



Happy Birthday!

A wish for lots of birthday fun,
To last until the day is done.
Hoping that all your wishes come true,
and your birthday cake is as sweet as you!

This month we will celebrate the birthdays of:

Shirley M - November 10

Norma H - November 30



From Our Life Enrichment Coordinator

Thank You For Your Service!

Salon Schedule Update



We will be having our celebration for Veteran's Day on Monday, November 13 to accommodate the schedule of our special guests.

All family & friends are welcome to join us for any activities or all day long!

Rest assured that Tiffani will still be visiting us on a regular basis in the salon even though this month's Activity Calendar does not include our regular "Salon Days" on Wednesdays.

Due to Tiffani's son's school schedule and the holidays, she has provided us with an updated schedule so you can plan accordingly.

If there is inclement weather, these days may be adjusted accordingly.

Salon Days

- November 1
- November 2
- November 7
- November 8
- November 14
- November 15
- November 21
- November 28
- November 29
- November 30

Thank you for your flexibility!

~Harmony

From Our Director

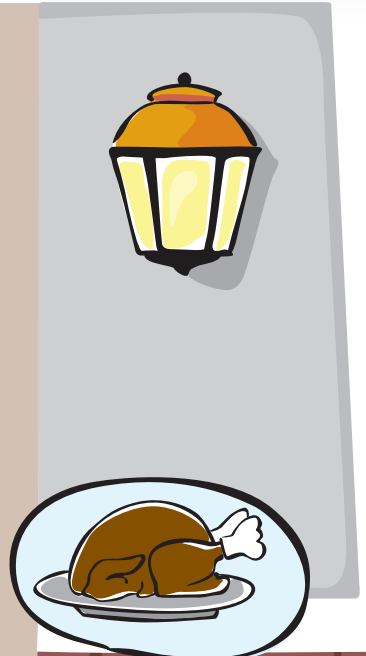
November is filled with thankful hearts and souls. It is one of the best months of the year. I have a few announcements of what we have planned for this month.

First, I want to give you all an update on the kitchen remodel. Things are going smooth with a couple road blocks, but nothing we can't handle. We have provided everyone with notice of some of the changes in the menu. The remodel of the kitchen is set to be complete by the 13th, although I see it lasting a couple days

after that. I will be sure to keep you all updated!

Second, I'd like to invite you all out to our Family Council Meeting on November 15th from 5 pm to 7 pm. We will be providing pizza for residents and their family members who plan to attend! We will be going over any concerns or praises you have, plus we will talk about our Happiness Survey results.

I hope you all have a great Thanksgiving. I look forward to seeing you all this month! - Kaelee



2017



November



**Please note as new opportunities arise, these scheduled times may change to allow for additional activities.

Daylight Savings - Clocks "Fall" Back!
9a Coffee & Cards
10a Farkle Game
2p Church Service
3p Patriotic Pins with Delta Gamma!
6p Sunday Stroll 5

9:45a Live 2B Healthy Exercise Class
11a First United Methodist Church
2p Resident Council
3p Veteran's Day Decorating & Prep!
6p Dominoes 6

9:30a Stroll & Stretch
10:15a Create Cards for our Veteran's
2p Live Music by Cowboy Jim!
3p Bible Stories with Vicki
6p Chinese Checkers 7

9:30a Manicures & Hand Massages
11a Mileage Club
2p Chaplain Church Service
3p Live Piano Music by Andrew!
6p Scrabble 8

Podiatrist Foot Care!
9a Cath. Communion
9:45a Walk & Talk
10:30a Decorate for Veteran's Day!
2p Sur-Prize BINGO! with Jordan!
6p Puzzle Pals 9

Happy Birthday Shirley M!
9:45a Live 2B Healthy
10:30a Final Veteran's Day Prep & Decorate
2p Patriotic Crafts
3p Delta Gamma Visit
5p Women's Hawk BB 10

Veteran's Day! Wear Red, White, Blue
9:30a Veteran's Walk
10:30a Pray for Vets
12p Patriotic Lunch!
2p Patriotic Music
6p Games for Vets
7p Welk Fan Club 11

