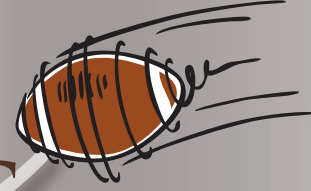
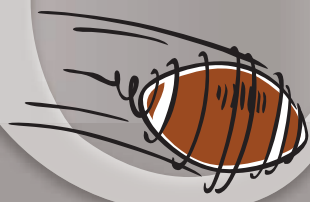




# Hello, September!

## Suffolk HAPPENINGS SEPTEMBER



### What's going on in September

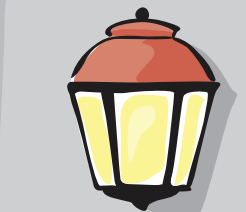


You will not want to miss our Birthday Celebration on Wednesday, September 27, at 3 p.m. Our very own Dietary Manager, Kristen Asher, will be making a scrumptuous cake that you will just love!

#### Famous Birthdays

Estee Lauder 9/1  
Terry Bradshaw 9/2  
Patsy Cline 9/8  
Barry White 9/12  
Mickey Rooney 9/23

9/1 Dairy Queen Ice Cream Outing\*\*  
9/4 Labor Day Social with Roberto Henriquez  
9/7 Joyride\*\*  
9/10 The Teeny Tiny Farm will be visiting along with performer Eddie Sal in Honor of Grandparents Day!  
9/13 50's Day with a Sock Hop in Honor of Assisted Living week!  
9/15 Five Below Shopping Outing\*\*  
9/19 Lunch Outing\*\*  
9/20 Welcome New Neighbor Social  
9/22 Fall Harvest Social  
9/27 Birthday Celebration  
9/28 Joyride\*\*  
\*\*Weather Permitting



*Bickford*  
assisted living  
& memory care



### All About September

Did you know.....

- \* September is the ninth month and the only month with the same number of letters in its name in English as the number of the month.
- \* The only US President to have had a September birthday was William Taft.
- \* In America, the first Sunday after the first Monday in September is celebrated as National Grandparents Day.
- \* Shakespeare did not mention September in any of his plays.
- \* At least six films have the title "September", which is more than any other month.

September 22 is the first day of fall. Here is a fall poem for you to enjoy.

#### Autumn

Emily Dickinson  
The morns are meeker than they were,  
The nuts are getting brown;  
The berry's cheek is plumper,  
The rose is out of town.  
The maple wears a gayer scarf,  
The field a scarlet gown.  
Lest I should be old-fashioned,  
I'll put a trinket on.





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# September

9:30 Watering Outdoor Plants\*\*  
11:00 Games and Puzzles  
2:30 Worship Service  
4:00 Refreshments in the Courtyard\*\*

3

Labor Day  
9:15 Zumba with Alexis  
11:00 Red, White and Blue Trivia  
1:30 Star Spangled Craft  
3:00 Labor Day Social with Roberto  
6:15 Game Hour

4

9:30 Manicures  
11:00 Art class  
2:00 Bingo  
3:30 Flower Arranging  
6:00 Popcorn and a Movie

5

9:30 Coffee Club  
11:00 Penny Pitchin'  
1:30 Bible Study with Sharon  
3:00 Apple Pie Social

6

9:30 Stretch and Tone  
11:00 Poetry Club Outside\*\*  
1:30 Pokeno  
3:00 Joyride\*\*

7

10:00 Walkers Club\*\*  
1:30 Dairy Queen Outing\*\*  
4:00 Scented Hand Rub  
6:00 Popcorn and a Movie

1

9:30 Spelling Bee  
11:00 Balloon Stretch  
2:00 Bingo  
4:00 Cards

2

10:00 Walker's Club\*\*  
1:30 My Two Cents  
4:00 Scented Hand Rub  
6:00 Popcorn and a Movie

8

9:30 Trivia  
11:00 Horseshoes in the Courtyard\*\*  
2:00 Bingo  
4:00 Puzzle Hour

9

Grandparent's Day  
9:30 Watering Outdoor Plants\*\*  
11:00 Slotzball  
1:00 Teeny Tiny Petting Farm and Eddie Sal  
4:00 Worship Service

10

9:15 Zumba with Alexis  
11:00 Back in the Day Trivia  
1:30 Walker's Club\*\*  
3:30 Happy Hour  
6:15 Game Hour

11

9:30 Manicures  
11:00 Art Class  
2:00 Bingo  
3:45 Ring Toss in the Courtyard\*\*  
6:00 Popcorn and a Movie

12

50's Day  
9:30 Coffee Club  
11:00 Penny Pitchin'  
1:30 Bible Study  
3:00 50's Sock Hop in Honor of Assisted Living Week

13

9:30 Stretch and Tone  
11:00 Stories for the Soul Outside\*\*  
12:00 Celebrating Veterans' Luncheon  
3:00 Jewelry Class

14

10:00 Walker's Club\*\*  
1:30 Five Below Shopping Outing\*\*  
4:00 Scented Hand Rub  
6:00 Popcorn and a Movie

15

9:30 Art Class  
11:00 Balloon Stretch  
2:00 Bingo  
4:00 Cards

16

9:30 Watering Outdoor Plants\*\*  
11:00 Games and Puzzles  
2:30 Worship Service  
4:00 Refreshments in the Courtyard\*\*

17

9:15 Zumba with Alexis  
10:00 Pet Therapy with Cher  
1:30 Walkers Club\*\*  
3:30 Happy Hour  
6:15 Game Hour

18

9:30 Manicures  
11:00 Lunch Outing\*\*  
2:00 Bingo  
3:45 Ladder Ball in the Courtyard\*\*  
6:00 Popcorn and a Movie

19

9:30 Coffee Club  
11:00 Penny Pitchin'  
1:30 Bible Study with Sharon  
3:00 Welcome New Neighbor Social

20

9:30 Stretch and Tone  
11:00 Poetry Club Outside\*\*  
1:30 Pokeno  
3:00 Baking with Kristen

21

First Day of Fall  
10:00 Walkers' Club\*\*  
2:00 Fall Harvest Social  
4:00 Scented Hand Rub  
6:00 Popcorn and a Movie

22

9:30 Board Games  
11:00 Ring Toss in the Courtyard\*\*  
2:00 Bingo  
4:00 Puzzle Hour

23

9:30 Watering Outdoor Plants\*\*  
11:00 Slotzball  
2:30 Worship Service  
4:00 Refreshments in the Courtyard\*\*

24

9:15 Zumba with Alexis  
11:00 Hangman  
1:30 Resident Council  
3:30 Happy Hour  
6:15 Game Hour

25

9:30 Manicures  
11:00 Art Class  
2:00 Bingo  
3:45 Horseshoes in the Courtyard\*\*  
6:00 Popcorn and a Movie

26

9:30 Coffee Club  
11:00 Penny Pitchin'  
1:30 Bible Study with Sharon  
3:00 Birthday Party Celebration

27

9:30 Stretch and Tone  
11:00 Stories of the Heart Outside\*\*  
1:30 Pokeno  
3:00 Joyride\*\*

28

10:00 Walkers Club\*\*  
1:30 My Two Cents  
4:00 Scented Hand Rub  
6:00 Popcorn and a Movie

29

9:30 Word Scramble  
11:00 Balloon Stretch  
2:00 Bingo  
4:00 Cards

30