

Grand Island HAPPENINGS

FEBRUARY

Aebleskiver

Ingredients: 1/2 teaspoon salt. 1 1/4 teaspoon soda. 3/4 teaspoon baking powder. 2 1/2 cups flour. 2 cups buttermilk. 2 eggs, separated. 3 tablespoons melted butter. Vegetable oil.

Directions: Shift dry ingredients. Beat egg yolks. Add to milk. Combine with dry ingredients and add melted butter. Beat egg whites until fluffy and fold into batter gently. Heat aebleskiver pan with about a tablespoon of vegetable oil in each cup until very hot. Pour about 2 tablespoons of batter into each cup of the pan. When butter becomes bubbly, turn slightly with long knitting needle. Continue turning so that batter forms a large ball in each cup. Cook, turning balls constantly to keep them from burning, until knitting needle is clean when inserted in center. Serve hot with butter and syrup, jam or powdered sugar.

Pictured to the left Wanda & Jerry Barnes with Sarah Stephens Kitchen Manager



HAPPINESS IS FAMILY FRIENDS & LOVE

Memories in the Making

Events & Activities



February has so many "lovely" days to celebrate, and here are some of those days we will be celebrating and having fun with:

Friday Feb. 2nd- Wear Red Day to support heart healthy month.

Sunday Feb. 4th- Wear your Football Gear and watch the 52nd Super Bowl with us as we enjoy some rootbeer floats!

Friday Feb. 9th- Winter Olympics, come play games with us to win big!

Tuesday Feb. 13th- Mardi Gras Party @ 2:30pm.

Wednesday Feb. 14th- Valentines Day Party @ 2pm. Music, Snacks & Cupid Cocktails.

Wednesday Feb 21st- Library outing for library lover's month.

Thursday Feb. 22nd- Lunch outing to Fuji.

Tuesday Feb. 13th- Support Group with a light supper @6:30pm.

Please take a look at our calendar for even more activities. Happy Valentines day to all!~ Crystal Trejo, LEC



JAMIE KLINGINSMITH, RN

I have been at Bickford Cottage for a little over a year now. Prior to here, I was a Labor and Delivery Nurse and Lactation Consultant at St. Francis for 16yrs. I have been married to my husband Steve for almost 19yrs. We have 4 children: Parker is 18 and a Senior, Raegan is 16 and a sophomore, Jaxson is 14 and an 8th grader and Piepyr is 8 and a 3rd grader all at St. Paul Public Schools. I grew up in Ashton NE on a Farm where I learned how to slop hogs, rake hay and break horses.

I went to school at Loup City which is the Polish Capital of the State. I enjoy watching my children play sports and spending time with my family. I also enjoy learning about Natural Health and ways to keep healthy. What I enjoy most about working at Bickford is the people. I enjoy helping others and really enjoy a good chat. I love listening to the resident's stories about their lives and smiling and laughing about their memories. It brings me joy to see them happy.



Happiness is Love

JANUARY BIRTHDAY'S

- Candi Kennedy -2
- Irene Bixenmann -3
- Tom McHargue -3
- Duke Bartlett - 4
- Tosha Swanson -5
- Larry Hill -21
- Tina Martin -24
- Nancy Kauffman -26

JANUARY IS...

- Bird Feeding Month
- Friendship Month
- Library Lover's Month
- Embroidery Month
- Mind Games Month
- Socks Month
- Heart Healthy Month
- Pancake Month
- Candy Heart Month
- Cherries Month
- Songs of the Heart Month

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February



SUPER BOWL DAY
 9:30 Lovely Devotions
 10:00 Lutheran DVD Service
 2:00 Football Toss
 4:00 Church Service
 5:30 Super Bowl Game **4**

10:30 Sittercise
 11:00 Men's Gather
 1:45 Bingo
 2:00 Nail Care
 3:00 Ice Cream Social
 6:00 Minute To Win It **5**

9:30 Walking Group
 10:00 Three Word of Wisdom
 1:30 Bible Study
 2:30 Scrambled Hearts
 6:00 Queen Of Hearts Game **6**

