

Happiest of Birthdays to....

Mary Woollett
Vel Schope
Carole Taylor
Vivian Lambrecht

February 17th
February 20th
February 21st
February 22nd

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Urbandale HAPPENINGS

FEBRUARY

Winter Festivities

As I was preparing this months newsletter it occurred to me that I have not given the Bickford Bees Bean Bag Baseball Team the proper accolades. At this seasons World Series our very own Bees got 4th place out of 17 teams!!! Not everyone may realize how amazing and awesome this is, but take it from me---it's quite the accomplishment! Win or lose I am proud of them all.

Go Bees!

During February the XXIII Olypmic Winter Games will be held in PyeongChang, South Korea. The first Winter Olympics took place in 1924 in Chamonix, France. On the afternoon of Wednesday, February 21st we are having our own Bickford Winter Olympics. As always you are welcome to come join in the fun!

Valentine's Dance
Grab your family and friends and come to our annual Valentine's Dance! The dance is Monday, February 12th at 6 pm will feature Musician Bill Connett.

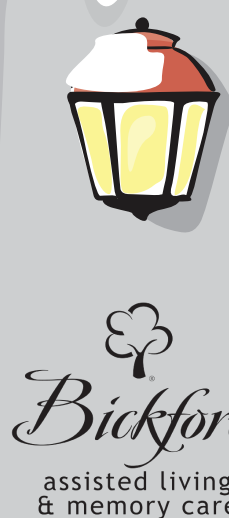
Resident Spotlight Mary Jo Stults

Mary Jo Stults grew up in Des Moines where she attended Catholic Schools. After high school she studied at Clarke College in Dubuque for one year. Mary Jo went on to nurses training at St. Joseph's Hospital in Kansas City. As she was finishing her nurses training the war was ending and nurses were no longer in high demand. Mary Jo met and married Dick Stults and they moved to Knoxville where she lived for 50 years.

She and Dick had 8 children (1 of whom is now deceased). The children are all grown and live in California, Seattle, Tennessee, and Iowa. Mary Jo has 14 grandchildren and several great grandchildren. In the 1950's Mary Jo started the hospice program in Knoxville. Des Moines hospice took them on as a satellite. Mary Jo loves technology and is a self described computer nut. At any given moment Mary Jo can be found cruising around Bickford and is always quick with a smile and friendly hello.



Pictured right: Mary Jo Stults
Pictured directly below: Pat P. with volunteer Anna
Pictured at bottom: Happy crafters





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Super Bowl Party
10a Coffee Talk
1p Card Games
4p Church Service
5:30p Superbowl Party
4

9a Current Events
9:30a Group Exercise
10:15a Wheel of Fortune
1p Resident Council
3p Card Bingo
4p Rosary with Kathy
6p Dominos
5

9a Current Events
9:30a Zumba Gold
10a Bible Study
10:30a Valentine Art
1p Balls, balls, balls
2p Bickford Bakers
3p Manicures
6:15p Conversation Starters
6

9a Current Events
9:30a Stretch with bands
10:30a Shopping Trip
1p General Store
2:30p Finish the line
3p Cribbage
6:15p Checkers
7

9a Current Events
9:30a Zumba Gold
10:15a Valentine Craft
1p Decorate Doors
2p Manicures
6:15p Card Games
1

9a Catholic Chaplain Visit
9a Current Events
9:30a QiGong
10:15a Bingo
1p Bean Bag Baseball
3p Happy Hour
5:45p Musicians Phil and Caitlyn Porter
2

9:30a Exercise
1p Movie
6:15p Puzzles
7p Lawrence Welk
3

10a Coffee Talk
1p Card Games
4p Church Service
6:15p Dominos
11

9a Current Events
9:30a Group Exercise
10:15a Manicures
1p Decorate for dance
4p Rosary with Kathy
6p Valentine Dance with Musician Bill Connett
12

9a Current Events
9:30a Zumba Gold
10a Bible Study
10:30a Mardi Gras Craft
1p Spa Treatments
2:30p Bickford Bakers
3:30p Cards
6:15p Conversation Starters
13

Valentine's Day
9a Current Events
9:30a Stretch with bands
10:15a Decorate Cookies
1p Cookies/coffee
1:30p Famous Couples
2:30p Movie: Love Story
6:15p Checkers
14

9a Current Events
9:30a Zumba Gold
10:15a Massage Therapist
12p Men's Club
1:15p Musician Joe Klinefelter
2:15p Cookies/coffee
3p Manicures
6:15p Card Games
8

7a Opening Ceremony Winter Olympics
9a Catholic Chaplain Visit
9a Current Events
9:30a QiGong
10:15a Bingo
1p Bean Bag Baseball
3p Happy Hour
6:15p Dice
9

9a Current Events
9:30a Group Exercise
10a Name that Tune
10:30a Wheel of Fortune
1p Arm Chair Travels
2p Taste Testing
3p Water Color Pencils
6:15p Puzzles
7p Lawrence Welk
10

9a Current Events
9:30a Zumba Gold
10:15a General Store
1:30p Wheel of Fortune
2p Catholic Mass
2:30p Manicures
6:15p Card Games
15

9a Catholic Chaplain Visit
9a Current Events
9:30a QiGong
10:15a Bingo
1p Bean Bag Baseball
3p Happy Hour
6:15p Dice
16

9a Current Events
9:30a Group Exercise
10:15a Art Class
1p Walk and Roll
1:30p Cribbage
3p Pictionary
6:15p Puzzles
7p Lawrence Welk
17

10a Coffee Talk
1p Card Games
4p Church Service
6:15p Dominos
18

President's Day
9a Current Events
9:30a Group Exercise
10a President's Day Movie
1p President's Day Trivia
2:15p Musician Pat Lydon
3:15p Cookies/coffee
4p Rosary with Kathy
6p USA Bingo
19

9a Current Events
9:30a Zumba Gold
10a Bible Study
10:30a General Store
1p Wheel of Fortune
2p Cards
6:15p Conversation Starters
20

9a Current Events
9:30a Stretch with bands
10:15a Giant Crosswords
1p Birthday Party
1:30p Bickford Winter Olympics
6:15p Checkers
21

9a Current Events
9:30a Zumba Gold
10:30a Chaplain lunch at Biaggis
2p Manicures/Men's Club
6:15p Card Games
22

9a Catholic Chaplain Visit
9a Current Events
9:30a QiGong
10:15a Bingo
1p Bean Bag Baseball
3p Happy Hour
6:15p Dice
23

9:30a Exercise
1p Movie
6:15p Puzzles
7p Lawrence Welk
24

7a Closing Ceremony Winter Olympics
10a Coffee Talk
1p Card Games
4p Church Service
6:15p Dominos
25

9a Current Events
9:30a Group Exercise
10a Catholic Mass
1p Bean Bag Baseball
3p Card Bingo
4p Rosary with Kathy
6:15p Adult Coloring
26

9a Current Events
9:30a Zumba Gold
10a Bible Study
10:30a General Store
1p Bickford Bakers
2p Musician Dave Gray
3p Cookies/Coffee
6:15p Conversation Starters
27

9a Current Events
9:30a Stretch with bands
10:15a Musician John Schumacher
1p Wheel of Fortune
2pm VA presentation about advanced care
6:15p Checkers
28

February

