

February's Family Night

Wednesday, Feb. 14th

dinner will be served at 5:00, entertainment at 6:15 by Larry Breidenbach

Please RSVP for dinner by Feb. 9th by signing up in the black book or by emailing Kris at rockfordlec@enrichinghappiness.com

Spaghetti Fundraiser dinner

purchase your tickets from the office or at the door

Pictured left: Maria and Santa

Pictured below: Josephine and her family with Santa



Rockford HAPPENINGS

FEBRUARY

A Note from the Director

It's hard to believe that we are already into the second month of 2018! Time is flying by, and we have so many wonderful things happening in the Rockford branch.

While it is still cold outside, we have things like the Superbowl, Winter Olympics, Spaghetti Fundraiser dinner for the Veteran Drop-In Center, and celebrating with our Valentine's.

This is the time of year, we can become a little stir crazy, from being indoors, and our residents are no exception to this! We encourage our healthy visitors to be mindful of this. An extra visit or phone call can go a long way in boosting your loved one's spirits. While the days can seem long, the promise of sun and spring are coming around the corner. As always, our thanks to you for entrusting a part of your lives with us.

God Bless,
Bob

Spaghetti Fundraiser Dinner

We will be hosting our annual Spaghetti Fundraiser Dinner, benefitting the Veteran's Drop In Center of Rockford, on Monday, February 5, from 5- 6:30pm.

Tickets can be bought in our front office.

The dinner includes:

- spaghetti
- salad
- bread
- desert
- drink

Entertainment will be provided by: Mississippi Man

The cost for the tickets is \$5 per person.

A Note from the Nurse

Cold and flu season is in full swing, and this year attacking our area with full force! Yuck! A few signs to look for include:

Cold

- stuffy nose
- sneezing
- sore throat
- mild/mod cough

Flu

- high fever
- headache
- body aches
- exhaustion
- mild/mod cough

Antibiotics are ineffective against these viruses. Anti-viral drugs can lessen flu symptoms if given within 48 hrs of onset.

Our population is extremely vulnerable to these viruses. We ask that you help us in protecting our residents by not visiting the building if you have any signs of fever, sore throat, or cough.

We encourage our healthy visitors to:

- wash your hands before and after your visit
- cover your cough
- use a tissue or sleeve if needing to cough/sneeze

Thanks for helping us keep your loved ones healthy this winter season!

Your RNC, Becca





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10:35 Catholic communion
2:00 Chapel
3:00 UNO with Cole
5:30 superbowl game
4

9:15 Exercise
10:15 Current Events
1:30 Bickford Store
2:15 Trivia
3:00 Left, Center, Right
5:00-6:30 Fundraiser Dinner
5

9:15 Stretch
10:15 Poker
1:30 Wheel of Fortune
2:00 Pinochle
3:15 Bell choir
6

9:15 Exercise
10:15 coffee hour
2:00 Board games
3:00 Pinochle
6:00 Bingo
7

9:15 Stretch
10:45 Bible study
1:15 Sing A Long
2:15 UNO
6:00 OSF Therapy Dogs visit
1

9:15 Exercise
10:15 Toss the "Hog"
1:30 Group door decorating contest for the Olympics
3:00 Happy Hour
Happy Ground Hog Day!
2

2:00 bingo
3:00 UNO
6:00 Movie
3

10:35 Catholic communion
2:00 Chapel
3:00 UNO with Cole
11

9:15 Exercise
10:15 Current Events
1:30 Bickford Store
2:15 Dominos
3:00 Left, Center, Right
12

9:00 Nails by Deb
9:15 Stretch
10:15 Poker
1:30 community xword puzzle
2:00 Pinochle
3:15 Bell choir
5:00 Couple's dinner
13

Valentine's Day
9:15 Exercise
10:15 coffee hour
1:30 Chocolate party
3:00 Pinochle
5:00 family night with entertainment
14

9:15 Stretch
10:45 Bible study
1:15 Sing A Long
2:15 UNO
15

9:15 Exercise
10:15 Hangman
1:30 Painting class
3:00 Happy Hour
16

2:00 bingo
3:00 UNO
6:00 Movie
17

10:35 Catholic communion
1:30 Hymal Sing
2:00 Chapel
3:00 UNO with Cole
4:00 OSF Therapy Dogs visit
18

President's Day
9:15 Exercise
10:15 Current Events
1:30 Bickford Store
2:15 Trivia
3:00 Left, Center, Right
19

9:15 Stretch
10:15 Poker
1:30 Wheel of Fortune
2:00 Pinochle
3:15 Bell choir
20

8:30 foot dr here
9:15 Exercise
10:15 coffee hour
2:00 Out for pie
3:00 Pinochle
6:00 Bingo
21

9:15 Stretch
10:45 Bible study
1:15 Sing A Long
2:15 UNO
22

9:15 Exercise
10:15 Hangman
1:30 Big word/little words
3:00 Happy Hour
23

2:00 bingo
3:00 UNO
6:00 Movie
24

10:35 Catholic communion
2:00 Chapel
3:00 UNO with Cole
TBD closing ceremony for Olympics
25

9:15 Exercise
10:15 Current Events
1:30 Resident/Food council
2:15 Bickford store
3:00 Left, Center, Right
26

9:15 Stretch
10:15 Poker
1:30 xword puzzle
2:00 Pinochle
2:00 Blood pressure checks (till 3:00)
3:15 Bell choir
27

9:15 Exercise
10:15 coffee hour
2:00 Birthday party
3:00 Pinochle
6:00 Bingo
28

February

