



Pizza Tour

Family and Residents, please notice the 18th of October we are starting a new outing event called "Pizza Tour". Starting on the 18th, Bickford is on the quest to find the best pizza joint the area has to offer! Once a month we will be taking a bus to different restaurants that are known for their pizza. First on our list is Zoey's in downtown Marion. Family members are welcome to join us as we happily eat our way through the city. If you have any question's don't hesitate to ask our LEC, Kylie, at 319-373-7000.



Newsletter

We had a busy month in September welcoming many new faces! We welcomed Bob Stolba, Jo and Ron Bark, and Larry Bengé into our Bickford home. In addition to our new residents, we welcome Jacobi F., Dustin C., Lakeshia D., Samantha C., Kianna F., and Kylie N. into our Bickford Family Member Team. As we start to get to know each other more, we look forward to having a Spooktacular and Busy October! This month we have many new activities to try out by our new LEC!

By request, we added a new Fit-n-Fun exercise program to try 3 times a week. This activity will include weights, therabands, and full body exercises.

We have some special guests joining us this month. The children from Kid's Inc. will be joining us in reading activities, board games, and Trick-or-Treating during the month.

Lastly we will be celebrating our family history this month. Our special day will give us a chance to learn about each others family origins.



Halloween Humor

Knock Knock. Who's there? Phillip. Phillip, who? Phillip my bag with candy, please!

Why didn't the skeleton go trick or treating?
Because he had no guts!

Why did the pumpkin fall asleep in class? Because he was a little gourd!

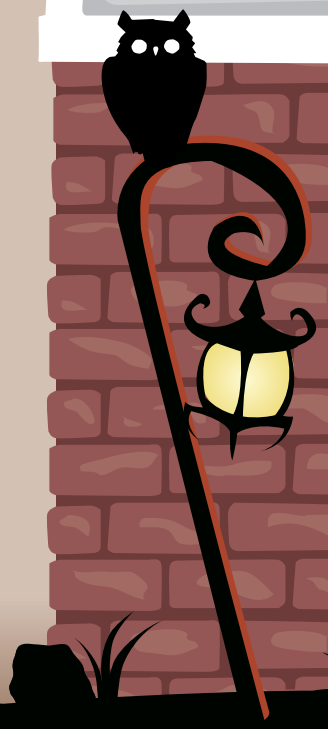
What's a ghost's favorite dessert?
BOOberry pie!

Knock knock.. Who's there? ...Boo... Boo who?... Don't cry!

Why wasn't there any food left after the monster party?
Because everyone was a goblin!

Who won the skeleton beauty contest?
No body!

Why did the vampire's lunch give him heartburn?
It was a stake sandwich!





10:00- Daily News
1:30- Chapel
2:30- Sunday Sweet Treat

1



9:00- Walking Club
9:30- Devotions
10:30- Arts & Crafts
11:15- Fit-n-Fun
1:30- BINGO!
3:00- Manicures
6:00- Musical Monday

2



9:00- Current Events
9:30- Sing Along
10:30-Balloon Volleyball
1:30- Tuesday Trivia
3:00- Cooking Club
6:00- Resident's Choice

3



9:00- Walking Club
9:30-Sensory Stimulation
10:30-Stretch-n-Flex
11:00- Chapel
1:30- Music With Linda!
3:00- National Pumpkin Seed Day

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9:00- Current Events
9:30- Devotions
10:30- Brain Games
1:30- Card Club
3:00- S'mores in the Courtyard
6:00- I Love Lucy

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9:00- Walking Club
9:30-Sensory Stimulation
10:30- Manicures
11:15- Fit-n-Fun
1:30- BINGO!
3:00- Float Friday
4:00- Kid's Inc.

