

Alzheimer's and Dementia Basics

Alzheimer's disease accounts for 60 to 80 percent of dementia cases. Alzheimer's is not a normal part of aging. The greatest known risk factor is increasing age, and the majority of people with Alzheimer's are 65 and older. Approximately 200,000 Americans under the age of 65 have younger-onset Alzheimer's disease. Alzheimer's is the sixth leading cause of death in the United States. Those with Alzheimer's live an average of eight years after their symptoms become noticeable to others, but survival can range from four to 20 years,

depending on age and other health conditions.

Alzheimer's has no current cure, but treatments for symptoms are available and research continues. Today, there is a worldwide effort under way to find better ways to treat the disease, delay its onset, and

prevent it from developing

http://www.alz.org/alzheimers_disease_what_is_alzheimers.asp



Alzheimer's
Awareness
Month

West Lansing

HAPPENINGS
NOVEMBER



"Fun Facts"

"Riddle Of The Day"
I went to the woods
and got it. I sat down
to seek it. I brought it
home with me
because I couldn't
find it.
What is it?!?



Solution: Splinter

"Guess Who Resident Spotlight"

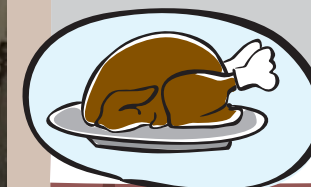
Guess Who???
Go Green!!!

Go White!!!

All-star Boxer shows
his appearance in
2017 Michigan State
Homecoming Parade.



Guess Who!!!
At his prime Professor
Alexander entered
the Navy
military branch. He
was a master
Electrician and
lectured students on
Food World Politics.



Nov 11th Veterans
Day:

Prayer for

Remembrance Day:

For those who were
killed in battle. For
those who gave up
their lives to save
others

For those who fought
because they were
forced to. For those
who died standing up
for a just cause. For
those who said war
was wrong. For those
who tried to make the
peace. For those who
prayed when others
had no time to
pray. For those
creatures who
needlessly die. For
those trees that
needlessly are
slaughtered.

For all of mankind
May God hold them in
peace.

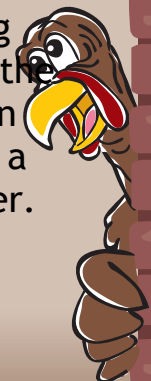
May Love flow over

"Fill UP ON Turkey"

- A turkey typically has about 70 percent white meat and 30 percent dark meat.
- Americans eat about 690 million pounds of turkey on Thanksgiving the weight of the entire population of Singapore.
- Astronauts eat turkey on Thanksgiving too. One of the first meals in space was a turkey dinner.



Bickford
assisted living
& memory care





Country Mill
&
Color Island Boat Trip



S M T W T F S

November



9:30 Communion
10:25 Informational Chest
10:30 Coffee Hour
2:30 Fallback Day
3:30 Roy Rogers
5

10:25 Informational Chest
10:45 Exercise
11:30 Current Event
2:00 Bible Study
3:30 Bingo
4:30 Yoga
6

10:25 Informational Chest
10:45 Exercise
2:30 Woman's Group
3:30 John Stars
4:30 Noodle Hockey
7

10:25 Informational Chest
Exercise 10:45
2:15 Bible Study
3:30 Thankful Tree
4:30 Musical Chair
8

10:25 Informational Chest
10:45 Exercise
1:30 Read Group
2:00 Last Flag Flying
4:30 Puzzles
9

10:25 Informational Chest
Exercise 10:45
2:30 Iva's Apple Pie
3:30 Team Scrabble
4:30 Clock Fun
10

10:25 Informational Chest
Exercise 10:45
2:30 State Nickname
3:30 LRC
7:00 L. Welk
Veteran's Day
11

9:30 Communion
10:25 Informational Chest
10:30 Coffee Hour
2:30 Coupon Club
3:30 Daily Bread
12

10:25 Informational Chest
10:45 Exercise
2:00 Bible Study
3:00 World Kindness Social
3:30 Bingo
13

10:25 Informational Chest
10:45 Exercise
2:30 Woman's Group
3:30 Choir
4:30 Ribbon Turkey
14

10:25 Informational Chest
10:45 Exercise
2:15 Bible Study
3:30 Puzzle Fun
4:30 Connect 4
15

10:25 Informational Chest
10:45 Exercise
2:00 Turkey Ville
2:00 UNO Challenge
3:30 Balloon Swat
4:30 Match It
16

10:25 Informational Chest
10:45 Exercise
2:30 Cream Pie
3:30 Name That Tune
4:30 Kickball
17

10:25 Informational Chest
10:45 Exercise
2:30 Roasted Turkey Trivia
3:30 Dominos
7:00 L. Welk
18

9:30 Communion
10:25 Informational Chest
10:30 Coffee Hour
2:30 Coupon Club
4:30 Hymns
19

10:25 Informational Chest
10:45 Exercise
11:30 Current Event
2:00 Bible Study
3:30 Bingo
20

10:25 Informational Chest
10:45 Exercise
2:30 Woman's Group
3:30 Pumpkin Pie
4:30 Thanksgiving Price is Right
21

10:25 Informational Chest
10:45 Exercise
2:15 Bible Study
3:30 Thanksgiving Charades
4:00 Jazzercise
22

10:25 Informational Chest
10:45 Exercise
2:30 Turkey Bandit
3:30 Family Feud
Thanksgiving
23

10:25 Informational Chest
10:45 Exercise
2:30 Black Friday Trivia
3:30 Musical Bingo
24

10:25 Informational Chest
10:45 Exercise
2:30 Manicures
3:30 Sing Along
7:00 L. Welk
25

9:30 Communion
10:25 Informational Chest
10:30 Coffee Hour
2:30 Coupon Club
3:30 Bible Trivia
26

10:25 Informational Chest
10:45 Exercise
11:30 Current Event
2:00 Bible Study
3:30 Bingo
27

10:25 Informational Chest
10:45 Exercise
2:30 Woman's Group
3:30 Lee Piper
4:30 Balloon Volleyball
28

10:25 Informational Chest
10:45 Exercise
2:15 Bible Study
3:30 Bean Bag Toss
4:30 Chair Stretche
29

10:25 Informational Chest
10:45 Exercise
2:30 Play
3:30 Horrocks Outing
4:30 Holiday Cards
30

