



Getting to Know You:

Hi, My name is Sandra Rivera. I have worked at Bickford of Tinley Park as a Licensed Practical Nurse for 7 months. I have been married to my patient husband for almost 12 years. We have 3 very dramatic daughters aging 14, 10 and 5 years old. Some of my favorite things to do on my free time are spending time with my family, eat, dance and sleep.

Halloween Day

Families are invited to bring their children, grandchildren and great grandchildren for trick or treating at Bickford. We ask each family to supply their loves ones with candy. Children will have the opportunity to go door to door collecting candy. Hot Chocolate & Treats will be served.

Tinley Park

HAPPENINGS

OCTOBER



Today is a Good Day to Make Memories!

A very Special Thank You to Taylor (CNA) for baking dozens of homemade gourmet cupcakes for our Bake Sale for the Alzheimers Walk-A-Thon. Taylor goes above and beyond in helping me with activites and socials for families.



Happiness in our Home!

It is hard to believe that fall is upon us. What comes to your mind when you think of Autumn? For me the fall brings changing leaves, pumpkin spice lattes, crisp fall air, late nights, hot chocolate, bon fires, taffy apples hay rides and family. Whatever it may be everyone has a soft spot for fall. This month I have added a variety of activities. I hope everyone will join in on the fun. If there is an activity you would like to share, please let me know.

Rene Cwyl
(Life Enrichment Coordinator)

Halloween Fun! Once again we will be having a door decorating contest for Halloween. We are asking for family members to help with decorating their loved ones apartment doors to win a prize. We will have three categories: Scariest, funniest and Most Original. Voting will be made by Bickford Family Members. Below is an example of last years contest.



October Birthdays:

Marge Radecki - 10/1
 Barb Anderson - 10/5
 Mary O'Donnel - 10/7

October Fun Days!

- 2nd Suspenseful Series Day
- 4th Taco Day
- 8th Crazy Cookie Day
- 9th Football Tailgate Party
- 11th Octoberfest with Frank Rossi
- 12th Family History Day
- 15th I Love Lucy Premier Anniversary
- 19th Doughnut Day
- 20th Dracula Day
- 21st Scarecrow Day
- 22nd Back to the Future Day
- 23rd Eatin Pumpkin Day
- 23rd Polish Party- With Bruce Korosa
- 26th Pretzel Day
- 31st Halloween

1:30 Bible Study with Chaplin Anah
 2:30 Bingo
 2:20 Cubs Game 1

10:30 Exercise
 11:30 Trivia Time
 2:30 Bingo
 3:30 Walgreens Trip
 7:00 Dancing with the Stars 2

10:30 Exercise w/ John
 11:00 Getting to Know You
 1:30 Cards with Sue
 3:00 Tinley Park Library
 4:00 Word Searches 3

10:30 Exercise
 11:00 Balloon Volley
 1:30 St. Stephen Church - Rosary
 2:30 Bingo
 3:30 Taco Social
 7:00 Movie Night 4

Beauty Salon is Open
 10:30 Doughnuts/Cof w/ John
 1:30 Yahtze
 2:30 Hymns with Chaplin Tia
 3:30 Bingo 5

10:30 Exercise
 11:30 Lunch Trip to Pete's 2
 2:30 Quarter Bingo
 4:00 Bunco
 TBD Cub's Playoffs Game 1 6

10:30 Exercise
 11:00 Balloon Volleyball
 2:30 Candy Bingo
 7:30 TBD Cubs Playoffs G2 7

10:30 Word Puzzles
 2:30 Crazy Cookies
 7:00 Movie Night 8

9:30 Crafts with Laura
 1:30 Bible Study with Chaplin Anah
 2:30 Bingo
 3:30 Jewel Trip
 6:00 Bears Tailgating
 7:30 Bears vs. Vikings 9

10:30 Exercise w/ John
 11:30 Trivia Time
 1:15 Cards with Sue
 2:00 Culinary Delights with Joann
 3:30 Bingo
 TBD Cubs Playoffs 10

