



Suffolk  
**HAPPENINGS**  
 JANUARY

*Happenings at Bickford*



*What's going on in January*

Happy Birthday to...  
 Bonnie Marrow 1/15



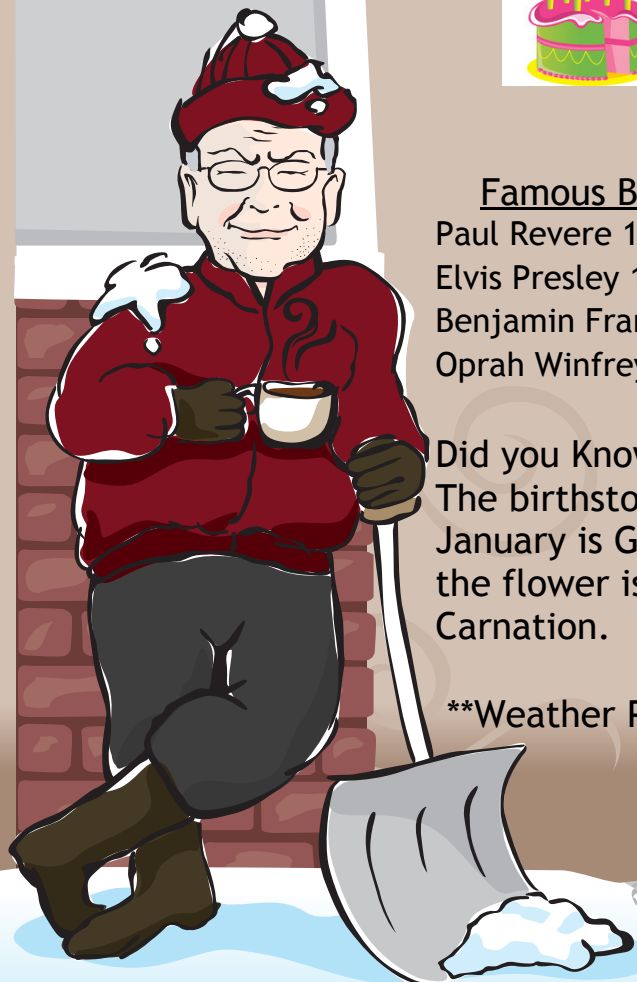
Famous Birthdays

Paul Revere 1/1  
 Elvis Presley 1/8  
 Benjamin Franklin 1/17  
 Oprah Winfrey 1/29

Did you Know...  
 The birthstone for  
 January is Garnet and  
 the flower is a  
 Carnation.

\*\*Weather Permitting

1/3 Communion with  
 Faher Derek  
 1/4 Joyride\*\*  
 1/7 Three for One  
 Gospel Group  
 Performs  
 1/10 Men's Club with  
 Visiting Angels  
 1/11 Lunch at Gianna's  
 1/13 Crafts with Girl  
 Scout Group 580  
 1/18 Joyride\*\*  
 1/24 Luau with Dino  
 1/26 Coldstone  
 Creamery Outing\*\*  
 1/30 Outing to  
 Chrysler Museum and  
 Lunch\*\*  
 1/31 Birthday Party  
 Celebration



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New Year's Day  
 10:00 What's Your New Year's Resolution?  
 1:30 Puzzles  
 3:30 New Year's Day Happy Hour  
 6:30 Game Hour

9:30 Manicures  
 11:00 Craft Corner  
 2:00 Bingo  
 3:30 Plunko  
 6:30 Popcorn and a Movie

10:00 Communion with Father Derek  
 11:00 Penny Pitchin"  
 1:30 Bible Study with Sharon  
 3:00 Flower Arranging

10:00 Joyride\*\*  
 1:30 Pokeno  
 3:30 Walkers Club  
 6:00 Watering Plants

10:00 Balloon Volleyball  
 1:30 Undecorate the Christmas Tree  
 3:30 Scented Hand Rub  
 6:30 Game Hour

