Aebleskiver



Ingredients: 1/2 teaspoon salt. 1 1/4 teaspoon soda. 3/4 teaspoon baking powder. 21/2 cups flour. 2 cups buttermilk. 2 eggs, separated. 3 tablespoons melted butter. Vegetable oil.

Directions: Shift dry ingredients. Beat egg yolks. Add to milk. Combine with dry ingredients and add melted butter. Beat egg whites until fluffy and fold into batter gently. Heat aebleskiver pan with about a tablespoon of vegetable oil in each cup until very hot. Pour about 2 tablespoons of batter into each cup of the pan. When butter becomes bubbly, turn slightly with long knitting needle. Continue turning so that batter forms a large ball in each cup. Cook, turning balls constantly to keep them from burning, until knitting needle is clean when inserted in center. Serve hot with butter and syrup, jam or powdered sugar.

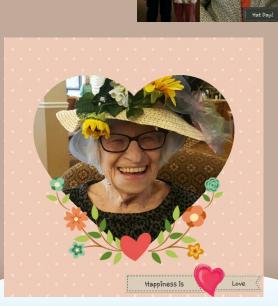
Pictured to the left Wanda & Jerry Barnes with Sarah Stephens Kitchen Manager

1911 Grand Island

brea

Memories in the Making Events & Activities





February has so many "lovely" days to celcebrate, and here are some of those days we will be celebrating and having fun with:

Friday Feb. 2nd- Wear Red Day to support heart healthy month. Sunday Feb.4th- Wear your Football Gear and watch the 52nd Super Bowl with us as we enjoy some rootbeer floats!

Friday Feb. 9th-Winter Olympics, come play games with us to win big!

Tuesday Feb. 13th-Mardi Gras Party @ 2:30pm.

Wednesday Feb. 14th-Valentines Day Party @ 2pm. Music, Snacks & Cupid Cocktails. Wednesday Feb 21st-Library outing for library lover's month. Thursday Feb. 22nd-Lunch outing to Fuji.

Tuesday Feb. 13th- Support Group with a light supper @6:30pm. Please take a look at our calendar for even more activities. Happy Valentines day to all!~ Crystal Trejo, LEC





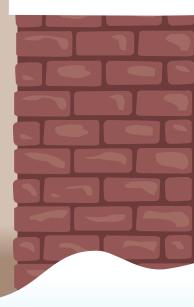
I have been at I went to school at Bickford Cottage for a Loup City which is the little over a year now. Polish Capital of the Prior to here, I was a State. I enjoy Labor and Delivery watching my children Nurse and Lactation play sports and Consultant at St. spending time with my family. I also enjoy Francis for 16yrs. I learning about Natural have been married to my husband Steve for Health and ways to almost 19yrs. We have keep healthy. What I 4 children: Parker is enjoy most about 18 and a Senior, working at Bickford is Raegan is 16 and a the people. I enjoy helping others and phomore. Jaxson is and an 8th grader really enjoy a good d Piepyr is 8 and a chat. I love listening der all at St. to the resident's stories about their lives and smiling and laughing about their memories. It brings vhere I me joy to see them how to slop and happy.

JAMIE KLINGINSMITH, RN

FEBRUARY

E Bickford

assisted living



JANUARY BIRTHDAY'S

Candi Kennedy -2 Irene Bixenmann -3 Tom McHargue -3 Duke Bartlett - 4 Tosha Swanson -5 Larry Hill -21 Tina Martin -24 Nancy Kauffman -26

JANUARY IS...

Bird Feeding Month Friendsip Month Library Lover's Month Embroidery Month Mind Games Month Socks Month Heart Healthy Month Pancake Month Candy Heart Month Cherries Month Songs of the Heart Month

