

Happiest of Birthdays to...

Louise Clyne---October 8th
 Shirley Doggett---October 9th
 Bertha Bjornson---October 16th
 Charlie Butters---October 16th
 Annalue Ceretti---October 18th
 Sue Helmick---October 29th



We've Got it Going On!

Puppy Spooktacular Calling all Dogs!!! The "Little" Dog Show is back. Friday, October 27th marks our 4th Puppy Spooktacular. The show runs from 3-4pm and is not just

Meet our Massage Therapist Studies have proven that loving touch helps keep us humans happy and healthy. We have a wonderful massage therapist who comes once per month to offer massage. Join us on Sunday, October 29th at 10:15 am for refreshments, and a chance to meet our L.M.T. Ashley Roen.

for small pooches. Branch dogs, dogs of resident's families, and friends of Bickford dogs will all be decked out in Halloween attire and on stage. The event will feature both a Trick-or-Treat Bar, and a Puppy Snack Bar. If your dog plays well with others and would like to be part of the show, contact Mary Pat, or Rosslyn for more information.

Flu Shots Flu shots will be available at Bickford this October and administered by our RN's. Stay tuned for date and time

Family Council Join us for cookies, coffee, and a brief meeting to go over the results of our annual Happiness Survey on Wednesday, November 8th at 5:30 pm.



Resident Spotlight

Doris Williams

50's Day

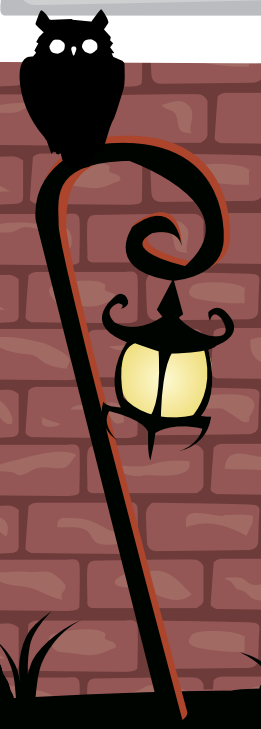
Doris was raised on a farm in Story County. She met her husband, Elmer, while in High School in Nevada. They had two daughters, Bernadine, and Marlene. Doris and Elmer ran a Maid Rite Shop in Nevada and later built their own restaurant, The Starlight Lounge. It was a local favorite for many years.

After retiring from the restaurant business they continued to work maintaining several rental properties. During free time, Doris and Elmer loved fishing in Story County and Canada, hunting morels, and playing golf. Doris' grandchildren, great grandchildren, and great-great grandchildren bring her lots of joy and keep her young.

50's Day was a blast! From dancing, '50s music and bingo, a photoshoot with 1950's cars, to milk shakes and Roy Rogers movies our branch was filled with smiles and fun.

Special Thanks to George Archer and family for bringing a 1950 Ford, and 1952 Lincoln to our front driveway for all of us to take photos with and admire.

Pictured below from left: Josephine, Mary, Wally, and Donna





10a Coffee Talk
1p Card Games
4p Church Service
6:15p Dominos

1

9a Current Events
9:30a Group Exercise
10a Walk and Roll
10:30a Wheel of Fortune
1:15p Bean Bag Baseball
3p Card Bingo
4p Rosary with Kathy
6:15p Bake Bread

2

9a Current Events
9:30a Zumba Gold
10a Bible Study
10:30a Autumn Craft
1:15p Bean Bag Baseball
2p Bickford Bakers
3p Cards
6:15p Dice

3

9a Current Events
9:30a Stretching w/
bands
10:15a Giant Crosswords
1:15p Musician Dave Gray
2p Cookies and Coffee
2:30p Name that Tune
6:15p Manicures

4

9a Current Events
9:30a Zumba Gold
10a Chaplain Visit
10:30a Pictionary
1:15p Trivia
2p Catholic Mass
2:30p Wheel of Fortune
6:15p Bean Bag Baseball

5

9a Catholic Chaplain Visit
9a Current Events
9:30a QiGong
10:15a Bingo
1:15p Balloon and Noodle
3p Happy Hour
6:15p Checkers

