



# Happy Birthday!

A wish for lots of birthday fun,  
To last until the day is done.  
Hope that all your wishes come true,  
and your birthday cake is as sweet as you!

This month we will celebrate the birthday of:

- Mike L. - January 4
- Bernice R. - January 14
- Delbert R. - January 25
- Jo W. - January 25
- Bill Z. - January 27

Iowa City

# HAPPENINGS

JANUARY

## From Our Director

Happy New Year!

The year 2018 is upon us! I cannot believe that we have entered into January already!

I'm very excited about this next year at Bickford. There are already many goals in the works and new things set to come to our branch to benefit our residents. I'm so pleased we will be able to roll those out.

I hope you all had a wonderful time at our Christmas party back in December.

I know many of our BFM's (aka staff) and residents really enjoyed being able to share that time together. One of my many goals for 2018 is to have more of those events here at our branch! Sound good?!

Please check out the rest of the calendar to see what fun stuff will be happening here this month.

Can't wait to spend this new year with all of you!

-Kaelee



## From Our Life Enrichment Coordinator Christmas Party Pics!

## Mike L. Celebrates 100 Years!



Mark your calendars for our biggest birthday party on **Tuesday, January 30 at 2:00 pm** to celebrate Mike becoming a centenarian and all the residents who have birthdays in January too!

It's not everyday that you have the chance to wish someone a happy 100th birthday.

We are overjoyed to be able to do just that on January 4, 2017 when Mike L. will officially turn 100 years old!

A LONG LONG TIME AGO IN 1917

**IN THEATERS:** EASY STREET, THE ADVENTURER, THE IMMIGRANT, THE CLUE

**On The Radio:** OUR TIME AT THE NATIONAL STREETBALL, POLYESTER, HIRSHENITZ

**FAMOUS PEOPLE BORN:** LEVA PERE, ZSA ZSA GABOR, JOHN F. KENNEDY, DEAN MARTIN

**highlights...**

- The United States ends its search for Pancho Villa
- U.S. DECLARES WAR WITH GERMANY
- Houdini Performs his first Buried Alive Escape
- ALBERT EINSTEIN PUBLISHES FIRST PAPER ON COSMOLOGY
- THE NATIONAL HOCKEY LEAGUE IS FORMED

**WHAT THINGS COST:**

- NEW HOUSE: \$6,313.00
- NEW CAR: \$360.00
- STAMP: \$0.02
- LOAF OF BREAD: \$0.09

Mike Lawrence was born!  
January 4, 1917



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**\*\*Please note as new opportunities arise, scheduled times may change to allow for additional activities!**

**TBD NFL Playoffs**  
9:30a Coffee & Cards  
10:30a Craft Club  
1p Women's Big 10 BB  
2p Church Service  
3:30p Chair Yoga  
7p The 75th Annual Golden Globes Awards<sup>7</sup>

**Happy Bday Bernice!**  
**TBD NFL Playoffs**  
9:30a Coffee & Cards  
10:30a Craft Club  
2p Chaplain Church Service  
3:30p Sit & Get Fit<sup>14</sup>  
6p Prayer Group

9:30a Coffee & Cards  
10:30a Craft Club  
1p Sit & Get Fit  
2p Chaplain Church Service  
3p Women's Big 10 BB  
**5:40p NFL AFC Championship Game**<sup>21</sup>

9:30a Coffee & Cards  
10:30a Craft Club  
2p Church Service  
2p Women's Big 10 BB  
3p Pro Bowl  
3:30p Chair Yoga  
6:30p 60th Annual Grammy Awards<sup>28</sup>

M

**Happy New Year!**  
9a Rose Parade  
12p Outback Bowl  
**2p Live Music by Andrea Mahoney!**  
4p Rose Bowl  
6p 2018 Mileage Club Contest Begins!<sup>1</sup>

9:45a Live 2B Healthy Exercise Class  
11a First United Methodist Church  
2p Council Meeting  
3p Hat Decorating  
**8p College Football Nat'l Championship**<sup>8</sup>

**Martin L. King Jr. Day**  
9:45a Live 2B Healthy Exercise Class  
10:30a Decor Swap  
2p Luau Party Prep  
3p Coffee & Conv. with Kaelee<sup>15</sup>  
6p Dominoes<sup>15</sup>

9:45a Live 2B Healthy Exercise Class  
10:30a Luau Branch Decorating Begins  
2p Handmade Cards for Val. Day with Mari  
3p Luau Music Vote<sup>22</sup>  
6p Dominoes<sup>22</sup>

9:45a Live 2B Healthy Exercise Class  
10:30a Take Down Choc. Cake Decor  
2p Make Decorations for the Superbowl!  
3:30p Super Bowl Plan<sup>29</sup>  
6p Farkle<sup>29</sup>

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**Wear Black & Gold!**  
9:30a Walk & Talk & Sign Up for Contest!  
10a Sweets & Stories with Sally  
2p surPRIZE BINGO!  
3p Bible Stories  
6p Men's Big 10 BBall<sup>2</sup>

**Salon Day!**  
9:30a Walk & Talk  
10a Sweets & Stories with Sally  
11a Pastimes  
2p surPRIZE BINGO!  
3p Bible Stories  
6p Chat & Checkers<sup>9</sup>