10:00 Balloon Stretch  
 1:45 Bingo  
 3:30 Refreshments in the Bistro

9:30 Trivia  
 11:00 Worship Service  
 2:00 Three For One Gospel Group  
 3:30 Chapel Service  
 6:30 Popcorn and Movie

9:15 Zumba with Alexis  
 11:00 Fill in the Blank  
 3:30 Happy Hour  
 6:30 Game Hour

9:30 Manicures  
 11:30 Nansemond River Baptist Visits  
 2:00 Bingo  
 3:30 Ladder Ball  
 6:30 Popcorn and a Movie

10:00 Coffee Club  
 11:00 Penny Pitchin'  
 1:30 Bible Study with Sharon  
 2:00 Men's Club with Visiting Angels

9:30 Stretch and Tone  
 11:00 Lunch Outing to Gianna's\*\*  
 3:30 Walkers Club  
 6:00 Watering Plants

Hat Day  
 10:00 Hat Decorating  
 2:00 Hat Parade  
 3:00 Mad Hatter Tea Party  
 6:30 Game Hour

10:00 Ring Toss  
 1:30 Crafts with Girl Scout Troop 580  
 3:30 Refreshments in the Bistro

9:30 Spelling Bee  
 11:00 Puzzles and Games  
 2:00 Chapel Service  
 6:30 Popcorn and Movie

Martin Luther King, Jr. Day  
 9:15 Zumba with Alexis  
 11:00 Martin Luther King, Jr. Trivia & Facts  
 3:30 Happy Hour  
 6:30 game Hour

9:30 Manicures  
 11:00 Scrapbooking  
 2:00 Bingo  
 3:30 Ring Toss  
 6:30 Popcorn and a Movie

10:00 Coffee Club  
 11:00 Penny Pitchin'  
 1:30 Bible Study with Sharon  
 2:00 Art Class with Debbie

9:30 Stretch and Tone  
 11:00 Poetry Club  
 1:30 Joyride\*\*  
 6:00 Watering Plants

10:00 Balloon Volleyball  
 1:30 My Two Cents  
 3:30 Scented Hand Rub  
 6:30 Game Hour

10:00 Balloon Stretch  
 1:45 Bingo  
 3:30 Refreshments in the Bistro

9:30 Hangman  
 11:00 Puzzles and Games  
 2:00 Chapel Service  
 6:30 Popcorn and Movie

9:15 Zumba with Alexis  
 11:00 Trivia  
 3:30 Happy Hour  
 6:30 Game Hour

9:30 Manicures  
 11:00 Jewelry Class  
 2:00 Bingo  
 3:30 Horseshoes  
 6:30 Popcorn and a Movie

Luau Party  
 10:00 Hawaiian Craft  
 1:00 Bible Study with Sharon  
 2:00 Luau Party with Dino

9:30 Stretch and Tone  
 11:00 Chicken Soup for the Soul  
 1:30 Pokeno  
 3:30 Baking with Kristen  
 6:00 Watering Plants

10:00 Balloon Volleyball  
 1:30 Cold Stone Creamery Outing\*\*  
 3:30 Scented Hand Rub  
 6:30 Game Hour

Chocolate Cake Day  
 10:00 Bingo  
 2:00 Chocolate Cake Social  
 4:00 Refreshments in the Bistro

9:30 Trivia  
 11:00 Puzzles and Games  
 2:00 Chapel Service  
 6:30 Popcorn and Movie

9:15 Zumba with Alexis  
 11:00 Fill in the Blank  
 1:30 Resident Council  
 3:30 Happy Hour  
 6:30 Game Hour

10:00 Outing to Chrysler Museum of Art and Lunch\*\*  
 3:30 Manicures  
 6:30 Popcorn and a Movie

10:00 Coffee Club  
 1:30 Bible Study with Sharon  
 3:00 Birthday Party Celebration

# January

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