6

9:30a Group Exercise
10a Coffee Talk
3p Cards
6:15p Puzzles
7p Lawrence Welk

7

10a Coffee Talk
1p Card Games
4p Church Service
6:15p Dominos

8

9a Current Events
9:30a Group Exercise
10a Walk and Roll
10:30a Outing to Blank
Park Zoo
4p Rosary with Kathy
6:15p USA Bingo

9

9a Current Events
9:30a Zumba Gold
10a Bible Study
10:30a Pumpkin Craft
1:15p Pianist Pat Lydon
2p Coffee and Cookies
3p Cards
6:15p Dice

10

9a Current Events
9:30a Stretching w/
bands
10:15a Giant Crosswords
1:15p Resident Council
2:30p General Store
6:15p Kings Corner

11

Family History Day
9a History of Geneology
9:30a Zumba Gold
10a Chaplain Visit
10:30a Map Family
Origins
1:15p Family Trees
2:30p Family History
6:15p Uno

12

9a Catholic Chaplain Visit
9a Current Events
9:30a QiGong
10:15a Bingo
1:15p Blank Park Zoo
animals visit
3p Happy Hour
6:15p Checkers

13

9a Current Events
9:30a Group Exercise
10a Arm Chair Travels
1p Wii Wheel of Fortune
2p Apple Craft
3p Apple snacks
6:15p Puzzles
7p Lawrence Welk

14

10a Coffee Talk
1p Card Games
4p Church Service
6:15p Dominos

15

9a Current Events
9:30a Group Exercise
10:30a Breast Cancer
Craft
1:15p General Store
3p Card Bingo
4p Rosary with Kathy
6:15p Bake Pumpkin
Bread

16

9a Current Events
9:30a Zumba Gold
10a Bible Study
10:30a Art
1:15p Wii Wheel of
Fortune
2p Card Games
6:15p Dice

17

9a Current Events
9:30a Stretching w/
bands
10:15a Giant Crosswords
1:15p Bday party
Musician John
Schumacher
6:15p Kings Corner

18

9a Current Events
9:30a Zumba Gold
10:30a Chaplain lunch
outing to Chicago
Speakeasy
2p Catholic Mass
2:30p Manicures
6:15p Adult Coloring

19

9a Catholic Chaplain Visit
9a Current Events
9:30a QiGong
10:15a Bingo
1:15p Bean Bag Baseball
3p Happy Hour
6:15p Movie and Popcorn

20

9:30a Group Exercise
10a Coffee Talk
3p Cards
6:15p Puzzles
7p Lawrence Welk

21

10a Coffee Talk
1p Card Games
4p Church Service
6:15p Dominos

22

9a Current Events
9:30a Group Exercise
10a Walk and Roll
10:30a Shopping Trip
1:15p Bean Bag Baseball
3p Card Bingo
4p Rosary with Kathy
6:15p Autumn Craft

23

9a Current Events
9:30a Zumba Gold
10a Bible Study
10:30a General Store
1:15p Wheel of Fortune
2:15p Bickford Bakers
6:15p Balloon and Noodle

24

9a Current Events
9:30a Stretching with
bands
10:15a Bill Connett
1:15p Famous Couples
and Faces
2:15p Milk Shakes
3:15p Checkers
6:15p Kings Corner

25

9a Current Events
9:30a Zumba Gold
10:30a Trick-or-Treaters
from Traditions
1:15p Games
2:30p Manicures
6:15p Bean Bag Baseball

26

9a Catholic Chaplain Visit
9a Current Events
10:15a Bingo
1:15p Pictionary
3p Puppy Spooktacular
6:15p Checkers

27

9:30a Group Exercise
10a Coffee Talk
3p Cards
6:15p Puzzles
7p Lawrence Welk

28

9a Exercise
10:15a Meet Massage
Therapist
1:15p 40's/50's Trivia
2:15p Walk and Roll
2:30p Crafting
4p Church Service
6:15p Dominos

29

9a Current Events
9:30a Group Exercise
10a Storyteller Jim
Garnett
1:15p Bean Bag Baseball
3p Card Bingo
4p Rosary with Kathy
6:15p Conversation
Starters

30

Halloween
9a Current Events
9:30a Zumba Gold
10a Bible Study
10a Massage w/Ashley
1:15p Halloween Craft
2:30p Bickford Bakers
6:15p Bean Bag Baseball

31

October

