

Grand Island HAPPENINGS

JANUARY

WINTER COUNTRY SOUP
INGREDIENTS: 1 tablespoon butter. 8 shallots, chopped. 1 large sweet peper, cut into peieces. 1 package (14 ounces)smoked sausage, cut into desired slices. 8 cups chopped fresh kale. 3 cups frozen corn. 1 can (15-1/2 ounces)great northern beans, rinsed & drained. 1/2 teaspoon cayenne pepper. 1/4 teaspoon pepper. 8 cups vegetable broth. 3/4 cup uncooked orzo pasta.
DIRECTIONS: 1. In a dutch oven, heat butter over medium-high heat; saute sausage with pepper and shallots until browned. 2. Add kale;cook covered, until kale is wilted, 2-3 minutes. Stir in all remaining ingredients except orzo; bring to a boil. Reduce heat; simmer, uncovered 20 minutes. 3.Return to a boil. Stir in orzo. Cook until pasta is tender, 8-10 minutes, stirring occasionally. Yeild:12 servings (3 quarts)



HAPPINESS FOR THE NEW YEAR

Events & Activities

Making Memories

Themed Days for this Month:
New Years Day- Monday Jan. 1st
Hat Day- Friday Jan. 12th
Luau Day- Wed. Jan. 24th
Chocolate Cake Day- Saturday Jan. 27th

Support Group is on Tues. Jan. 9th at 6:30pm.
Lunch Outing is Wed. Jan. 17th to the Olive Garden.
 Please feel free to join us for any of these activities and events.

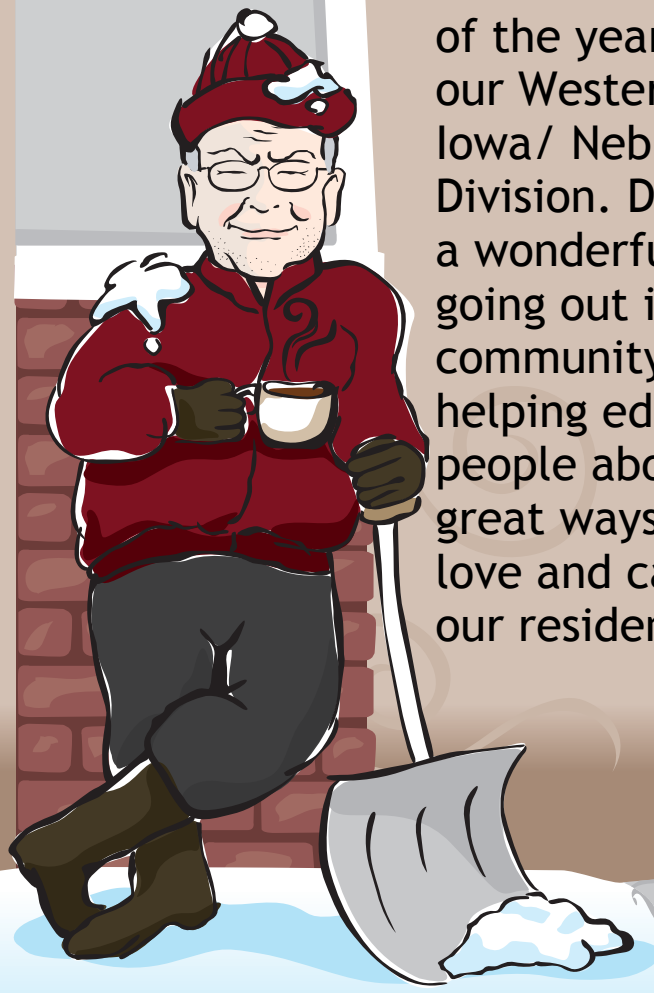
Here's to the start of a wonderful New Year!
 -Crystal Trejo, LEC.



DEB QUICK
 Community Relations Director

Congratulations to Deb, as she was named CRD-community relations director of the year for our Western Iowa/ Nebraska Division. Deb does a wonderful job going out in our community and helping educate people about the great ways we love and care for our residents.

She facilitates a monthly caregivers support group and takes time to share prayers, support, and gives so much love to our precious residents along with their families. We are very thankful to have her as a part of our team here in Grand Island. Thank you Deb for all you do!



HAPPY BIRTHDAY

Evelyn Buller-1 Tori Clare -8
 Sarah Stephens - 2 Donelle Wells -20
 Laurie Boots - 7 Betty Mabon - 25
 Joyce Bartlett -8 Tracy Noziska - 29

HAPPY BICKFORD ANNIVERSARY

Laurie Boots -2 years
 Ivett Felix - 4 years

JANUARY IS...

