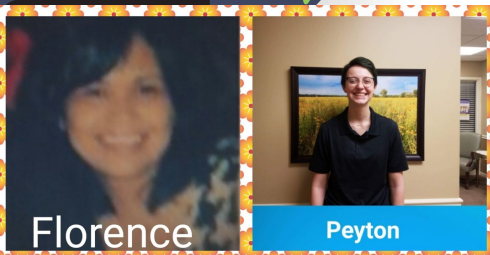


Welcome our Newest BFM's

~Hi! My name is Peyton. I am excited to be working here at Bickford. I love reading and playing basketball. I'm starting to acquire my own library from how many books I have. I am passionate about literature and helping people get something out of various Novels.

~Hi my Name is Florence. I like hiking, biking, gardening, and spending time with my grandkids. I am glad to be part of the Bickford family here in Oswego and making a difference in all of your lives.



Florence

Peyton



Independence Day

Happy July Everyone! July is here and that means that bbq season is definitely on it's way. One of the biggest bbq days is 4th of July or Independence day. The birth of America can mean something different to everyone. So what does the 4th of July mean to you? ~ It's Independence day. The birth of America, is an important day to celebrate. ~Margaret ~The 4th of July means Family time and celebration for our great country, the history and pride we have for our USA is important on this day and always. ~Erika ~To me it means Firecrackers & families getting together to

celebrate America's Birthday. ~Evelyn Mae ~It's time for the beautiful weather and enjoying all the celebrations of this historic day. ~Audrey ~When I think of the 4th of July I think of cooking out and spending time with my family. Going to a Parade and watching the fireworks at night. I really enjoy the fireworks! ~Dina ~To me it means lots of fun with the kids. We always do a big Cookout on the 4th of July it's very important to have fun and celebrate with the Family. It was always a good and patriotic time for us it was almost as important as Christmas. ~Sue S.

Introducing our Newest Bickford Grandbaby!

Happy 10 Year Anniversary Pam!

"A Grandchild fills a space in your HEART that you never knew was empty."

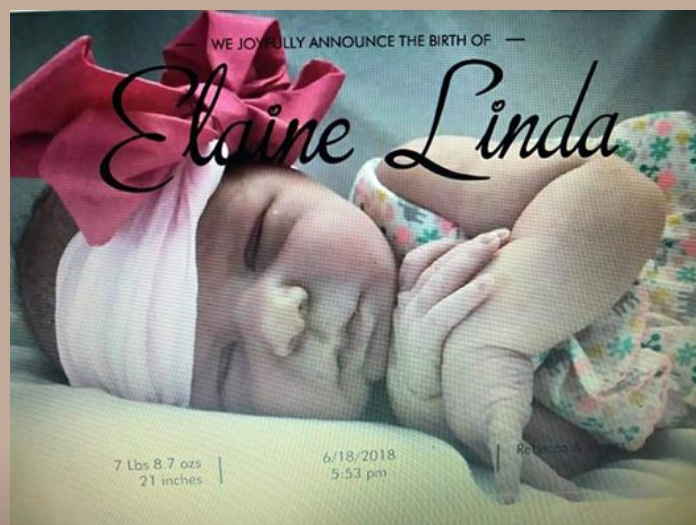
5:53pm. She weighed 7lbs and 8.7ozs and was 21 inches long. Help us welcome the newest Bickford Grandbaby!

We would like to extend a huge congratulations to our CNA Pam Miller. This month she will be celebrating her 10 year anniversary with Bickford. She was hired on as a CNA before the branch was even open and was one of the BFM's who helped unpack the original furniture and helped prepare everything for our branch to open. Help us Congratulate Pam this month on her 10 years of Enriching Happiness here at Bickford of Oswego!



Congratulations to our CNA Tammie Baker on the Birth of her 3rd Grandbaby Elaine Linda. She was born on June 18th at

"Grandchildren make the world a little softer, a little kinder, a little Warmer."