**Salon Day!**  
9:30a Walk & Talk  
10a Sweets & Stories with Sally  
11a Puzzle Pals  
2p surPRIZE BINGO!  
3p Bible Stories<sup>16</sup>  
7p Women's Big 10 BB<sup>16</sup>

**Salon Day!**  
9:30a Walk & Talk  
10a Sweets & Stories with Sally  
11a Luau Decorating  
2p surPRIZE BINGO!  
3p Bible Stories  
6p Men's Big 10 BBall<sup>13</sup>

**Wear Black & Gold! Salon Day!**  
9:30a Walk & Talk  
10a Sweets & Stories  
**2p Dec. Birthday Bash & BINGO!**  
3p Bible Stories  
8p Men's Big 10 BBall<sup>30</sup>

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9:30a Manicures & Hand Massages  
11a Eyeglass & Jewelry Cleaning  
2p Church Service  
**3p Live Piano Music!**  
4p Stroll & Stretch<sup>3</sup>  
6p Scrabble

9:30a Manicures & Hand Massages  
11a Eyeglass & Jewelry Cleaning  
2p Church Service  
**3p Live Piano Music**  
4p Stroll & Stretch<sup>10</sup>  
6p Yahtzee<sup>10</sup>

9:30a Manicures & Hand Massages  
11a Eyeglass & Jewelry Cleaning  
2p Church Service  
**3p Live Piano Music**  
4p Stroll & Stretch<sup>17</sup>  
6p Men's Big 10 BBall<sup>17</sup>

**Luau Party!**  
**Wear Hawaiian Attire**  
9:30a Hawaiian Lei & Flowers For Your Hair  
10a Flip Flop Cookies  
2p Church Service  
**3p Luau Music, Drinks & Games!**<sup>24</sup>

9:30a Manicures & Hand Massages  
11a Eyeglass & Jewelry Cleaning  
2p Church Service  
**3p Live Piano Music**  
4p Stroll & Stretch<sup>31</sup>  
6p Scrabble<sup>31</sup>

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**Happy 100 Bday Mike**  
9a Catholic Commun  
9:30a Walk & Talk  
10a Crafty Creations!  
2p surPRIZE BINGO!  
3p Monthly Activity Room Organizing  
6p Men's Big 10 BBall<sup>4</sup>

**Salon Day!**  
9:30a Walk & Talk  
10a Create Crafty Hat Door Decorations  
2p surPRIZE BINGO!  
3p Final Hat Day Preparations  
7p Men's Big 10 BBall<sup>11</sup>

**Salon Day!**  
9a Catholic Commun.  
9:30a Walk & Talk  
10:30a Create Crafty Luau Door Decor  
2p surPRIZE BINGO!  
3p Luau Door Decor<sup>18</sup>  
6p Let's Play Uno<sup>18</sup>

**Happy Birthday Delbert & Jo!**  
9a Catholic Commun.  
9:30a Walk & Talk  
10a Take Down Decor  
2p surPRIZE BINGO!  
3p Choc Cake Prep<sup>25</sup>  
7p Women's Big 10 BB<sup>25</sup>

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9:45a Live 2B Healthy Exercise Class  
10:30a Iowa Stories  
**2p Resident Activity Council 1st Meeting!**  
3p TGIF Happy Hour & Sing-Alongs  
6p Friday Night Flick<sup>5</sup>

**Hat Day!**  
9:30a Catholic Mass  
10:30a Hat Making  
1:30p Live 2B Healthy  
2:45p Silly Hat & Prop Contest & Photos  
4p Name That Hat<sup>12</sup>  
6p Chat about Hats<sup>12</sup>

**Nat'l Popcorn Day!**  
9:45a Live 2B Healthy Exercise Class  
10:30a Iowa Grown Stories with Gary  
2p Popcorn Creations  
3p TGIF Happy Hour<sup>19</sup>  
6p Friday Night Flick<sup>19</sup>

9:45a Live 2B Healthy Exercise Class  
10:40a Univ. of IA Music Therapy Visits  
2p Iowa Grown Stories  
3p Chocolate Cake Day Door Decorating<sup>26</sup>  
6p Friday Night Flick<sup>26</sup>

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**NFL Playoffs**  
9:30a Saturday Stroll  
10:30a Get Your Feet Pampered!  
2p Saturday Cinema & Salty Snacks  
3:30p Hat Day Prep  
7p Welk Fan Club<sup>6</sup>

**NFL Playoffs**  
9:30a Saturday Stroll  
10:30a Manicures & Pedi Pampering!  
1p Saturday Cinema & Salty Snacks  
3p Women's Big 10 BB<sup>13</sup>  
7p Welk Fan Club<sup>13</sup>

**Wear Black & Gold!**  
9:30a Saturday Stroll  
10:30a Manicures & Pedi Pampering!  
11a Men's Big 10 BBall  
2p Saturday Cinema & Salty Snacks<sup>20</sup>  
7p Welk Fan Club<sup>20</sup>

**Happy Birthday Bill! Chocolate Cake Day!**  
9:30a Saturday Stroll  
10a Make Choc. Bowls  
**12p Chocolate Cake!**  
2p Live Music by Andrea Mahoney!  
7p Men's Big 10 BBall<sup>27</sup>

January 2018