10:30 Exercise
 11:00 Basketball Shots
 1:30 St. Stephen Church Mass
 2:15 OCTOBERFEST with Frank Rossi
 7:00 Movie Night 11

Beauty Salon is Open
 10:30 Doughnuts/Cof with John
 1:30 Family Day Reminisce
 2:30 Hymns w/Tia
 7:00 TBD Cubs Playoffs 12

10:30 Exercise
 11:00 Balloon Volley
 11:30 Lunch Trip to Gattos Restaurant
 1:30 Quilting with Jill
 2:30 Quarter Bingo
 4:00 Bean Bag Toss 13

Door Decorating Begins
 10:30 Exercise
 2:30 Candy Bingo
 4:00 Puzzles
 7:30 Hawks Game 14

12:00 Football - Chicago Bears VS. Baltimore Ravens
 2:30 Bingo
 7:00 Popcorn & A Movie 15

10:30 Exercise
 11:00 Brain Quest
 1:30 Bible Study with Chaplin Anah
 2:30 Bingo
 3:30 Walgreens Trip
 7:00 TV Shows 16

10:00 P.A.W.S Visit
 10:30 Exercise w/John
 11:00 Trivia Time
 1:30 Cards with Sue
 2:30 Ice Cream Social
 6:00 Puzzles/Adult Coloring 17

10:30 Tom's Hangout with the Men
 1:30 St. Stephen Church Rosary
 1:45 Games with Mary
 3:30 Bingo Buck Country Store 18

Beauty Salon is Open
 10:30 Doughnuts/Cof with John
 2:30 Hymns w/Chaplin Tia
 3:30 Prize Bingo
 6:30 Bulls Game 19

11:00 South Suburban O.T Students Craft
 1:30 Quilting with Jill
 2:30 Trinity Lutheran Church Service
 3:30 Frozen Treats
 7:00 Dracula Movie 20

10:30 Exercise
 11:00 Trivia Time
 2:30 Build Scarecrows
 4:00 Table Top Puzzles
 7:00 Bulls Game 21

12:00 Football - Chicago Bears VS. Carolina Panthers
 2:30 Bingo
 7:00 Back To The Future -Movie 22

9:30 Crafts w/Laura
 10:30 Pumpkin Treats
 1:30 Bible Study
 3:00 Bruce Korosa
 7:00 Dancing with the Stars 23

10:30 Exercise w/ John
 11:00 Trivia Time
 1:30 Cards with Sue
 3:00 Tinley Park Library Visit
 4:00 Sing A Long
 6:00 Puzzles 24

10:30 Exercise
 11:00 Basketball Shots
 1:30 St. Stephen Church Communion
 1:45 Games With Mary
 2:30 Bingo Buck Store
 4:00 Bunco 25

Beauty Salon is Open
 10:30 Pretzel Creations with John
 2:30 Hymns w/Chaplin Tia
 3:30 Resident/Dining Council Meeting 26

10:30 Exercise
 11:00 Cranium Crunch
 1:30 Quilting with Jill
 3:00 Bingo Bucks
 4:15 Texas Road House Dinner Trip
 7:00 Movie Night 27

10:30 Exercise
 11:00 Trivia Time
 2:30 Halloween Craft
 3:30 Word Searches
 7:00 Bulls Game 28

12:00 Football Chicago Bears VS. New Orleans Saints
 2:30 Bingo
 7:00 Movie & Popcorn 29

10:30 Exercise
 11:00 Brain Quest
 1:30 Bible Study with Chaplin Anah
 2:30 Bingo
 7:00 Adult Coloring 30

10:30 Exercise with John
 11:00 Halloween Trivia
 2:00 Ice Cream Social
 2:30 Door Decorating Contest Winners
 3:00 Trick-or-Treat 31

Activites are subject to change. Please check your daily activity sheets.

October

