



Families: If you know the names of these two BFM's. The first one who gives Shelby the correct first and last names, wins \$15. to your residents Bickford Bucks account.

January is National Blood Donor Month Mississippi Valley Blood Center Give your New Year gift today!

SWEET 16-- MVRBC Sweet 16: a first-time donor gives blood on her 16th birthday when North High School (Davenport, Iowa) held its February 2010 blood drive, Reagan Washburn was just a few weeks shy donate blood for the of turning 16 the age when donors can begin donating blood (with a

signed parental permission form). When she did turn 16 in March of last year, there were two thing Reagan wanted to do on her birthday: obtain her driver's license and first time. Unfortunately, the Department of Motor Vehicles was



closed that day, but **MVRBC's Davenport** Donor Center was open and more than happy to welcome her as a donor. An active student at **Davenport North High** School, Reagan is involved in Volleyball, Golf and Cheerleading. She says, "The blood center rep who came to North was very persuasive that donating blood was a good thing to do and would help many people, so I was all for it." After donating for the first time on her birthday, Reagan made an appointment for her next donation in 56 days putting her pace to finish HS as a Gallon Grad!

To schedule an appointment for blood donation at a Donor Center or to find a mobile blood drive near you, use our online scheduling system or call (800) 747-5401.

How life flows through our community



January HappYnings----

Davenport

- 1st Happy New Year 2018!!!!
- 4th Robert Dahms
- 10th Resident Council Mtg.
- 12th Lewis Knudsen for Hat Day Party
- 15th Kindred at Home Bingo, Martin Luther King Day
- 16th Audibel Hearing
- 17th Jan. Group **Birthday Party**
- 18th The Retzl's for THIRSTY THURSDAY
- 24th Luau Party
- 25th Karen Michaels entertains
- 26th Podiartist 27th Chocolate Cake Day

WELCOME 2018!!!

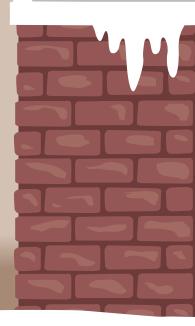
There is nothing wrong with a cozy blanket!~~

ANUAR

Winter has very few redeeming qualities. Many animals find that the best thing to do is simply sleep through it. Studies show that human beings sleep more during the winter months as well. One of the few redeeming qualities of winter is snow. There are few things more magical than looking out the window from your home and discovering those first flurries gently falling to the ground. When the snow builds up outside our homes it envelops us in a warm cocoon. The time has come to put on your warm slippers, a cozy blanket, and curl up with some hot chocolate.







