

Outings at Lincoln Bickford

This was one of the outings that we went on this month. It was to Colby Ridge for Ice Cream. We go on 2 outings per month and also Resident Shopping to Wal Mart every other week. The other outing was in the morning for coffee and rolls and an outing to see the fall foliage, (this month we squeezed 3 outings). Generally we do not do outings from Nov-Feb due the weather. Although in December we do go on an outing to see Christmas Lights.

We also continue to go shopping every other week (weather permitting). If you have some suggestions or ideas of places you would like to visit or if any loved ones would like to go along please let Teresa know. We do enjoy having loved ones go along to enjoy the fun.



Lincoln HAPPENINGS NOVEMBER



VISITORS DURING OCTOBER



Visit from the Pioneer Park Nature Center. They brought a Turtle and a snake. It was amazing how many residents really enjoyed it, especially the snake!!

Paul Mitchel School of Hair Design Visit. Students from the school came to visit Bickford to give out "FREE HUGS". There were about 15 students and they visited with the residents and gave some hugs!!

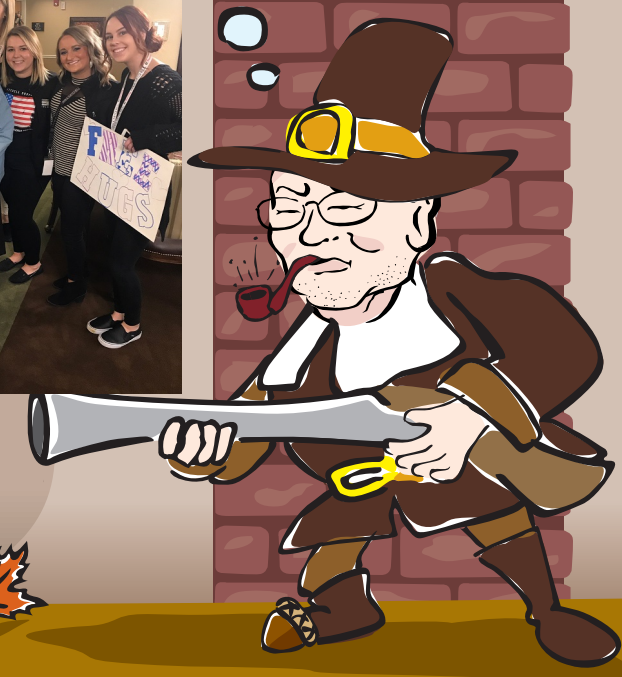
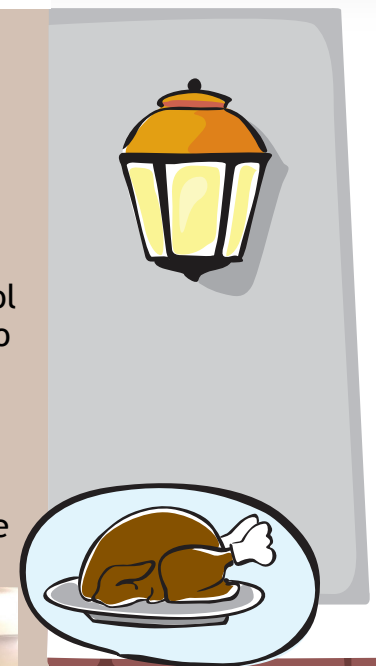
ASERACARE HOSPICE will be here on Wednesday November 8th at 1:00 pm to have a Remembrance Time. This is to help support families and friends honor those who have passed.



FAMILY

WOW was there a lot of Birthdays in September and October. Thanks to all the families that provided cake, ice cream, various treats and music. Residents were really pleased to share in the celebrations!! Special thanks to Jeanne Giles' grandson "Christopher Hopp" for playing a piano performance, everyone kept commenting on how wonderful it was!! Please stop by the Bickford Tree during November and fill out a Leave telling what you are Thankful for and share it with everyone. November is a month of being Thankful and spending time with family and friends!!

MONDAY, NOVEMBER 6th at we will be hosting a soup supper for families to join with a Family Council Meeting to follow. If you are intersted in attending we have a RSVP list so please let a Bickford Family Member know if you will be attending. There will be homemade -Chili, Chicken Noodle Soup or Ham, Potato and Cheddar Soup -Cinnamon Rolls or Muffins -Veggie Plate -Caramel Apple Upside Down Cake At the meeting we will be going over the results from the resident surveys.



NOVEMBER BIRTHDAYS

RESIDENT BIRTHDAYS

ROSE ANN SHEETS 11/28

BICKFORD FAMILY MEMBERS BIRTHDAYS

SEIDY ALBARENGA 11/1

***ANYTIME YOU TAKE A LOVED ONE OUT PLEASE CHECK WITH A BICKFORD FAMILY MEMBER FIRST. THIS IS FOR THE SAFETY OF OUR RESIDENTS.**

***THERE WILL BE A VETERAN'S DAY PRESENTATION ON FRIDAY, NOVEMBER 10th at 10:00AM (WE WILL BE SERVING REFRESHMENTS). THIS IS TO HONOR ALL MILITARY PERSONNEL WHO HAVE SERVED IN THE U.S. ARMED FORCES. THANKS TO ALL WHO HAVE SERVED AND THEIR FAMILIES FOR THEIR DEDICATION TO OUR COUNTRY!!**