9a Coffee & Cards
10a Play Yahtzee
2p Church Service
3p Crafty Creations with Delta Gamma!
3p Men's Hawk BB
6p Sunday Stroll
7:30p NFL Football 12

Veteran's Day Cont'd! Wear Red, White, Blue
9:45a Live 2B Healthy
11a Veteran's Salute
2p Patriotic Music by Jenny Sammons!
3:30p Veteran's Share
6p Dominoes 13

9:30a Take Down Patriotic Decorations
10:30a Sweets & Stories with Sally
2p Sur-Prize BINGO!
3p Bible Stories with Vicki
6p Stroll & Stretch 14

9:30a Manicures & Hand Massages
11a Mileage Club
2p Church Service
3p Live Piano Music by Andrew!
5p Family Council Meeting 15

Wear Black & Gold!
9:15a Walk & Talk
10a Decorate for Thanksgiving!
2p Sur-Prize BINGO!
3:30p PM Pampering!
6p Puzzle Pals
7p Men's Hawk BB 16

Wear Black & Gold!
9:30a Catholic Mass
10a Wellness Screens with Gentiva
1:30p Live 2B Healthy
3p Fall Fun Wreaths with Delta Gamma!
6p Rummikub 17

Wear Black & Gold!
TBD Hawkeye FBall
9:30a Saturday Stroll
10:30a Prayer Group
2p Coloring Club
3p Wii Sports
6p Card Games
7p Welk Fan Club 18

Wear Black & Gold!
9a Coffee & Cards
10a Play Yahtzee
2p Church Service
2p Women's Hawk BB
6p Sunday Stroll
7:30p NFL Sunday Night Football 19

Giving Thanks Week!
9:45a Live 2B Healthy Exercise Class
10:30a Giving Thanks
12p Men's Hawk BB
3:30p Live Music by Dave Allen!
6p Dominoes 20

Wear Black & Gold!
TBD Men's Hawk BB
9a Cath. Communion
9:30a Stroll & Stretch
10:30a Giving Thanks
2p Sur-Prize BINGO!
3p Bible with Vicki
6p Game of Choice 21

9:30a Thankful for Manicures & Massages
11a Giving Thanks
12:30p Hawkeye BB
2p Church Service
3p Live Piano Music by Andrew!
6p Mileage Club 22

Happy Thanksgiving!
9a Enjoy Macy's Thxgiving Day Parade!
11a Women's Hawk BB
12p Thxgiving Feast!
2p Thankful Walks
3p Turkey Trivia
6p Football Game 23

Wear Black & Gold!
9:30a Stroll & Stretch
10a Eyeglass Cleaning
10:30a TGIF Karaoke
2p Black Friday BINGO
3p Hawkeye Football at Nebraska!
6p Uno Card Game 24

Wear Black & Gold!
9:30a Saturday Stroll
10:30a Prayer Group
2p Coloring Club
4p Women's Hawkeye Basketball!
6p Card Games
7p Welk Fan Club 25

9a Coffee & Cards
10a Farkle Game
2p Chaplain Church Service
3p Fall Word Searches
6p Sunday Stroll
7:30p NFL Sunday Night Football 26

9:45a Live 2B Healthy Exercise Class
10:30a Take Down Thanksgiving Decor
2p Sur-Prize BINGO!
3p Fall Edible Crafts Chocolate & PB Acorns
6p Dominoes 27

9:30a Stroll & Stretch
10:30a Sweets & Stories with Sally
2p Monthly Birthday Party & BINGO!
3p Bible Stories with Vicki
6p Checkers 28

Wear Black & Gold!
9:30a Manicures & Hand Massages
11a Mileage Club
2p Church Service
3p Live Piano Music
6p Scrabble
7p Women's Hawk BB 29

Happy Bday Norma!
9:10a Catholic Communion
9:45a Walk & Talk
10:30a Winter Decor!
2p Sur-Prize BINGO!
3p PM Pampering!
6p Puzzle Pals 30

