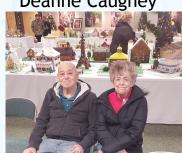


WELCOME OUR NEW BICKFORD FRIENDS:

Tom Smith Alen and Betsy Tully Lou and Liz Carnazzo Ellie Dziewa **Deanne Caughey**



Pictured above: Lou and Liz Carnazzo

IPDATES

We have exciting news to share with everyone!

Tinasia Smith has joined our Bickford Family again, but this time she is our Life Enrichment Assistant!

Tinasia is so wonderful with our Bickford Friends and it is such a joy to have her back!!



This holiday season was full of making so many memories with our **Bickford Friends!**

We enjoyed having many family members come to our festive activities and it warms our hearts to be able to help families make wonderful memories with their loved ones!

Just a few highlights from the month were Ollie the Trolley, our It's Christmas Family Night with Chaplain Laura's Children Choir, Christmas music with amazing entertainers, and many different treats and goodies!!







BREAD BASKET

Omaha Hickory

Please notify our cooks anytime you are taking your loved one out and they won't be eating in our Bread Basket.

Also, please notify the cooks in advance if you as a family member are planning on eating with your loved one.

Cost of meals for family members are as followed:

Breakfast: \$5 Lunch: \$7 Dinner: \$5.50 Holiday: \$10



JANUAR

NURSING

Please notify Rebecca 48 hours in advance to when your loved one has an appointment. This allows her to get the proper paperwork ready. Also, please pick up paperwork from Rebecca before leaving for the appointment.

Also, if you are feeling ill, please wait to visit your loved ones. This will ensure the safety of all of our residents and staff members.

If you have any questions or concerns regarding your loved ones health, please contact Rebecca at 402-391-3000.











RESIDENT BIRTHDAY'S: January 20th: Alice Adams January 30th: Eunice McKain

BFM BIRTHDAY'S: January 4th: Bob Pecha January 23rd: Luz Tapia



	S	M	T	W	T	F	S
IDAY'S: Adams McKain		9:30a- New Years Parade 10:15a- Prayer for New Year 2p- Share New Years Resolutions 6p- Movie Monday 1	9:30a- Senior Motion 10:15a- Chit Chat 2p-5 Second Rule 3p- Christine Coulson- Singer 6p- John's Bible Study 2	9:30a- Sittercise 10:15a- Potato Peeling 2p- Chaplain Laura 3p- Make Winter Wreaths 6p- Wii Games 3	9:30a- Stretch & Flex 10:15a- Devotions 2p- Ring Toss Game 3:30p- Spa & Manicures 6p- BINGO 4	9:30a- Dance Exercises 10:15a- Hot Chocolate Social 2p- Snowman Races 6p- Movie Night 5	10:15a- Noodle Ball 10:45a- UNO Attack 2p- Hula Hoop Toss Game 6p- Lawrence Welk
ar S. echa Tapia	10:30a- Word Search 11a- Mass 2p- Chaplain Ron 7	9:30a- Chair Exercises 10:15a- Chit Chat Social 2p- BINGO 3:15p- Rosary 3:30p- & 6p-	9:30a- Simon Says 10:15a- Memory Game 2p- Make a Treat 6p- John's Bible Study 9	9:30a- Noodle Ball 10:15a- Potato Peeling 2p- Chaplain Laura 3:30p- Tongue Twisters 6p- Bag Toss IO	9:30a- Senior Motion 10:15a- Who am I? 2p- Make Homemade Ice Cream 3:30p- Spa & Manicures 6p- BINGO II	Hat Day 9:30a- Hat Parade 10:15a- Tea Party 2p- Jack Lawless- Accordian Player 6p- Movie Night	10:15a- Sittercise 10:45a- Higher or Lower 2p- Bullseye Game 6p- Lawrence Welk 13
	10:30a- Puzzle time 11a- Mass 2p- Chaplain Ron 14	10:15a-Remincing Game 2p- BINGO 3:30p- UNO Attack	10:15a- Slapzi Game 2p- Fontenelle Forest 6p- John's Bible Study	9:30a- Chair Exercises 10:15a- Potato Peeling 2p- Chaplain Laura 3:30p- Wii Games 6p- Joke Telling 17	9:30a- Noodle Ball 10:15a- Devotions 2p- Monthly Birthday Party 3:30p- Spa & Manicures 6p- BINGO IS	9:30a- Sittercise 10:15a- Coffee Chums 2p- Denelle- Singer 6p- Movie Night 19	10:15a- Parachute 10:45a- What am I? 2p- Door Hanger Craft 6p- Lawrence Welk 20
	10:30a- Word Scramble 11a- Mass 2p- Chaplain Ron <i>2</i> 1	9:30a- Dance Exercises 10:15a- Spelling Bee 2p- BINGO 3:15p- Rosary 3:30p- Noodle Ball 6p- What am I? 22	Chocolate Social 2p- Popcorn Social 6p- John's Bible Study	9:30a- Coconut Pass 10:15a- Hawaiian Translation 2p- Luau Party 3:30p- Pineapple Bowling 6p- Mocktail Sociaby	9:30a- Sittercise 10:15a- Potato Peeling 2p- Resident Council 3:30p- Manicures 6p- BINGO 25	9:30a- Noodle Ball 10:15a- 2p- Make Snowmen Treats 6p- Movie Night <i>26</i>	Chocolate Cake Day 10:15a- Cake Walk 10:45a- Fun Facts about Cake 2p- Guess the Cake Recipe 6p- Lawrence Welk-7
	10:30a- Social Walk 11a- Mass 2p- Chaplain Ron 28	9:30a- Simon Says 10:15a- What's that Flavor? 2p- BINGO 3:30p- What's in the Bag? 6p- Rocket Toss 29	9:30a- Noodle Ball 10:15a- Fun Facts about January 2p- Snowman Races 6p- John's Bible Study 3 <i>O</i>	9:30a- Senior Motion 10:15a- Potato Peeling 2p- Chaplain Laura 3p- Joy Bartling- Animal Therapy 6p- Wii Games 31	Janua	vy O	

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