



  *Bickford Happynings*

Birthdays:

Anniversaries:

Residents:

- *1/6-Mae Phillips
- *1/9-Richard Gadbury

*1/21-Joe Egdorf-9 years

BFM's

- *12/17-Grace Litwiller

*1/21-Lyndee Mitchell-5 years

Congratulations to the both of you and "Thank You" for all you do at Bickford.



Fort Dodge HAPPYNNINGS

JANUARY



Happy January, friends of the family! We are excited to kick off another great year at Bickford of Fort Dodge. We are looking forward to celebrating our Luau in the month of January. Nothing will warm us up like a Luau in the middle of winter! Join us on January 24th for an Ohanan (with friends & family) good time!

the feedback we receive. If you're interested in receiving the happiness check, please contact Lori, 515.573.3300.

As we continue into the winter months, we want to remind everyone who is visiting to please stay home if you're not feeling well. It is always our goal to keep our residents healthy & this will help in doing so.

We would also like to encourage everyone to sign up for our monthly happiness checks. We have received great participation in the last year, but we would like to increase

May your troubles be less, and your blessings be more, and nothing but happiness come through your door!





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New Year's Day
10a Coffee Club
10:40 Exercises w/Wanda
2p New Year's Happy Hour
6:15p B-I-N-G-O 1

9a Bible Study with Irlene
10:30a Exercises
2p Jewelry Making
6:30p Card Games 2

10:30a Exercises
2p B-I-N-G-O
3p Sock it to Me
6:30p Residents Choice 3

10:30a Pool Noodle Exercises
2p Sing A Long
3p Lutheran Communion
6:30p White Board games 4

10:30a Exercises
11a Name That Bird
2p Bird Day Bingo
6:30p UNO 5

10:30a Exercises
11a News & Views
2p Cuticle Club
7p Welk/Popcorn 6

10:30a Catholic Communion
1p Church with our Bickford Chaplain
2p What's in a Name
6:30p Dominoes 7

10a Coffee Club
10:40a Exercise with Wanda
2p Just 4 Fun Band
6:15p B-I-N-G-O 8

9a Bible Study with Irlene
10:30a Exercises
2p Crafty Tuesday
6:30p Card Games 9

10:30a Exercises
2p B-I-N-G-O
3:30p Catholic Mass
6:30p Music with Brady 10

10:30a Pool Noodle Exercises
11:30a Rosary
2p Music with Elvis
6:30p White Board games 11

Hat Day
9a Make A Hat Craft
10:30a Exercises
2p B-I-N-G-O
3p Parade Of Hats
6:30p Hats for a Cause 12

10:30a Exercises
11a News & Views
2p Jokes & Laughs
7p Welk/Popcorn 13

10:30a Catholic Communion
1p Church with our Bickford Chaplain
2p Noodleball
6:30p Hangman 14

10a Coffee Club
10:40a Exercise with Wanda
2p Ice Cream Social
6:15p B-I-N-G-O 15

9a Bible Study with Irlene
10:30a Exercises
2p Ace & Friends
6:30p Card Games 16

10:30a Exercises
2p Afternoon Tea Party
2p B-I-N-G-O
6:30p Residents Choice 17

Winnie/Pooh Day
10:30a Pool Noodle Exercises
11a Winnie The Pooh Trivia
2p Happy Hour with Winnie 18

Nat. Popcorn Day
10:30a Exercises
11a History of Popcorn
2p BINGO & Popcorn
6:30p UNO 19

10:30a Exercises
11a News & Views
2p Cuticle Club
3p Gospel Music with Adam & Jessica
7p Welk/Popcorn 20

10:30a Catholic Communion
1p Church with our Bickford Chaplain
2p Memory Dice
6:30p Balloon Volleyball 21

10a Coffee Club
10:40a Exercise with Wanda
2p Resident Council
6:15p B-I-N-G-O 22

9a Bible Study with Irlene
10:30a Exercises
2p Crafty Tuesday
6:30p Card Games 23

Luau Party
9a Spa Day
10:30a Exercises on the Island
2p BINGO on/Beach
6:30p Luau Happy Hour with Barebones 24

10:30a Pool Noodle Exercises
11:30a Rosary
2p Food Council
6:30p White Board games 25

10:30a Exercises
11a Reminiscing on Youtube
2p B-I-N-G-O
6:30p UNO 26

Chocolate Cake Day
10:30a Pass The Choc Cake
2p Music With Maurice
6:30p Welk & Chocolate Popcorn 27

10:30a Catholic Communion
1p Church with our Bickford Chaplain
2p Balloon Tennis
6:30p Bean Bag Toss 28

10a Coffee Club
10:40a Exercise with Wanda
2p Monthly Birthday Party
6:15p B-I-N-G-O 29

9a Bible Study with Irlene
10:30a Exercises
2p Directors Social with Sarah
6:30p Card Games 30

10:30a Exercises
11a Finish The Phrase
2p B-I-N-G-O
6:30p Residents Choice 31

January

