

BICKFORD FAMILY MEMBERS... AT BICKFORD WE CALL OUR STAFF "BFM'S (BICKFORD FAMILY MEMBERS). WE LIKE TO MAKE OUR RESIDENTS AND THEIR FAMILIES FEEL LIKE PART OF THE BICKFORD FAMILY. PICTURED ARE RESIDENTS AND BICKFORD FAMILY MEMBERS ENJOYING MUSIC ON THE LUAU DAY.

YOU CAN SEE MORE PICTURES ON OUR WEB SIGHT enrichinghappiness.com or join our BICKFORD FAMILY FACEBOOK PAGE.

IF YOU WOULD LIKE ANY INFO ON EITHER OF THESE PLEASE CONTACT TERESA



# Lincoln HAPPENINGS

MARCH

## DID YOU KNOW?

Nebraska Regulations require that we have doctor orders for all Over The Counter (OTC) medications. These things would be like: Cough Drops, Vaseline, Cortisone Cream, Biofreeze, Tums, Maalox, Colace, Vitamins, Tylenol, Ibuprofen, Eye Drops, Nasal Sparays, etc.. It is very important that you let the RN know if your loved one has these things in their apartment, or desires to have these things because we are required to obtain a

a doctors order for approval and okay if they can have this at bedside.

If your loved one has cognitive impairment (ie....dementia, confusion), it would not be safe for them to keep in their apartments, so we would keep these things in our locked medication room.

ANY QUESTIONS PLEASE SEE OUR RN'S KARI or KAYLEE



## LUAU & VALENTINES

## UPCOMING MARCH EVENTS

\*CASINO DAY THURSDAY MARCH 8th @ 1:30pm

\*OUTING TO VILLAGE INN FOR PIE WEDNESDAY MARCH 14th @1:30pm

\*WEDNESDAY MARCH 14th @ 5pm SOUP SUPPER/ FAMILY GATHERING

\*SATURDAY MARCH 17th 2pm ST. PATTY'S DAY PARTY

\*ANNUAL EASTER EGG HUNT SUNDAY MARCH 25th @2pm

\*OUTING TO SEE "THE RESURRECTION" SATURDAY MARCH 24th @2:30pm

\*WE WILL BE STARTING A KNITTING CLUB EVERY TUESDAY @3:30pm. WE WILL MEET OVER BY THE BIRD/PUZZLE TABLE AREA (if you are interested please let Teresa know.)

Pictured on far left is the Bickford Valentine King and Queen. Marty and Sandy were crowned King and Queen on Valentines Day. Also are some pictures from our Luau Day.



MARCH BIRTHDAYS

RESIDENTS BIRTHDAYS

BONNIE RAUCH 3/1  
 DON ZEISS 3/7  
 MARY ALICE RITTENBURG 3/19  
 MARY REED 3/21

BICKFORD FAMILY MEMBER BIRTHDAYS

KENNEDY HEMPHILL 3/2  
 JOYCE LARAVIE 3/17  
 TARAN BRAMAN 3/17  
 CYNTHIA ELLIS 3/18

*\*PAJAMA DAY FRIDAY, MARCH 2nd  
 EVERYONE WEAR PJ'S ALL DAY!!!*

*\*MARCH 17th EVERYONE WEAR GREEN (or  
 get pinched)*



# March

9:45 Balloon Toss  
 10:30 Catholic Comm  
 10:30 Devotions  
 2:00 The Price Is Right  
 6:30 Johnny Carson (DVD) 4

9:45 Catholic Mass w/Father Bourek  
 10:30 Yoga w/Anita  
 1:30 Manicures  
 3:00 5 Second Rule  
 6:30 Cheez Doodle Day 5

9:45 Coffee Social (Oreo Fun Facts)  
 10:30 Current Events  
 2:00 Bingo w/Pam  
 3:30 Knitting Club  
 7:00 *Lincolnaire Chorus* 6

9:45 Let's Walk  
 10:15 Word Games  
 2:00 *Old Time Music*  
 6:00 Tales of Irish Castles (N) 7

9:45 Chicken Soup for the Soul  
 10:15 Chapel Service  
 1:30 *CASINO FUN*  
 6:30 Bingo w/Pam 8

9:45 Laughing Basket  
 10:30 Yoga w/Anita  
 2:00 *Monthly Birthday Party w/Dick Patterson*  
 6:30 UNO Cards 9

