

FIRST GROUNDHOG'S DAY--On this day in 1887, Groundhog Day, featuring a rodent meteorologist, is celebrated for the first time at Gobbler's Knob in Punxsutawney, Pennsylvania. According to tradition, if a groundhog comes out of its hole on this day and sees its shadow, there will be six more weeks of winter weather; no shadow means an early spring. Groundhog Day has its roots in the ancient Christian tradition of Candlemas Day, when clergy would bless and distribute candles needed for winter. The candles represented how long and cold the winter would be. Germans expanded on this concept by selecting an animal-the hedgehog-as a means of predicting weather. Once they came to America, German settlers in Pennsylvania continued the tradition, although they switched from hedgehogs to groundhogs, which were plentiful in the Keystone State.

Davenport HAPPYNNINGS

FEBRUARY

Love Is In The Air!!!

A Valentine Prayer--

I said a Valentine prayer for you and asked the Lord above to fill your heart and bless your soul with the precious gift of love. I asked Him for sincere love, the kind that's meant to stay. Just like the generous love you give to those you touch each day. I prayed for love from family and from every cherished friend. Then I asked the Lord to give you His love that knows no end.

Happy Valentine's Day!!!

With Love from
Your
Bickford
Family

February HappYnings--

- 1st L. Knudsen
- 2nd Happy Groundhog's Day
- 4th Super Bowl Party today
- 7th Craft, Cookies & Conversation, with Laura
- 8th The Retzl's
- 12th Lincoln's Birthday, Kindred at Home Bingo
- 14th Valentine's Party, R. Dahms, Ash Wednesday
- 15th Camp Courageous talk
- 19th President's Day Party
- 20th Audibel Hearing
- 21st BOHH Group Birthday party
- 22nd K. Michael
- 23rd R. Lubbers

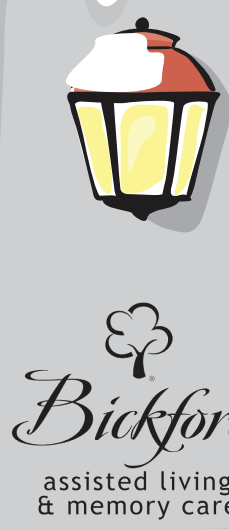
Cool mist humidifiers provide more benefits than warm mist humidifiers

For people looking to stay warm this winter, heaters are necessary in the home. However, the warm air is also incredibly dry, so a room humidifier may be a useful item to have ready. Purchasing these units will take a bit of research. One of the primary questions is

whether an evaporative cool mist or a warm mist will provide more benefits. As tempting as it may be to invest in a humidifier that may help warm your home while keeping the air moist, cool mist humidifiers have more pros. First, take safety into consideration when purchasing.

Warm mist humidifiers use heating elements to raise the temperature of the water in the tank. The heating element makes warm models slightly more expensive to power. More importantly, the water can become rather hot, posing a potential danger to children, the disabled & pets. Warm mist humidifiers aren't advised for homes with children or the elderly with dementia, as they present very real and potential burn risks. Additionally, the heat inhibits the portability of the unit, cutting down on its versatility. Overall, evaporative cool mist humidifiers

are safer and more cost-efficient. The benefits of warm mist humidifiers may not outweigh the downsides. The temperature of the water makes the unit less portable, limiting its use in different rooms throughout the house. Cool mist humidifiers are good for children and are able to cover larger spaces. They're much more versatile and require less maintenance. If you're looking to invest in a humidifier this winter, be sure to weigh the pros and cons and choose the unit that best suits your lifestyle





Roses are red,
Violets are blue.
We want you to
know--we think the
world of you!
Love Always, from your
Bickford Family

HAPPY BIRTHDAY TO:
27-Myrna Mc.
21-Kathaleen S.
7-Barb Mc.
23-Alverna R.
10-Richard D.

No Full Moon in
February.
Jan. and
March
have two
each,
called
Blue Moons



10a Exercise, Devotions
Current Events & Trivia
11a SJVCC rosary
1:15p "Walking Club"
2p Lewis Knudsen
3p Dominoes

GROUNDHOG'S DAY
10a Exercise, Devotions
Current Events & Trivia
1:15p "Walking Club"
2p Groundhog Bingo
3p Afternoon Coffee

10a Exercise, C. Events
1p Games of your choice
1:15p "Walking Club"
2p Bickford Bingo
3p Cards of your choice
6p L. Welk Show, PBS

SUPER BOWL 52
10a Exercise, C. Events
10:30a SJVCC
communion
2p M M Church, Karl
Communion opt.
6p Watch Super Bowl
with party snacks

10a Exercise, Devotions
Current Events & Trivia
1:15p "Walking Club"
2p Bickford Bingo
3p Card Games
3p P. Sands Live, Ch. 6

