



Bickford News You Can Use

Hello Families- As we prepare for the holidays let's take a look at some things that are approaching:

Oct. 11th: Curtis Orchard-Rescheduled
Departs: 1:30p cost varies upon purchase

Oct. 12th: Family History Day please send in pictures of your loved one via e-mail, text, or drop off, to LEC Shakiah Grayned.

Oct. 16th: Flu Clinic from 1pm-3pm to residents and staff members.

Oct. 18th: Senior Luncheon-Departs: 10:30a cost \$5

Oct. 19th- Pumpkin art w/ Carriage Crossing-Departs: 1:30p no cost

Oct 19th-Family Night w/ Harbor Light at 6:30pm Join Community Liason, Jamie Beck for a game and refreshments.

Oct. 25th- Mini Ponies will visit us in their Halloween costumes at 1:30pm.

Oct. 31st- Halloween join for a costume contest, play games, and pass out treats to our scary little guest.

**We are also taking candy donations for Halloween, please contact LEC Shakiah if you are able to donate.



Note from the Director

Fall is finally here and we look forward to crisp weather, apple cider and watching the leaves change color.

With the beauty of the season we also encounter the flu virus. I encourage everyone to continue proper handwashing and to remain home if you are experiencing any flu like symptoms.

While we are happy to see everyone, we want to ensure overall health of residents and BFMS; so please cover your sneeze.

For additional information on the Flu Clininc, please reach out to RNC Amanda O'Brien.

We appreciate you helping us keep everyone safe during this time.

Also, please mark your calendars for our monthly Resident Council Meeting, held every third Wednesday of the month at 2:00pm, located in Assisted Living.

We love hearing how we are doing and finding out how we can better serve you and your family!

Sincerely,
Jessica Lyles



Happy Birthday

Florence Cooper - 19th

October Fun Facts

- The first "Model T" Ford was put on the market, October 1, 1908.
- The Soviet Union launched its first artificial satellite, Sputnik, October 4, 1957.
- The first double-decked steamboat, the Washington, arrived at New Orleans, October 7, 1816.
- The great fire of Chicago began, and burned for about 30 hours, October 8, 1871.
- The United States flag was formally raised over Alaska, October 18, 1867.
- The first transcontinental telegram was sent on October 24, 1861.

* = Located in Mary B's
 ~ = Located in Assisted Living



11a Fitness for the Ages U Of I Students
 1:30p Kings in the Corner
 3p Church Service w/ John*
 6p Fireside Cocoa & Chat 1

11a Fitness for the Ages U Of I Students
 1:30p Kings in the Corner
 3p Church Service w/ John-
 6p Fireside Cocoa & Chat 8

11a Fitness for the Ages U Of I Students
 1:30p Kings in the Corner
 3p Church Service w/ John*
 6p Fireside Cocoa & Chat 15

11a Fitness for the Ages U Of I Students
 1:30p Kings in the Corner
 3p Church Service w/ John-
 6p Fireside Cocoa & Chat 22

11a Fitness for the Ages U Of I Students
 1:30p Kings in the Corner
 3p Church Service w/ John*
 6p Fireside Cocoa & Chat 29

9:45a Word Search
 11a Exercise
 1:15p Creative Creation: Bootiful Door
 2p Guys & Dolls/Popcorn
 7p Card Game 2

Columbus Day
 9:45a Word Search
 10a Columbus Trivia
 11a Exercise
 1:15p Creative Creation:DIY Compass
 2p Rear Window & Popcorn 9
 7p Card Game

Flu Clinic
 9:45a Word Search
 10:30a Kay's Uklele
 1:15p Creative Creation: Jack-O-Jar
 2p The Left Handed Gun & Popcorn 16
 7p Card Game

9:45a Word Search
 11a Exercise
 1:15p Creative Creation: Treat Box
 2p The Man Who Know Too Much & Popcorn
 7p Card Game 23

9:45a Word Search
 11a Exercise
 1:15p Elisha's Spooky Treats
 2p House On Haunted Hill & Popcorn
 7p Card Game 30