6



9:00- Daily News
9:30 Walking Club
10:00 Cookies & Coffee
2:00- Movie & Popcorn

7

10:00- Daily News
1:30- Chapel
2:30- "Sundae Snack"

8

9:00- Walking Club
9:30- Devotions
10:30- Name That Tune!
11:15- Fit-n-Fun
1:30- BINGO!
3:00-Aroma Therapy
6:00- Movie Monday

9

9:00- Current Events
9:30- Music Time
10:30-Manicures
1:30- Tuesday Trivia
3:00- Cook-n-Bake
6:00- Resident's Choice

10

9:00- Walking Club
9:30 Sensory Group
10:30- Stretch-n-Flex
11:00- Chapel
1:30-DIY Sensory Jars
3:00-Cookies & Coffee
6:00- Dominoes

11

Family History Day
9:00- Current Events
9:30- Devotions
10:30- Reminence Group
1:30- Family Tree Craft
3:00- Favorites
6:00- Puzzles

12

9:00- Walking Club
9:30- **Word & Communion**
10:30- Navy Birthday
11:15- Fit-n-Fun
1:30- BINGO!
3:00- Happy Hour

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9:00- Daily News
9:30- Walking Group
10:00- I Love Lucy
2:00- Fall Patio Club

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10:00- Daily News
1:30- Chapel
2:30- Sunday Sweet Treat

15

9:00- Walking Club
9:30- Devotions
10:30- Fall Scattergories
11:15- Fit-n-Fun
1:30- BINGO!
3:00-Apple Tasting
6:00- Musical Monday

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9:00- Current Events
9:30- Sing Along
10:30- Manicures
1:30- Tuesday Trivia
3:00-Mini Caramel Apples
6:00- Board Games

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9:00- Walking Club
9:30-Sensory Stimulation
10:30-Stretch-n-Flex
11:00- Chapel
10:30- **Pizza Tour**
1:30-Wii Bowling
3:00- Coffee & Cocoa

18

9:00- Current Events
9:30 Devotions
10:30- **Betty Debban**
1:30- Balloon Volleyball
3:00- Pumpkin Painting
6:00- Music Time

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9:00- Walking Club
9:30-Sensory Stimulation
10:30-Manicures
11:15- Fit-n-Fun
1:30- BINGO!
3:00- Float Friday
4:00- Kid's Inc.

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9:00- Daily News
9:30- Group Crossword Puzzle
10:00- Card Club
2:00- ***Halloween Movie*** & Popcorn

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10:00- Daily News
1:30- Chapel
2:30- "Sundae Snack"

22

9:00- Walking Club
9:30- Devotions
10:30- News Paper Scavenger Hunt
11:15- Fit-n-Fun
1:30- BINGO!
2:30- Music With Amy!

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9:00- Current Events
9:30- Music Time
10:30-Manicures
1:30- Tuesday Trivia
1:30- Tea Tasting
6:00- Puzzles

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9:00- Walking Club
9:30- Sensory Group
10:30- Stretch-n-Flex
11:00- Chapel
1:30- Halloween Craft
3:00- Pumpkin Spice Lattes

25

9:00- Current Events
9:30- Devotions
10:30- Manicures
1:30- Popcorn Balls
2:00- **Humane Society**
6:00- I Love Lucy

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9:00- Walking Club
9:30- Sensory Group
10:30-Science Experiment
11:15-Fit-n-Fun
1:30- BINGO!
3:00- Frankenstein Fri.

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9:00- Daily News
9:30- Board Games
10:00- **Laura Green Home Safety/ Exercises**
2:00- Movie & Popcorn

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10:00- Daily News
1:30- Chapel
2:30- Sunday Sweet Treat

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9:00- Walking Club
9:30- Devotions
10:30-Halloween Trivia
11:15- Fit-n-Fun
1:30- BINGO!
3:00-Candy Corn Trail Mix

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Halloween
9:00- Current Events
9:30- Halloween Sing-a-longs
10:00- Kid's Inc.
1:30- Halloween Movie
3:00- Halloween Party

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October

