

*"November comes
And November goes,
With the last red berries
And the first white snows."*

Elizabeth Coatsworth, "November Comes"

November is the eleventh month on the Gregorian calendar, but before January and February were added to the calendar, November was the ninth month. November is widely considered a month dedicated to remembering deceased ancestors and loved ones: The Roman Catholic holiday All Souls' Day, Mexico's Dia de los Muertos (Day of the Dead), United States' Veterans Day, and Canada's Remembrance Day are all celebrated in November.

Carmel

HAPPENINGS
NOVEMBER



November Newsletter

Fill Up on Turkey Trivia

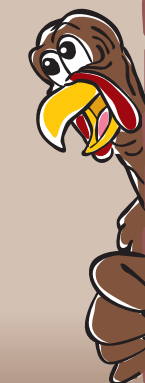
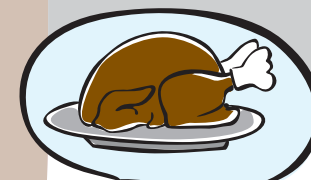
- A turkey typically has about 70 percent white meat and 30 percent dark meat.
- Americans eat about 690 million pounds of turkey on Thanksgiving—the weight of the entire population of Singapore.
- Astronauts eat turkey on Thanksgiving too. One of the first meals in space was a turkey dinner.
- Benjamin Franklin wanted the national bird to be the turkey not the eagle.
- Turkey was not served the first Thanksgiving in 1621. Historians say most likely deer or game was on the menu.
- Thanksgiving was almost a fast, not a feast! Historians say Pilgrims wanted to celebrate harvest by fasting until the Native Americans showed and they feasted for three days!

Precious Public Announcements

It is finally November and time to prepare for the holidays! Yes pie and turkey is in our near future and we cannot wait! Holiday season means one thing to us here at Bickford, FAMILY! This is the time we appreciate the people we love and share our triumphs and our struggles with. I am looking forward to figure out new ways to become closer with our residents and BFMs. After all it takes all of us to make sure our family is doing well.



Bickford
assisted living
& memory care



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This calendar is subject to change. Notice will be given at time of change.

November

9:45 Coffee and Chat
10:30 Exercise
11:15 Wordstretch
2:00 Cooking Club
4:00 Bible Study

9:45 Card Club
10:30 Exercise
2:00 Mens Club
3:15 Sing A Long
6:00 Fireside Chat

9:45 Hangman
10:30 Exercise
11:15 Puzzles
1:30
3:30 Happy Hour
6:00 Movie Night

10:30 Bingo
1:30 Wordsearch
3:30 Board Games
6:00 Fireside Chat

10:30 Wacky Words
1:30 Cards and Games
3:00 Sunday Service
4:00 Daily Chronicles
6:00 Fireside Chat

9:30 Tai Chi
11:00 Nails
1:30 Shopping
3:30 Art Club

9:45 Coffee and Chat
10:30 Bingo
2:00 Exercise
3:15 Ice Cream Social

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6:00 Fireside Chat

9:45 Hangman
10:30 Exercise
11:15 Puzzles
1:30
3:30 Happy Hour
6:00 Movie Night

9:45 Veterans Day
Coffee and Donuts
11:00 Veterans Day
Ceremony
3:30 Which War Was It
6:00 Veteran's Movie
Night

10:30 Wacky Words
1:30 Cards and Games
3:00 Sunday Service
4:00 Daily Chronicles
6:00 Fireside Chat

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2:00 Cooking Club
4:00 Bible Study

9:45 Card Club
10:30 Thanksgiving
Charades
1:30 Thanksgiving Day
Football
3:15 Trivia
6:00 Fireside Chat

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