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May you have a New Year filled with good health, love from your families and friends far and near and a blessings of HOPE and JOY in your hearts!	NEW YEAR'S DAY 10a Exercise, Devotions Current Events & Trivia 1:15p "Walking Club 2p New Years Bingo 3p Games of your choice 3p P. Sands Live, Ch. 6	1ST FULL MOON 10a Exercise, Devotions Current Events & Trivia 11a Eyeglass cleaning 1:15p "Walking Club" 2p Manicure Appts. 3p Board Games <i>2</i>	10a Exercise, Devotions Current Events & Trivia 10:30a Hymn Sing, Val 1:15p "Walking Club" 2p Wednesday Matinee 3p Games of choice 3	10a Exercise, Devotions Current Events & Trivia 11a SJVCC rosary 1:15p "Walking Club 2p Robert Dahms 3:30p Rummy Anyone? 4	10a E Curre 1:15p 2p Fr 3p Fr Movie
10a Exercise, C. Events 10:30a SJVCC communion 1:15p "Walking Club" 2p Marketplace Ministries Church, Karl Communion opt. 3p Movie and Popcorn 7	10a Exercise, Devotions Current Events & Trivia 1:15p "Walking Club 2p Snack Bingo 3p Games of your choice 3p P. Sands Live, Ch. 6	10a Exercise, Devotions Current Events & Trivia 11a Eyeglass cleaning 1:15p "Walking Club" 2p Manicure Appts. 3p Board Games 9	RESIDENT COUNCIL MTG. 10a Exercise, Devotions Current Events & Trivia 10:30a Hymn Sing, Karl 1:15p "Walking Club" 2p Wednesday Matinee 3p Games of choice	10a Exercise, Devotions Current Events & Trivia 11a SJVCC rosary 1:15p "Walking Club 2p Bickford Bingo 3:30p Rummy Anyone?	HAT I 10a E Curre 1:15p 2p H Lewis 3p Fr Movie
10a Exercise, C. Events 10:30a SJVCC communion 1:15p "Walking Club" 2p Marketplace,Val Ministries Church 3p Euchre or Rummy Movie and Popcorn	10a Exercise, Devotions Current Events & Trivia 1:15p "Walking Club 2p Kindred at Home Bickford Bingo 3p Games of your choice 3p P. Sands Live, Ch. 6	AUDIBEL HEARING 10a Exercise, Devotions Current Events & Trivia 11a Eyeglass cleaning 1:15p "Walking Club" 2p Manicure Appts. 3p Board Games	BFM's INSERVICE 8a & 3p 10a Exercise, Devotions Current Events & Trivia 10:30a Hymn Sing,Val 1:15p "Walking Club" 2p BOHH Group Birthday Party 3p Games of choice 17	THIRSTY THURSDAY 10a Exercise, Devotions Current Events & Trivia 11a SJVCC rosary 1:15p "Walking Club 3-4:30p TT with the Retzl's performing	10a E Curre 1:15p 2p Fri 3p Fri Movie
10a Exercise, C. Events 10:30a SJVCC communion 1:15p "Walking Club" 2p Marketplace Ministries Church, Karl 3p Euchre or Rummy Movie and Popcorn	10a Exercise, Devotions Current Events & Trivia 1:15p "Walking Club 2p B-I-N-G-O 3p Games of your choice 3p P. Sands Live, Ch. 6 <i>22</i>	10a Exercise, Devotions Current Events & Trivia 11a Eyeglass cleaning 1:15p "Walking Club" 2p Manicure Appts. 3p Board Games 23	LUAU PARTY 10a Exercise, Devotions Current Events & Trivia 10:30a Hymn Sing, Karl 1:15p "Walking Club" 2p Luau Party, L. Knudsen entertains 3p Games of choice 24	10a Exercise, Devotions Current Events & Trivia 11a SJVCC rosary 1:15p "Walking Club 2p Karen Michael 3:30p Rummy Anyone? 25	PODIA 10a E Curre 1:15p 2p Bi 3p Fri Movie
10a Exercise, C. Events 10:30a SJVCC communion 1:15p "Walking Club" 2p Marketplace Ministries Church, Val 3p Euchre or Rummy Movie and Popcorn 28	10a Exercise, Devotions Current Events & Trivia 1:15p "Walking Club 2p Monday Bingo 3p Games of your choice 3p P. Sands Live, Ch. 6 <i>29</i>	10a Exercise, Devotions Current Events & Trivia 11a Eyeglass cleaning 1:15p "Walking Club" 2p Manicure Appts. 3p Board Games 3 <i>O</i>	2ND FULL MOON 10a Exercise, Devotions Current Events & Trivia 10:30a Hymn Sing, Val 1:15p "Walking Club" 2p Wednesday Matinee 3p Games of choice 31	Januar	Y

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xercise, Devotions nt Events & Trivia "Walking Club" day Bingo day afternoon <i>5</i>	10a Exercise, C. Events 1p Games of your choice 1:15p "Walking Club" 3p Movie and Popcorn 3p Cards of your choice 6p L. Welk Show, PBS	9
AY kercise, Devotions nt Events & Trivia "Walking Club" at Party with music, Knudsen day afternoon	10a Exercise, C. Events 1p Games of your choice 1:15p "Walking Club" 2p Let's color! 3p Movie and Popcorn 3p Cards of your choice 6p L. Welk Show, PBS	
kercise, Devotions nt Events & Trivia "Walking Club" day Bingo day afternoon 19	10a Exercise, C. Events 1p Games of your choice 1:15p "Walking Club" 2p Bickford Bingo 3p Movie and Popcorn 3p Cards of your choice 6p L. Welk Show, PBS	9
RTIST ercise, Devotions at Events & Trivia "Walking Club" ckford Bingo day afternoon 26	CHOCOLATE CAKE DAY 10a Exercise, C. Events 1p Games of your choice 1:15p "Walking Club" 2p Let's play games! 3p Movie and Popcorn 3p Cards of your choice 6p L. Welk Show	
2018	Happy Birthday to: 12th-Audrey 4th-Diana 1st-Eileen, 2nd-Jim 23rd-Joanne	