9:45a Coffee Talk
 11a Exercise
 11:45a Who? What? When?
 1:30p Jeopardy
 2p Balance Class
 3p Devotion John-
 6p Wheel Of Fortune 3

9:45a Coffee Talk
 11a Exercise
 11:45a Who? What? When?
 1:30p Cranium Crunch
 2p Ball Toss
 3p Devotion John* 10
 6p Wheel Of Fortune

9:45a Coffee Talk
 11a Exercise
 11:45a Who? What? When?
 1:30p Jeopardy
 2p Balance Class
 3p Devotion John- 17
 6p Wheel Of Fortune

9:45a Coffee Talk
 11a Exercise
 11:45a Who? What? When?
 1:30p Cranium Crunch
 2p Seated Soccer *
 3p Devotion John* 24
 6p Wheel Of Fortune

9:45a Coffee Talk
 10a Kids 1st Daycare
 11a Exercise
 11:45 Who What When
 1:30p How Many Words
 2p Dem Bones
 3p Devotion John- 31
 4:15 Halloween Party
 6p Wheel Of Fortune

TACO DAY
 9:45a Brain Teaser
 11a Exercise
 1p Bridget Melody
 3p Taco Trivia/Taco Prep
 3:30p Walking Taco 4
 7p Card Game 5

LPN Awareness Week
 9:45a Brain Teaser
 11a Exercise
 12p Birthday Lunch
 1:30p Curtis Orchard
 3:30p Cookies for LPN
 7p Card Game 11

Fire Drill
 10:30a Senior Luncheon
 11a Exercise
 1p Bridget Melody
 2p Resident Council
 3p Jeopardy 18
 7p Card Game

Breast Cancer Month
 9:45a Brain Teaser
 11a Exercise
 1:15p Mini Ponies
 3p Breast Cancer Wreaths
 7p Card Game 25

9:45a Coffee Talk
 11a Exercise
 1p Last Letter Game
 2p Pet Therapy Morgan
 3p Bowling
 6p Wheel Of Fortune 5

Family History Day
 9:45a Coffee Talk/Family Tree
 11a Exercise
 1:30p Guess Who??
 2:15p Ring Toss
 3p Let's Talk Arthritis 12
 6p Wheel Of Fortune

9:45a Brain Teaser
 11a Exercise
 1:30p Outing
 2p Pet Therapy Morgan
 3p Hank & Friends *
 6:30p Family Night w/ Harbor Light 19

Bootiful DAY
 9:45a Brain Teaser
 11a Exercise
 1:30p Double O
 2:15p Ring Toss
 6p Wheel Of Fortune 26

9:45a Coffee/Donuts
 11a Exercise
 1p Guitar Solo John *
 2p BINGO
 3:30p Cranium Crunch
 7p Movie Night 6

Evacuation Drill
 9:45a Coffee/Donuts
 11a Exercise
 1p Guitar Solo John -
 2p Pumpkin BINGO
 3:30p Word Search
 7p Movie Night 13

9:45a Coffee/Donuts
 11a Exercise
 1p Guitar Solo John *
 2p BINGO
 3:30p Cranium Crunch
 7p Movie Night 20

Missing Resident Drill
 9:45a Coffee/Donuts
 11a Exercise
 1p Guitar Solo John -
 2p BINGO
 4:30p Social Hour Angelicka
 7p Movie Night 27

Alzheimer's WALK
 9a Alzheimer's Walk
 9:15a Manicures
 10a Piano Music Dee-
 11a Exercise
 1p Skip-Bo
 2p Pop & Pocom 7

9:15a Manicures
 10a Piano Music Dee -
 11a Exercise
 1p Skip-Bo
 2p Orange and Blue Day Tailgate: Illini vs. Ruger 14

9:15a Manicures
 10a Piano Music Dee -
 11a Exercise
 1p Skip-Bo
 2p Pop & Popcorn 21

9:15a Manicures
 10a Piano Music Dee -
 11a Exercise
 1p Skip-Bo
 2p Orange and Blue Day Tailgate: Illini vs. Wisconsin 28

October