Reminisce Month Snowman Month
 Soup Month Polka Music Month
 Bowling Month Hot Tea Month
 Marshmallow Month Eye Care Month
 Maintenance Month

S M T W T F S



NEW YEAR'S DAY
 8:00 Rose Parade
 10:30 Sittercise
 12:00 Holiday Meal
 1:45 Bingo
 2:00 Manicures
 4:00 Rose Bowl Game

9:30 Walk & Talk
 10:00 Bickford Bakers
 1:30 Bible Study
 2:30 Coffee & Snacks
 6:00 Winter Pictures

9:30 Sittercise
 10:00 Name That Tune
 2:00 Snowman Races
 3:00 Ice Cream Social
 6:00 Don't Look Back Game

9:30 Walking Group
 10:00 Snowball Toss
 11:00 Resident Council
 1:45 Bingo
 3:00 Trivia & Treats
 6:00 Target Toss

Black Gold & Silver
 9:30 Fun Exercise
10:00 Shopping Trip
2:00 Bickford's Golden Globe Awards
 3:00 Ice Cream Social
 6:00 Bingo

9:30 Saturday Stroll
 10:00 Second Cup of Coffee
 2:00 Word Search
 3:00 Bistro Buddies
 6:00 Hangman

9:30 New Year Devotions
 10:00 Peace Lutheran
 2:00 Winter Memory Game
 4:00 Church Service
 6:00 Golden Globes

10:30 Sittercise
 11:00 Men's Gather
 1:45 Bingo
 2:00 Manicures
 3:00 Elvis Birthday Party
 6:00 Ante-Up Game

9:30 Walk & Talk
 10:00 Soulful Stories
 1:30 Bible Study
 2:30 Tea Time Social
 6:00 Craft Corner
6:30 Support Group

9:30 Sittercise
 10:00 Finish The Song..
 2:00 Reading Group
 3:00 Ice Cream Social
 6:00 Brush Stokes

9:30 Walking Group
 10:00 Morning Mingles
 1:45 Bingo
 3:00 Thirsty Thursday
 6:00 Craft Corner

HAT DAY
 9:30 Hat Parade
 10:00 What's In the Hat
 2:00 Musical Hat Game
 3:00 Ice Cream Social
4:00 Music- Tim J.
 6:00 Bingo

9:30 Sit & Fit
 10:00 Saturday Sillies
 2:00 Smores Snack
 3:00 Refreshments
 6:00 Triominos

9:30 Daily Devotion
 10:00 Peace Lutheran Dvd Service
 2:00 Table Games
 4:00 Church Service
 6:00 Movie & Popcorn

10:30 Sittercise
 11:00 Men's Gather
 1:45 Bingo
 2:00 Manicures
 3:00 Ice Cream Social
 6:00 Minute To Win It

9:30 Walk & Talk
 10:00 Bickford Bakers
 11:30 Glen on Piano
 1:30 Bible Study
 2:30 Sock It To Me
 6:00 Sock Sorting Race

9:30 Sittercise
 10:00 Hymn Singing
11:30 Lunch Outing- Olive Garden
 2:00 Beat The Dealer
 3:00 Ice Cream Social
 6:00 Balloon Volleyball

9:30 Walking Group
 10:00 Travel to Chareleston
 1:45 Bingo
 3:00 A Laugh A Day
 6:00 Table Hockey

9:30 Fun Exercise
10:00 Shopping Trip
 2:00 Popcorn Taste Testing
 3:00 Happy Hour
 6:00 Bingo

9:30 Saturday Stroll
 10:00 Second Cup of Stroll
 3:00 Bistro Buddies
 6:00 Uno Cards

9:30 New Year Devotion
 10:00 Peace Lutheran
 2:00 Card Games
 4:00 Church Service
 5:00 Voice of Rock
 6:00 Funniest Home

10:30 Sittercise
 11:00 Men's Gather
 1:45 Bingo
 2:00 Manicures
 3:00 Ice Cream Social
 6:00 Twister Trivia

9:30 Walk & Talk
 10:00 Getting To Know You
 1:30 Bible Study
 2:30 Riddle Me This
 6:00 Craft Corner

LUAU PARTY
 9:30 Aloha Hula Hoop
 10:00 Beach Volleyball
 12:00 Hawaiian Lunch
 2:00 Luau Games
 3:00 Pina Coladas
 6:00 Blue Hawaii Moxie

9:30 Walking Group
 10:00 Morning Miingles
 1:45 Bingo
 3:00 Thirsty Thursday
6:00 Music-Paul Ramp

9:30 Fun Exercise
 10:00 Crochet/Knitters Corner
 2:00 Scenic Drive
 3:00 Ice Cream Social
 6:00 Bingo

Chocolate Cake Day
 9:30 Sit & Be Fit
 10:00 Saturday Sillies
 12:00 Theme Meal
 2:00 Chocolate Cupcakes
 6:00 Charlie & Chocolate Factory

9:30 Daily Devotion
 10:00 Peace Lutheran Dvd Service
 2:00 Table Games
 4:00 Church Service
 6:00 Movie & Popcorn

10:30 Sittercise
 11:00 Men's Gather
 1:45 Bingo
 2:00 Manicures
 3:00 Coffee Ice Cream Social
 6:00 Minute To Win It

9:30 Walk & Talk
 10:00 Bickford Bakers
 1:30 Bible Study
 2:30 Birthday Bash
 6:00 Noodle Ball

9:30 Sittercise
 10:00 Catholic Mass
 10:30 Hymn Singing
 2:00 Fireside Social
 3:00 Coca-Cola Floats
 6:00 Parachute Fun

January

