

NATIONAL ASSISTED LIVING WEEK....

We celebrated with the Grandparents Brunch Buffet with Ham, Hash Brown Casserole, Egg Bake, Pumpkin Oatmeal, Rolls/Muffins, Fresh Fruit and Pie. There were games, a balloon artist and music by the Star City Blend. Then we visited the zoo on Tuesday which happened to be a very hot day!! We were all worn out at the end of the day. There was good food and music by Bill Chrastil for our 50's day. The Life Lowry Organ Group was here on Friday and we had a tailgate lunch on Saturday with Beer, Soda and good food and friends. It was a very enjoyable Assisted Living Week and thanks to all that participated and continue to make Bickford a warm home to everyone.



UPCOMING EVENTS

SOUP SUPPER & FAMILY COUNCIL MEETING MONDAY NOVEMBER 6th at 5:00pm. Soup Supper with meeting to follow.

FLU SHOTS will be available tentatively Tues Oct 31st or Nov 7th. Please see Kari or Kaylee for paperwork to sign and with any questions regarding the Flu Shots.

If interested in attending please RSVP, we will be going over family survey results. No longer have a door code. We have upgraded our system and now use key fobs, these are only for employees (Bickford Family Members) and Residents Families. If you have any questions regarding any of this please see Renee (Director) or Katie (Asst. Director).

Flu vaccinations have been used to diminish the effects of the flu season. In the United States, the flu season is considered October through May. It usually peaks in February. Some causes:
 *people are indoors more often during the winter and that they are in close contact more often.
 *A seasonal decline in the amount of ultraviolet radiation.
 *Cold temperatures lead to drier air
 *Viruses are preserved in colder temperatures.

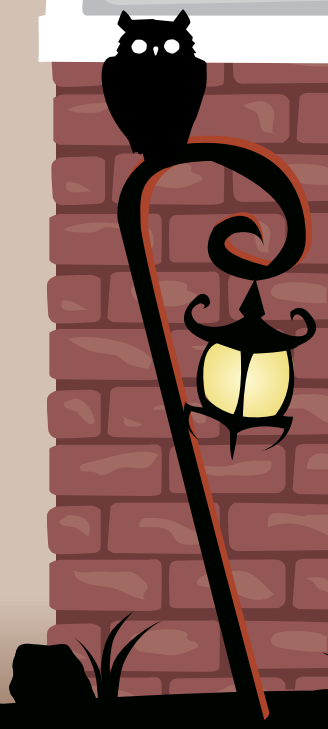


HAPPENINGS IN SEPTEMBER & OCTOBER



On Sunday October 8th at 2:00pm we will have a special music performance by Christopher Hopp, the grandson of Jeanne Giles. He will be performing in honor of her 81st Birthday (which is actually Oct 3rd). The family will have a celebration of refreshments served by her three daughters, their husbands and families. Christopher has his bachelor's degree in piano performance with Dr. James D. Johnson and Masters in piano performance with a pedagogy emphasis studying with Dr. Slawomir Dobrzanski. Everyone is welcome to enjoy music and refreshments.

Early supper on Halloween, it will be at 4:30. Trick or Treaters welcome 5:30-8:00. Any questions see Teresa



OCTOBER BIRTHDAYS

RESIDENT BIRTHDAYS

JEANNE GILES	10/3
MARILYN RUSSELL	10/7
MARY PEO	10/8
LINNA MORT	10/10
SANDY SCHMOKER	10/13
BEA COOPER	10/21
GLAUCIA HANSEN	10/24
MAXINE MILLER	10/24
DEANNA EVERSOLL	10/31

BICKFORD FAMILY MEMBERS BIRTHDAYS

JAMI DEFFENBAUGH	10/1
BRIANNA JONES	10/10
MELISSA URBAUER	10/12
NICHOLE JOHNSEN	10/17
CANDICE TOOMBS	10/18
JACKIE PODRAZA	10/18
DEANNA STEWARD	10/18
LAYTOYIA GREEN	10/27