9:45 Core Exercises  
 10:30 Spelling Bee  
 2:00 Crafts (St. Patty's Day Door Decorations)  
 6:30 Roll the Dice  
 Break the Ice 10

9:45 Balloon Toss  
 10:30 Catholic Comm  
 10:30 Protestant Service w/ Jeff Collins  
 2:00 *Music by Spotted Horse*  
 6:30 Johnny Carson (DVD) 11

9:45 Catholic Mass w/Father Bourek  
 10:30 Yoga w/Anita  
 1:30 Manicures  
 3:00 5 Second Rule  
 6:30 Chip Chat Day 12

9:45 Coffee Social (It's Not Easy Being Green)  
 10:30 Current Events  
 2:00 Bingo w/Pam  
 3:30 Knitting Club  
 6:30 *Just Us* 13

9:45 Let's Walk  
 10:15 Word Games  
 1:30 *Outing to Village Inn for Pie*  
 5:00 *Soup Supper/ Family Gathering* 14

9:45 Chicken Soup for the Soul  
 10:15 Chapel Service  
 1:30 *Resident Shopping*  
 2:00 Movie & Popcorn  
 6:30 Bingo w/Pam 15

9:45 Laughing Basket  
 10:30 Yoga w/Anita  
 2:00 Fun w/ Food (Minty Shamrock Parfaits)  
 3:30 Music by Anne Bremmer  
 6:30 UNO Cards 16

9:45 Core Exercises  
 10:30 Spelling Bee  
 2:00 *St. Patrick's Day Party*  
 6:30 Roll the Dice  
 Break the Ice 17

9:45 Balloon Toss  
 10:30 Catholic Comm  
 10:30 Devotions  
 2:00 The Price Is Right  
 6:30 Johnny Carson (DVD) 18

9:45 Catholic Mass w/Father Bourek  
 10:30 Yoga w/Anita  
 1:30 Manicures  
 3:00 5 Second Rule  
 6:30 Graham Cracker Month 19

9:45 Coffee Social (Spring Into Spring)  
 10:30 Current Events  
 NOON Resident Choice Meal  
 2:00 Bingo w/Pam  
 3:30 Knitting Club  
 6:30 *Just Us* 20

9:45 Let's Walk  
 10:15 Word Games  
 2:00 *The Rockenbachs*  
 6:00 Secrets of Great British Castles (N) 21

9:45 Chicken Soup for the Soul  
 10:15 Chapel Service w/Comm  
 2:00 Movie & Popcorn  
 6:30 Bingo w/Pam 22

9:45 Laughing Basket  
 10:30 Yoga w/Anita  
 2:00 Fun w/ Food (National Nutrition Month)  
 6:30 UNO Cards 23

9:45 Core Exercises  
 10:30 Spelling Bee  
 2:30 *Outing: This Day of Resurrection @ Southview Baptist*  
 6:30 Roll the Dice  
 Break the Ice 24

9:45 Balloon Toss  
 10:30 Catholic Comm  
 10:30 Protestant Service w/ Jeff Collins  
 2:00 *Easter Egg Hunt*  
 6:30 Johnny Carson (DVD) 25

9:45 Catholic Mass w/Father Bourek  
 10:30 Yoga w/Anita  
 1:30 Manicures  
 3:00 *Resident Council Meeting*  
 6:30 Peanut Month 26

9:45 Coffee Social (Landmarks and Momuments)  
 10:30 Current Events  
 2:00 Bingo w/Pam  
 3:30 Knitting Club  
 6:30 *Just Us* 27

9:45 Let's Walk  
 10:15 Word Games  
 2:00 *The Clefs*  
 6:00 Secrets of Westminster (N) 28

9:45 Chicken Soup for the Soul  
 10:15 Chapel Service  
 1:30 *Resident Shopping*  
 2:00 Movie & Popcorn  
 6:30 Bingo w/Pam 29

9:45 Laughing Basket  
 10:30 Yoga w/Anita  
 2:00 Fun w/ Food (National Noodle Month)  
 6:30 UNO Cards 30

9:45 Core Exercises  
 10:30 Spelling Bee  
 2:00 Crafts (Dye Easter Eggs)  
 6:30 Roll the Dice  
 Break the Ice 31