November



9:45 Balloon Toss
10:30 Devotions
10:30 Catholic Comm
2:00 Ice Cream Social
6:30 Classic TV "Rawhide" **5**

9:45 Stretching Exercises
10:30 Reminiscing
1:30 Manicures
5:00 Soup Supper
6:00 Family Council Meeting **6**

9:45 Coffee/Hot Chocolate Social (Current Events)
10:30 Thanksgiving "The Price Is Right"
2:00 Bingo w/Pam
6:30 Game Night **7**

9:45 Let's Walk/
Welcome to November
10:30 Catholic Mass w/Father Bourek
2:00 Old Time Music
6:30 Documentary "Brain Games" (N) **1**

9:45 Fig Week
10:15 Chapel Service
1:30 Resident Shopping
2:00 Movie & Popcorn "Resident Choice"
6:30 Bingo w/Pam **2**

9:45 Yoga w/Teresa
10:30 Food Council Meeting
10:00 Catholic Comm
2:00 Wayne Miller
6:30 Thanksgiving Puzzles **3**

9:45 Weightlifting
10:30 Wii Games/Hunting
2:00 Crafts
6:30 Spelling Bee NE vs. Northwestern (TBA) **4**

9:45 Balloon Toss
10:30 Devotions
10:30 Catholic Comm
2:00 Ice Cream Social
6:30 Classic TV "Rawhide" **12**

9:45 Stretching Exercises
10:30 Reminiscing
NOON Resident Choice Meal
1:30 Manicures
6:30 Military "Care Packages" **13**

9:45 Coffee/Hot Chocolate Social (Current Events)
10:30 Gobble Gobble Charades
2:00 Bingo w/Pam
6:30 Just Us **14**

9:45 Let's Walk/
Rail Road Day
10:30 Catholic Mass w/Father Bourek
1:00 Remembrance Time w/ Asera Care
6:30 Documentary "Food Delicious Science" (N) **8**

9:45 "Chrysanthemym"
Mums The Word
10:15 Chapel Service
2:00 Movie & Popcorn "Resident Choice"
6:30 Bingo w/Pam **9**

10:00 Veteran's Day Presentation
10:30 Yoga w/Anita
2:00 Fun w/Food "Nuts About Peanut Butter"
6:30 Thanksgiving Puzzles **10**

Veteran's Day
9:45 Weightlifting
10:30 Wii Games/Hunting
2:00 Monthly B-Day Party w/Dick Patterson
6:30 Spelling Bee NE vs. Minnesota (TBA) **11**

9:45 Balloon Toss
10:30 Devotions
10:30 Catholic Comm
2:00 Ice Cream Social
6:30 Classic TV "Rawhide" **19**

9:45 Stretching Exercises
10:30 Reminiscing
1:30 Manicures
3:00 Resident Council Meeting
6:30 Military "Care Packages" **20**

9:45 Coffee/Hot Chocolate Social (Current Events)
10:30 Thanksgiving Traditions
2:00 Bingo w/Pam
6:30 Just Us **21**

9:45 Let's Walk/
Tongue Twisters
10:30 Catholic Mass w/Father Bourek
2:00 The Rockenbachs
6:30 Documentary "Brain Games" (N) **15**

9:45 Pickle Month
10:15 Chapel Service
1:30 Resident Shopping
2:00 Movie & Popcorn "Resident Choice"
6:30 Bingo w/Pam **16**

9:45 Did You Know?
10:30 Yoga w/Anita
2:00 Fun w/Food "Homemade Bread"
6:30 Thanksgiving Puzzles **17**

9:45 Weightlifting
10:30 Wii Games/Hunting
2:00 Crafts
6:30 Spelling Bee NE vs. PENN STATE (TBA) **18**

9:45 Balloon Toss
10:30 Devotions
10:30 Catholic Comm
1:30 Manicures
6:30 Classic TV "Rawhide" **26**

9:45 Stretching Exercises
10:30 Reminiscing
2:00 Bill Chrastil
6:30 Military Appreciation Month "Card Making" **27**

9:45 Coffee/Hot Chocolate Social (Current Events)
10:30 What's Cookin Game
2:00 Bingo w/Pam
6:30 Just Us **28**

9:45 Let's Walk/
Kitchen Trivia
10:30 Catholic Mass w/Father Bourek
2:00 The Clefs
6:30 Documentary "Food Delicious Science" (N) **22**

Thanksgiving Day
9:00 Macy's Thanksgiving Day Parade
NOON Thanksgiving Dinner
HALLMARK MOVIE DAY **23**

9:45 Did You Know?
10:30 Yoga w/Anita
2:30 Tailgate Party
3:00 NE vs. Iowa (FS1)
6:30 Thanksgiving Puzzles **24**

9:45 Weightlifting
10:30 Wii Games/Hunting
2:00 Christmas Tree Decorating
6:30 Spelling Bee **25**

9:45 Let's Walk/
Humor
10:30 Catholic Mass w/Father Bourek
2:00 Presentation of Ireland w/Ted
6:30 Documentary "Brain Games" (N) **29**

9:45 Jokes
10:15 Chapel Service
1:30 Resident Shopping
2:00 Movie & Popcorn "Resident Choice"
6:30 Bingo w/Pam **30**