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<p>9:45 Balloon Toss 10:30 Devotions 2:00 The Kramer Sisters 6:30 Classic TV "Murder She Wrote" (DVD) 1</p>	<p>9:45 Stretching Exercises 10:30 October Trivia 1:30 Manicures 6:30 Spelling Bee 2</p>	<p>9:45 Coffee Club (Classic Tv) 10:30 Food Council Meeting 2:00 Bingo w/ Pam 6:30 Wii Games 3</p>	<p>9:45 Walking 10:30 Mass w/ Father Bourek 2:00 Old Time Music 6:00 Documentary "Ghost Towns" (DVD) 4</p>	<p>9:45 Reminiscing 10:15 Chapel Service 1:30 Resident Shopping 2:00 Movie & Popcorn "Hocus Pocus" (DVD) 6:30 Bingo w/Pam 5</p>	<p>9:45 Scattergories 10:30 Yoga w/Anita Noon Men's Lunch 2:30 Pioneer Park Nature Center Visit 6:30 Card Games 6</p>	<p>9:45 Weightlifting 10:30 Hunting 2:00 Crafts (Pumpkin Painting) 6:30 Bean Bag Toss NE vs. Wisconsin (TBA) 7</p>
<p>9:45 Balloon Toss 10:30 Devotions 2:00 Concert Pianist "Christopher Hopp" 6:30 Classic TV "Murder She Wrote" (DVD) 8</p>	<p>9:45 Stretching Exercises 10:30 Columbus Day 1:30 Manicures 6:30 Spelling Bee 9</p>	<p>9:45 Coffee Club 10:00 Paul Mitchel School Visit (giving free hugs today) 2:00 Bingo w/ Pam 6:30 Just Us 10</p>	<p>9:45 Walking 10:30 Mass w/ Father Bourek 1:30 Outing to Wanda's Garden Party 6:00 Documentary "Ghost Towns" (DVD) 11</p>	<p>9:45 Family History Day 10:15 Chapel Service 2:00 Music by Tom Roth 6:30 Bingo w/Pam 12</p>	<p>9:45 Scattergories 10:30 Yoga w/Anita Noon Men's Lunch 2:00 Movie & Popcorn "Abbott & Costello Meet Frankenstein" (DVD) 6:30 Bean Bag Toss 13</p>	<p>9:45 Weightlifting 10:30 Hunting 2:00 Monthly Birthday Party w/ Dick Patterson) 6:30 Bean Bag Toss NE vs. Ohio State (TBA) 14</p>
<p>9:45 Balloon Toss 10:30 Devotions 2:00 Ice Cream Social 6:30 Classic TV "Murder She Wrote" (DVD) 15</p>	<p>9:45 Stretching Exercises 10:30 Squirrely Squirrels Noon Resident Choice Meal 1:30 Manicures 6:30 Spelling Bee 16</p>	<p>10:00 Outing to LaMars Donuts for Coffee and Donuts 2:00 Bingo w/ Pam 6:30 Just Us 17</p>	<p>9:45 Walking 10:30 Mass w/ Father Bourek 2:00 The Rockenbachs 6:00 Documentary "Ghost Towns" (DVD) 18</p>	<p>9:45 Reminiscing 10:15 Chapel Service 1:30 Resident Shopping 2:00 Movie & Popcorn "The Ghost & Mr. Chicken" (DVD) 6:30 Bingo w/Pam 19</p>	<p>9:45 Scattergories 10:30 Yoga w/Anita Noon Men's Lunch 2:00 Fun w/Food (Apple Recipes Cookoff) 6:30 Card Games 20</p>	<p>9:45 Weightlifting 10:30 Hunting 2:00 Crafts (Scarecrows) 6:30 Bean Bag Toss NO GAME 21</p>
<p>9:45 Balloon Toss 10:30 Devotions 2:00 National Nut Day & Ice Cream Social 6:30 Classic TV "Murder She Wrote" (DVD) 22</p>	<p>9:45 Stretching Exercises 10:30 Mystery Monday 1:30 Manicures 3:00 Resident Council Meeting 6:30 Spelling Bee 23</p>	<p>9:45 Coffee Club (World Series Begins) 10:30 Current Events 2:00 Bingo w/ Pam 6:30 Just Us 24</p>	<p>9:45 Walking 10:30 Mass w/ Father Bourek 2:00 The Clefs 6:00 Documentary "Ghost Towns" (DVD) 25</p>	<p>9:45 Reminiscing 10:15 Chapel Service 2:00 Movie & Popcorn "Young Frankenstein" (DVD) 6:30 Bingo w/Pam 26</p>	<p>9:45 Scattergories 10:30 Yoga w/Anita Noon Men's Lunch 2:00 Fun w/ Food (Halloween Treats) 6:30 Card Games 27</p>	<p>9:45 Weightlifting 10:30 Hunting 2:00 Crafts 6:30 Bean Bag Toss NE vs. Purdue (TBA) 28</p>
<p>9:45 Balloon Toss 10:30 Devotions 2:00 Ice Cream Social 6:30 Classic TV "Murder She Wrote" (DVD) 29</p>	<p>9:45 Stretching Exercises 10:30 Jack O Lantern Trivia 1:30 Manicures 6:30 Spelling Bee 30</p>	<p>9:45 Coffee Club (Halloween Trivia) 10:30 Current Events 1:30 Halloween Party & Bingo w/ kids from Montessori 4:30 Early Supper 5:30 Trick or Treaters 31</p>				

