



















February is here and it's an exciting month we have planned out for our residents!

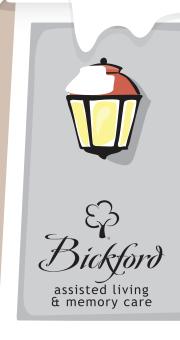
Ladies, (and gentlemen too!) get ready to be pampered some fun belly this Valentine's Day by our amazing Mary Kay representitive, Diane! She has facials planned out for us as we enjoy our very own entertainment! Bickford Spa Day.

By request, we will get back into walking club this month. To help document and motivate our participants, keep an eye out for a

walking club chart that will showcase our resident's active involvement!

We will spice up our usual happy hour with dancing from Sandee and her dancers. Come enjoy a delicious mocktail and some live

We have our daily recreation therapy from our LEC, monthly music therapy from Amy, and this month we are fortunate to get the chance at art therapy from Andrea! Bring your creativity and join us this month!











9:00- Daily News 9:30- Walking Club 10:30- Lunch Outing 1:30- Movie & Popcorn 3:00- Resident's Choice

9:00- Current Events 9:30- Donuts & Coffee 10:30- National Bubble Gum Day! 11:15- Fit-n-Fun 1:30- BINGO! 3:00- Happy Hour

9:00- Daily News 9:30- Walking Club

1:30- Movie & Popcorn

Super Bowl Party 10:00- Sunday Paper

1:30- Chapel

3:00- Help Water Plants

9:00- Current Events 9:30- Devotions 10:00- Chapel 10:30- Manicures 11:15- Walking Club 1:30- BINGO! 3:00- Root Beer Floats

10:00- Chapel

1:30- BINGO!

Memories

President!

10:00- Chapel

1:30- BINGO!

10:30- Hangman

11:15- Walking Club

3:00- Treasured 12

9:00- Daily News

9:30- Sing-a-long 10:30- Noodle Ball 1:30- Cooking Club 3:00- Accordion **Players**

9:00- Current Events 9:30- Devotions 10:30- Arts & Crafts 11:15- Sit & Be Fit 1:30-Music With Linda 1:30- Chapel

9:00- Daily News 9:30- Walking Club 10:30- Make Valentines with Milestones

1:30- Scrabble 3:00- Make Sundaes 6:00- Evening News &

9:30- Word & Communion 10:30- Table Talk 11:15- Fit-n-Fun 1:30- BINGO! 3:00- Happy Hour

9:00- Current Events

3:00- Make Valentines with Girl **Scouts** 10

9:00- Daily News

9:30- Walking Club

10:00- Sunday Paper

1:30- Chapel

3:00- Yahtzee

Happy Birthday Gary! 9:00- Current Events 9:30- Devotions

9:00- Daily News 9:30- Music Time 10:30- Parachute Fun 1:30- Cooking Club 3:00- Fat Tuesday 6:00- Resident's 13

Valentine's Day 9:00 Current Events 10:00-Ash Wednesday 2:00-Mary Kay Facials & Bickford Spa!

9:30- Walking Club 10:30- Name That Tune! 1:30- Penny Ante 3:00- Puzzles 6:00- Board Games

9:00- Daily News

9:00- Current Events 9:30- Devotions 10:30- Resident Council Meeting 1:30- BINGO! 3:00- Girl Scout **Troop 1897** 6:00- Evening News

9:00- Daily News 9:30- Walking Club

1:30- Movie & Popcorn

Happy Birthday Maxine!

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10:00- Sunday Paper

1:30- Chapel

3:00- Dominoes

President's Day 9:00- Daily News 9:30-Name That 10:30- Chair Yoga 1:30- Staff Meetingpuzzles in Cozy Corner or coloring in the sunroom 10:30-Log Cabin 5:00- Family Challenge Council Meeting 20

Choice

9:00- Current Events 9:30- Devotions 10:30- Arts & Crafts 11:15- Stretch-n-Flex 1:30- Chapel 3:00- Senior Scattergories 21

9:00- Current Events

9:00- Daily News 9:30- Walking Club 10:00- Betty Debban

1:30- Parachute Fun 3:00- Poetry Reading 6:00- Word Search

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lappy Birthday Betty D!

9:00- Current Events 9:30- Catholic Mass 10:30-Banana Bread 11:15- Fit-n-Fun 1:30- BINGO! 3:00- Belly Dancing &

Happy Hour

9:30- Walking Club

9:00- Daily News

1:30- Movie & Popcorn 24

10:00- Sunday Paper

1:30- Chapel

3:00- Card Club

9:00- Current Events 9:30- Devotions 10:00- Art Therapy

2:00-Music Therapy

11:15- Walking Club

1:30- BINGO!

■ 3:00- Smoothie Day 6:00- Musical 26 Monday

9:00- Daily News 9:30- Music Time 10:30- Noodle Ball 1:30- Cooking Club

3:00- Men's Group 6:00- Uno

9:30- Devotions 10:30- Sit & Be Fit 1:30- Chapel 3:00- February Birthday Party!

February



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