Balloon and Noodle 2p Manicures

9a Catholic Chaplain Visit 9a Current Events 9:30a QiGong

10:15a Bingo 1p Bean Bag Baseball

3p Happy Hour 6:15p Dice

9a Catholic Chaplain Visit 9a Current Events

9:30a Group Exercise 10:15a Bingo

1p Trivia

2p Wheel of Fortune

3p Happy Hour 6:15p Dice

9a Catholic Chaplain Visit 9a Current Events

9:30a QiGong 10:15a Bingo 1p Birthday Party/parachute game 2p Pictionary 3p Walk and Roll 23

6:15p Dice 9a Catholic Chaplain Visit

9a Current Events 9:30a QiGong 10a Easter Egg Hunt w/Traditions childcare 1p Bingo 3p Happy Hour

9a Current Events 9:30a Group Exercise 10:15a Name that tune 1p Pictionary 2p Wine and Canvas

10

St. Patrick's Day 9a Current Events

6:15p Puzzles

7p Lawrence Welk

9:30a Group Exercise 10a Travel to Ireland

1p Decorate for St. Pat's 1:30p St. Pats' Trivia

2p Prep for party

3p St. Patrick's Day Party

7p Lawrence Welk 9:30a Group Exercise

1p Movie

6:15p Puzzles 7p Lawrence Welk

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9:30a Group Exercise 1p Movie 6:15p Puzzles 7p Lawrence Welk

10a Coffee Talk **1p Card Games 4p Church Service** 6:15p Dominos

10a Coffee Talk 1p Card Games 4p Church Service 6:15p Dominos

10a Coffee Talk 1p Card Games 4p Church Service 6:15p Dominos

9:30a Group Exercise 10:15a Massage Therapist Ashley Roen

1p Bean Bag Baseball 3p Card Bingo

4p Rosary with Kathy 6p Dominos

### 9:30a Zumba Gold

9a Current Events

10a Bible Study 10:30a Wheel of Fortune 1p Balls, balls, balls 2p Bickford Bakers 3p Cards 6

Starters 9a Current Events

1:15p Musician Hank

2:15p Cookies and Coffee

6:15p Conversation

9:30a Zumba Gold 10a Bible Study

Art 1p General Store 2p Card Games

9:30a Zumba Gold 10a Bible Study 10:30a General Store 12p Men's Club 1p Easter Craft

21

2p Bickford Bakers 3p Card Games

3p Trivia 6:15p Card Games

6:15p Dice 30