July Birthday's

Mary Gerth 2nd(Resident)
 Duane Stone 6th(Resident)
 Debbie Horvath 6th(BFM)
 Lillian Gordon 19th(Resident)
 Bonita Gleason 25th(Resident)
 Bill Howorth 29th(Resident)

July Fun Day's

1st Zoo Day *
 4th Independence Day
 5th Graham Cracker Day*
 6th Rambo & Rocky Day*
 7th Lucky 7 Day*
 9th Life is like a box of Chocolates Day*
 10th Cow Appreciation Day
 11th Blueberry Muffin Day*
 12th Pecan Pie Day*
 15th Gummy Worm Day*
 20th Man on the Moon Day*
 24th Drive-Thru Day
 28th Bean Bag Day*
 30th Cheese Cake Day*



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10:30 Exercise DVD
 11:00 Word Puzzles
 1:20 Cubs Game Ch.9
 1:30 Pet Therapy
 2:00 Hymn & Prayer
 3:30 Coloring Pages
 6:00 Movie Night "We Bought a Zoo" 1

10:00 Exercise
 10:15 T.V. Classics
 10:30 Walmart Trip
 1:30 Basketball Hoops
 2:30 Reminisce Hour
 6:30 Wheel of Fortune 2

10:00 Art Corner
 11:00 Tai Chi
 1:20 Cubs Game 665
 1:30 Nail Care
 3:00 July IQ & Frozen Treats 3

8:45 4th of July Parade
 10:30 4th of July Puzzles
 1:20 Cubs Game Social Ch.9
 3:00 Coloring Pages
 6:00 Movie Night "Yankee Doodle Dandy" 4
 9:00 Fireworks Show
 10:30 Exercise
 11:00 Piano Sing-A-long
 1:30 Pet Therapy
 2:00 Bake Muffins
 2:45 Cubs Game 665
 3:00 Communion
 6:00 Movie Night 11

10:00 Exercise
 10:15 Morning Movie "To Have & Have Not"
 10:30 Five and Below
 1:15 Graham Cracker Treats & Bean Bag
 2:30 Library Trip 5
 3:15 Cranium Crunches

10:00 Exercise
 10:15 Documentary
 10:30 Emerson Creek
 1:20 Cubs Game 665
 2:00 Praise & Prayer
 3:00 Musical Ball Toss
 6:00 Movie Night "Creed" 6

10:30 Exercise
 11:00 Who, What, When?
 1:00 All Sevens Puzzle
 1:15 Afternoon Walk
 1:20 Cubs Game 665
 2:00 Candy Bar Bingo
 3:00 Afternoon Movie "Magnificent 7" 7

10:30 Exercise DVD
 11:00 Word Puzzles
 1:20 Cubs Game Ch.9
 1:30 Pet Therapy
 3:30 Coloring Pages
 6:00 Movie Night 8

10:00 Exercise
 10:15 Ethan's Activity
 10:30 Walgreens Trip
 1:30 Basketball Hoops
 2:30 Reminisce Hour
 6:00 Movie Night "Forest Gump" 9
 9:15 Cubs Game 665

10:00 Never Have I Ever Game
 11:00 Tai Chi
 1:30 Nail Care
 3:00 Themed Trivia & Frozen Treats
 9:15 Cubs Game Ch.10 10

10:00 Exercise
 11:00 Piano Sing-A-long
 1:30 Pet Therapy
 2:00 Bake Muffins
 2:45 Cubs Game 665
 3:00 Communion
 6:00 Movie Night 11

10:30 Exercise
 11:00 Crossword
 1:30 Bean Bag Baseball
 2:45 Pecan Pie Social
 3:15 Dime Jingle 12

10:00 Exercise
 10:15 Documentary
 10:30 Harner's
 2:00 Praise & Prayer
 3:00 Musical Ball Toss
 6:00 Movie Night
 9:10 Cubs Game 665 13

10:30 Exercise
 11:00 Are You Smarter than a 5th Grader?
 1:15 Lemonade & Chat
 2:00 Snack Bingo
 3:00 Sing-A-Long
 9:10 Cubs Game Ch.7 14

