



Follow the Yellow Brick Road to Happiness!

Studies by the CDC estimate 7 million American adults over the age of 65 experience depression. So often our Americans are offered medications to treat depression with no alternative therapy solution. We have a problem with this!

Bickford of Carmel and Transitions Hospice would like to offer our residents and you, the families a safe environment to share your feelings and learn to cope with the many challenges of life, called Finding Joy. During these support group sessions residents and families who wish to attend will be able to openly share their challenges, learn how to cope with those challenges and find joy inspite of lifes struggles.

Finding Joy
Private Dining Room
Wednesday 11am
Facilitated by
Mac Burberry Chaplain, Transitions Hospice and
Precious Highbaugh Assitant Director
Please contact Precious Highbaugh if you are interested
precious.highbaugh@enrichinghappiness.com
317-619-4630



Bickford
assisted living
& memory care

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