9:30 Sittercise
 10:00 What Am I ?
 2:00 Paint & Sip
 3:00 Ice Cream Social
 6:00 Table Hockey **7**

9:30 Walking Group
 10:00 Love Is In The Air Trivia
 1:45 Bingo
 3:00 Lovely Humor
 6:00 Pull My Heart Away Game **8**

WEAR RED DAY
 9:30 Shopping Trip
 10:00 Coffee & Chat
 2:00 Heart Healthy Presentation & Snacks
 3:00 Valentine Cards
 6:00 Valentine Bingo **2**

CHAPLAIN DAY
 9:30 Saturday Stroll
 10:00 Songs of the Heart Word Search
 2:00 Heart Fan Game
 3:00 Refreshmants
 6:00 Table Games **3**

9:30 Lovely Devotions
 10:00 Lutheran DVD Service
 2:00 Painted Kindness
 4:00 Church Service
 6:00 Wine & Cheese Social **11**

10:30 Sittercise
 11:00 Men's Gather
 1:45 Bingo
 2:00 Nail Care
 3:00 Ice Cream Social
 6:00 Craft Corner **12**

MARDI GRAS
 9:30 Walking Group
 10:00 Bickford Bakers
 1:30 Bible Study
 2:30 Travel To New Orleans!
 6:00 Throw It Game **13**

VALENTINE'S DAY
 9:00 Barbershop Music
 10:00 Chair Zumba
 10:30 Music Cindy B.
 2:00 Music- Ben Gasper
 3:00 Cupid Cocktails
 6:00 Your Best Shot **14**

9:30 Walking Group
 10:00 Finish The Phrase
 1:45 Bingo
 2:00 Employee Meeting
 3:00 Remince Corner
 6:00 Music- Paul Ramp **15**

9:30 Shopping Trip
 10:00 Drumming Circle
 1:30 Prayers w/Charlie
 2:00 Bean Bag Baseball
 3:30 Helen's Musical Hat Show
 6:00 Bingo **16**

9:30 Saturday Stroll
 10:00 Current Events
 2:00 Word Search
 3:00 Refreshments
 6:00 Wii Bowling **17**

9:30 Lovely Devotions
 10:00 Lutheran DVD Service
 2:00 Car Race Game
 5:00 Voices of the Rock
 4:00 Church Service
 6:00 MOvie & Popcorn **18**

PRESIDENT'S DAY
 10:30 Sittercise
 11:00 Men's Gather
 1:45 Bingo
 2:00 Nail Care
 3:00 Ice Cream Social
 6:00 Minute To Win It **19**

9:30 Walking Group
 10:00 Did You Know?
 11:30 Glen on Piano
 1:30 Bible Study
 2:30 Riddle Me This
 6:00 Candy Heart Toss **20**

9:30 Sittercise
 10:00 Name That Bird Tune
 2:00 Library Outing
 3:00 Ice Cream Social
 6:00 Table Tennis **21**

9:30 Walking Group
 11:00 Lunch Outing - Fuji
 1:45 Bingo
 3:00 Chocolate Coverd Cherries
 6:00 Mock Margaritas **22**

9:30 Fun Fiday Ex.
 10:00 Happynings
 1:30 Prayers w/Charlie
 2:00 Music- Dolores K.
 3:00 Ice Cream Social
 6:00 Bingo **23**

9:30 Sittercise
 10:00 Saturday Sillies
 2:00 Table Games
 3:00 Bistro Buddies
 6:00 Adult Coloring **24**

9:30 Lovely Devotions
 10:00 Lutheran DVD Service
 2:00 Coffee & Cards
 4:00 Church Service
 6:00 Movie & Popcorn **25**

10:30 Sittercise
 11:00 Men's Workshop- Bird Houses
 1:45 Bingo
 3:00 Ice Cream Social
 3:30 Paint Bird Houses
 6:00 Twister Trivia **26**

9:30 Walking Group
 10:00 Bickford Bakers
 1:30 Bible Study
 2:30 Birthday Bash
 6:00 Would You Rather? **27**

9:30 Sittercise
 10:00 Catholic Mass
 2:00 Reading Group
 3:00 Ice Cream Social
 6:00 Reflections **28**