10a Exercise, Devotions
Current Events & Trivia
11a Eyeglass cleaning
1p Make Valentines bags
for BFM's kids
2p Manicure Appts.
3p Card Games

RESIDENT COUNCIL MGT.
10a Exercise, Devotions
Current Events & Trivia
10:30a Hymn Sing, Val
1:15p "Walking Club"
2p Crafts, Cookies and
Conversation with Laura

MARDI GRAS
10a Exercise, Devotions
Current Events & Trivia
11a SJVCC rosary
1:15p "Walking Club"
2p The Retzl's sing Mardi
Gras Party
3p Rummy, sunroom

10a Exercise, Devotions
Current Events & Trivia
1:15p "Walking Club"
2p Friday Bingo
3p Friday afternoon
Movie

10a Exercise, C. Events
1p Games of your choice
1:15p "Walking Club"
3p Movie and Popcorn
3p Cards of your choice
6p L. Welk Show, PBS

10a Exercise, C. Events
10:30a SJVCC
communion
1:15p "Walking Club"
2p Marketplace, Val
Ministries Church
3p Euchre or Rummy
Movie and Popcorn

LINCOLN'S BIRTHDAY
10a Exercise, Devotions
Current Events & Trivia
1:15p "Walking Club"
2p Kindred at Home
Bingo
3p Coffee and Talk
3p P. Sands Live, Ch. 6

9-11:30a Massages by K.
Lubbers
10a Exercise, Devotions
Current Events & Trivia
11a Eyeglass cleaning
1:15p "Walking Club"
2p Manicure Appts.
3p Board Games

**VALENTINE'S DAY
ASH WEDNESDAY**
10a Exercise, Devotions
Current Events & Trivia
10:30a Hymn Sing, Val
1:15p "Walking Club"
2p Valentine Party with
R. Dahms' lovesongs

10a Exercise, Devotions
Current Events & Trivia
11a SJVCC rosary
1:15p "Walking Club"
2p Camp Courageous talk
by Julie O' Connor
3p Dominoes

10a Exercise, Devotions
Current Events & Trivia
1:15p "Walking Club"
2p Bickford Bingo
3p Hot Chocolate and
Talk in the BB

10a Exercise, C. Events
1p Games of your choice
1:15p "Walking Club"
3p Let's color!
3p Cards of your choice
6p L. Welk Show, PBS

10a Exercise, C. Events
10:30a SJVCC
communion
1:15p "Walking Club"
2p Marketplace, Val
Ministries Church
3p Euchre or Rummy
Movie and Popcorn

PRESIDENT'S DAY
10a Exercise, Devotions
Current Events & Trivia
1:15p "Walking Club"
2p President's Day Fun
3p Games of your choice
3p P. Sands Live, Ch. 6

AUDIBEL HEARING
10a Exercise, Devotions
Current Events & Trivia
11a Eyeglass cleaning
1:15p "Walking Club"
2p Manicure Appts.
3p Dominoes

BFM IN SERVICE 8a & 3a
10a Exercise, Devotions
Current Events & Trivia
10:30a Hymn Sing, Karl
1:15p "Walking Club"
2p BOHH Group Party
3p Games of choice

10a Exercise, Devotions
Current Events & Trivia
11a SJVCC rosary
1:15p "Walking Club"
2p Karen Michael
3p Rummy in the
sunroom

10a Exercise, Devotions
Current Events & Trivia
1p Ron Lubbers
1:15p "Walking Club"
2p Snack Bingo
3p Friday afternoon
Movie

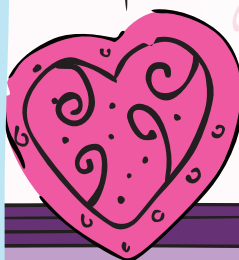
10a Exercise, C. Events
1p Games of your choice
1:15p "Walking Club"
2p Bickford Bingo
3p Cards of your choice
6p L. Welk Show, PBS

10a Exercise, C. Events
10:30a SJVCC
communion
1:15p "Walking Club"
2p Marketplace, Karl
Ministries Church
3p Euchre or Rummy
Movie and Popcorn

10a Exercise, Devotions
Current Events & Trivia
1:15p "Walking Club"
2p Prize Bingo
3p Coffee and Talk
3p P. Sands Live, Ch. 6

10a Exercise, Devotions
Current Events & Trivia
11a Eyeglass cleaning
1:15p "Walking Club"
2p Manicure Appts.
3p Hot Chocolate and
talk in the BB

10a Exercise, Devotions
Current Events & Trivia
10:30a Hymn Sing, Karl
1:15p "Walking Club"
2p John Fliss sings
3p Games of choice
5:30p BFFF in Bettendorf



February

---2018---

