



August was a very busy month for us here at Bickford. We welcomed many new faces and are starting to get to know each other more! Looking forward to a busy, fun September!

Happy Birthday to you!:
Harriet Morris 9/13
Viola Koster 9/15
Leora Zahorik 9/23
Lillian Burnside 9/27



National Assisted Living Week

National Assisted Living Week is September 10-16, 2017. The theme this year is "Family is Forever."

The theme this year is very personal for us here at Bickford. We call our staff "Bickford Family Members" Knowing that each and every resident that comes to us is someone else's cherished family member, we as Bickford Family Members strive intently to care for our residents just as we would for our own loved ones.

Mary Arlene Bickford is the seed of the Bickford Family Tree. Our foundational belief is "Created to Care for our Family, Devoted to Serving Yours."

Knowing that each and every resident that comes to us is someone else's cherished family member, we as Bickford Family Members strive intently to care for our residents just as we would for our own loved ones.

Football Fun Facts

The original game of American Football looked like a mix of soccer and rugby. It involves an oval-shaped ball called a football. The objective of the game is to get the ball into the end zone for a touchdown. This is normally accomplished by having the quarterback throw the ball to another player, who then runs it into the end zone or passes it to another player. The opposing team attempts to stop play by tackling players or intercepting the ball. Each touchdown is worth six points.

Football facts tell us the first football game was played in 1869 between Rutgers and Princeton in New Jersey. At the time, the rules did not resemble the modern game we are used to seeing. Eleven years later in 1880, Walter Camp codified the game with a series of rules, including team size and the system of downs. He is widely considered the father of football, though his rules have since been modified.



S

M

T

W

T

F

S

September

10a Sunday Paper
1:30p Chapel
3p Help water plants
6p Dominoes

3

Labor Day
9a Walking Club
10a Noodle Ball
1:30 Bingo
3p Hat Chat
6p Puzzles

4

9a Walking Club
9:30a Devotions
10a Cooking Club
1:30 Adult Coloring
3p Social Snack
6p Cards

5

9a Walking Club
9:30a Trivia
11a Chapel
1:30 Music with Linda
3p Hand Massages
6p Dominoes

6

9a Walking Club
9:30 Devotions
10a Stretch and Flex
1:30 Board Games
3p Hangman
6p Puzzles

7

9a Walking Club
9:30a Devotions
10a Manicures
1:30p Bingo
3p Happy Hour
6p Cards

8

9a Walking Club
9:30 Devotions
10:30 Seated Exercises
2p Movie and Popcorn
6p Board Games

9

Grandparent's Day
10a Sunday Paper
1:30 Chapel
3p Help water plants
6p Dominoes

10

9a Walking Club
9:30 Devotions
10a Target Ball
1:30 Bingo
3p Make Sundaes
6p Puzzles

11

9a Walking Club
9:30 Devotions
10a Cooking Club
1:30 Crafts
3p Back Massages
6p Cards

12

50's Day
9a Walking Club
9:30a 50's Hangman
11a Chapel
1:30-3:30p Make Vinyl
Records and a Sock
Hop

13

9a Walking Club
9:30 Devotions
10a Noodle Ball
1:30 Make Trail Mix
3p Trivia
6p Board Games

14

9a Walking Club
9:30 Devotions
10a Manicures
1:30 Bingo
3p Happy Hour
6p Puzzles

15

9a Walking Club
9:30a Devotions
10a Favorite Things
2p Movie and Popcorn
6p Cards

16

10a Sunday Paper
11a Trivia
1:30p Chapel
3p Help water plants
6p Board Games

17

9a Walking Club
9:30a Devotions
10a Basketball
1:30 Bingo
3p Root Beer Floats
6p Dominoes

18

9a Walking Club
9:30a Devotions
10a Cooking Club
1:30p Staff Meeting:
Please enjoy a movie
or making bracelets in
the sunroom

19

9a Walking Club
10a Adult Coloring
11a Chapel
1:30p Stretch and Flex
3p Sing Along
6p Cards

20

9a Walking Club
9:30a Devotions
10a Let's Move!
1:30 Penny Ante
3p Puzzles
6p Board Games

21

9a Walking Club
9:30 Devotions
10a Betty Debban
Piano
1:30 Bingo
3p Happy Hour
6p Cards

22

9a Walking Club
9:30 Devotions
10a Noodle Ball
2p Movie and Popcorn
6p Puzzles

23

10a Sunday Paper
11a Trivia
1:30p Chapel
3p Help water plants
6p Dominoes

24

9a Walking Club
9:30a Devotions
10a Kickball
1:15 Bingo
2:30 Music with Amy
6p Puzzles

25

9a Walking Club
9:30a Devotions
10a Cooking Club
2p Carroll Brown Music
3p Hand Massages
6p Cards

26

9:30a Walking Club
10a Hangman
11a Chapel
2p September Birthday
Party
6p Board Games

27

9a Walking Club
9:30 Devotions
10a Exercise Balls
1:30 Penny Ante
3p Root Beer Floats
6p Dominoes

28

9a Walking Club
9:30a Devotions
10a Manicures
1:30 Bingo
3p Happy Hour
6p Puzzles

29

9a Walking Club
9:30 Devotions
10a Hangman
2p Movie and Popcorn
6p Cards

30