10:30 Exercise DVD
 11:00 Word Puzzles
 1:30 Pet Therapy
 2:00 Hymn & Prayer
 3:10 Cubs Game Ch.9
 3:30 Coloring Pages
 6:00 Movie Night 15

10:00 Exercise
 10:15 Ethan's Activity
 10:30 Target Trip
 1:30 Basketball Hoops
 2:30 Reminisce Hour
 6:30 Wheel of Fortune 16

10:00 Art Corner
 11:00 Tai Chi
 1:15 Resident Council
 2:00 Nail Care
 3:00 Random Trivia & Frozen Treats
 TBD All Star Game 37 17

Pajama Day
 10:00 Exercise
 11:00 Morning Walk
 1:15 Lutheran Service
 1:30 Pet Therapy
 2:00 Fly Swatter Volley
 3:00 Communion 18
 6:00 Movie Night

Italian Theme Day
 10:00 Music Exercise with Simone
 10:30 Morning Contest
 2:00 T.V. Classics
 3:30 Italian Day Social
 6:00 Movie Night "Under the Tuscan Sun"
 6:05 Cubs Game 206
 10:00 Exercise
 10:30 Country Ride
 12:00 Monthly Birthday
 1:20 Cubs Game 665
 1:30 Bean Bag Baseball
 3:15 Baking with Elsa 26

10:00 Exercise
 10:15 Documentary
 10:30 Mc Donald's
 1:20 Cubs Game 665
 2:00 Praise & Prayer
 3:00 Musical Ball Toss
 6:00 Movie Night "Hidden Figures" 20

10:30 Exercise
 11:00 Smarty Pants
 1:15 Afternoon Walk
 2:00 Dirty Bingo
 3:00 Afternoon Movie
 6:15 Cubs Game Ch.32 21

10:30 Exercise DVD
 11:00 Word Puzzles
 1:20 Cubs Game Ch.7
 1:30 Pet Therapy
 3:30 Coloring Pages
 6:00 Movie Night 22

10:00 Exercise
 10:15 Ethan's Activity
 10:30 Dollar General
 1:30 Basketball Hoops
 2:30 Reminisce Hour
 6:30 Wheel of Fortune
 7:05 Cubs Game 665 23

10:00 Nuts & Bolts Game
 11:00 Tai Chi
 1:30 Nail Care
 3:00 Modern Trivia & Frozen Treats
 6:15 Hearing Seminar 24
 7:05 Cubs Game Ch.9 24

10:00 Exercise
 11:00 Morning Walk
 1:15 Flashback Cinema
 1:20 Cubs Game 665
 1:30 Pet Therapy
 2:00 Fly Swatter Volley
 3:00 Communion 25
 6:00 Movie Night

10:30 Exercise
 11:00 Faces & Places
 2:00 Praise & Prayer
 3:00 Musical Ball Toss
 4:00 Capri Sogno
 6:00 Movie Night
 7:15 Cubs Game 665 27

10:30 Exercise
 11:00 Faces & Places
 2:00 Praise & Prayer
 3:00 Musical Ball Toss
 4:00 Capri Sogno
 6:00 Movie Night
 7:15 Cubs Game 665 27

10:00 Exercise
 10:30 Bean Bag Tournament
 1:15 Lemonade & Chat
 2:30 Community Bingo
 3:05 Cubs Game 665 28

10:30 Exercise DVD
 11:00 Word Puzzles
 1:30 Pet Therapy
 3:30 Coloring Pages
 6:00 Movie Night
 7:05 Cubs Game 206 29

10:00 Exercise
 10:15 T.V. Classics
 10:30 Walmart Trip
 1:30 Cheesecake Social
 2:30 Reminisce Hour
 6:30 Wheel of Fortune 30

10:00 Art Corner
 11:00 Tai Chi
 1:30 Nail Care
 3:00 Ice Cream Sundae Social with Rose
 6:05 Cubs Game 665 31

July



ACTIVITIES ARE SUBJECT TO CHANGE

OUTINGS WILL BE IN PURPLE
 SPECIAL EVENTS & ACTIVITIES WILL BE IN BLUE
 SPORT GAMES WILL BE IN GREEN