



Family isn't always blood, it's the people in your life that want you in theirs: the ones that accept you for who you are, the ones that would do anything to see you smile and who love you no matter what! - Maya Angelou

Iowa City

HAPPENINGS

SEPTEMBER



Welcome September

Happy September Everyone!

I am so excited for this month. One because it is my 2nd month at Bickford. Two, the weather cools off, the evenings are filled with long walks in warm sweatshirts. This is the time to start planning for fall decorating and pumpkin patch weekends.

There are some new things are happening at our Bickford. We have welcomed new residents and we are expecting our remodel to take place sometime this fall.

Another exciting event happening this month is Assisted Living Appreciation Week!

Staff and residents will be celebrating all week with fun activities and dressing up! I believe we are having at 50's day! It will be an amazing week to celebrate living and working at Bickford.

I hope you all have a wonderful September!

Take care,
**Kaelee Freeman,
Director**

Happy Birthday!

A wish for lots of birthday fun, to last until the day is done.

Hoping that all your wishes come true, and your birthday cake is as sweet as you!

This month we will celebrate the birthday of:

Troy Langos, Sept. 17



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September

9:00 Coffee & Cards with Grace
 10:00 Sunday Stroll
 11:00 Puzzle Pals
 2:00 Church w Les and Grace
 3:00 Sunday Sing a Long

3

Labor Day
 Wear Red/White/Blue
 9:00 Walk and Talk
 10:00 Patriotic Movie
 2:00 Surprise Bingo
 3:00 Porch Pals
 w/cold drinks

4

9:30 Stroll & Stretch
 10:00 Stories w/Sally
 11:00 Puzzle Pals
 2:00 Surprise Bingo
 3:00 Bible Stories w/Vicki

5

Salon Day!
 9:30 Manicures & Hand Massages
 11:00 Coloring Club
 2:00 Church w/Les and Grace
 3:00 Piano Music w/Andrew

6

9:45 Live 2B Healthy
 11:00 Porch Pals
 2:00 Surprise Bingo
 3:00 Cold Drinks & snacks

7

Wear Team Colors!
 Catholic Comm
 9:45 Live 2B Healthy
 11:00 Courtyard Club
 2:00 Happy Hour and Popcorn
 3:00 Puzzle Pals

8

Wear Team Colors!
 9:00 Stroll & Stretch
 10:00 Porch Pals
 2:00 Sing a Long Music

9

Grandparents Day!
 9:00 Coffee & Cards with Grace
 10:00 Sunday Stroll
 11:00 Puzzle Pals
 2:00 Church w Les and Grace
 3:00 Sunday Sing a Long

10

9:00 Walk and Talk
 9:45 Live 2B Healthy
 2:00 Live Music w/ Jenny Sammons
 3:00 Porch Pals w/cold drinks

11

9:30 Stroll & Stretch
 10:00 Stories w/Sally
 11:00 Puzzle Pals
 2:00 Surprise Bingo
 3:00 Bible Stories w/Vicki

12

50's Day & Salon Day
 9:30 Manicures & Hand Massages
 11:00 50's Sing A Long
 2:00 Church w/Les and Grace
 3:00 Piano Music w/Andrew

13

9:45 Live 2B Healthy
 11:00 Porch Pals
 2:00 Surprise Bingo
 3:00 Cold Drinks & snacks

14

Wear Team Colors!
 9:00 Catholic Comm
 9:45 Live 2B Healthy
 11:00 Courtyard Club
 2:00 Happy Hour and Popcorn
 3:00 Puzzle Pals

15

Wear Team Colors!
 9:00 Stroll & Stretch
 10:00 Porch Pals
 2:00 Sing a Long Music
 3:00 Piano Music w/Andrea M

16

Happy Birthday Troy!
 9:00 Coffee & Cards with Grace
 10:00 Sunday Stroll
 11:00 Puzzle Pals
 2:00 Church w Les and Grace
 3:00 Sunday Sing a Long

17

9:00 Walk and Talk
 9:45 Live 2B Healthy
 2:00 Live Music w/ Tom Anderson
 3:00 Porch Pals w/cold drinks

18

9:30 Stroll & Stretch
 10:00 Stories w/Sally
 11:00 Puzzle Pals
 2:00 Surprise Bingo
 3:00 Bible Stories w/Vicki

19

Salon Day!
 9:30 Manicures & Hand Massages
 11:00 Coloring Club
 2:00 Church w/Les and Grace
 3:00 Piano Music w/Andrew

20

9:45 Live 2B Healthy
 11:00 Porch Pals
 2:00 Surprise Bingo
 3:00 Cold Drinks & snacks

21

Wear Team Colors!
 9:00 Catholic Comm
 9:45 Live 2B Healthy
 11:00 Courtyard Club
 2:00 Happy Hour and Popcorn
 3:00 Puzzle Pals

22

Wear Team Colors!
 9:00 Stroll & Stretch
 10:00 Porch Pals
 1:30 4 Winds Quartet

23

9:00 Coffee & Cards with Grace
 10:00 Sunday Stroll
 11:00 Puzzle Pals
 2:00 Church w Les and Grace
 3:00 Sunday Sing a Long

24

9:00 Walk and Talk
 9:45 Live 2B Healthy
 2:00 Live Music w/ Dave Allen
 3:00 Porch Pals w/cold drinks

25

Lets Celebrate Sept Birthdays!
 9:30 Stroll & Stretch
 10:00 Stories w/Sally
 11:00 Puzzle Pals
 2:00 Surprise Bingo
 3:00 Bible Stories w/Vicki

26

Salon Day!
 9:30 Manicures & Hand Massages
 11:00 Coloring Club
 2:00 Church w/Les and Grace
 3:00 Piano Music w/Andrew

27

9:45 Live 2B Healthy
 11:00 Porch Pals
 2:00 Surprise Bingo
 3:00 Cold Drinks & snacks

28

Wear Team Colors!
 9:00 Catholic Comm
 9:45 Live 2B Healthy
 11:00 Courtyard Club
 2:00 Happy Hour and Popcorn
 3:00 Puzzle Pals

29

Wear Team Colors!
 9:00 Stroll & Stretch
 10:00 Porch Pals
 3:00 Piano Music w/Andrea M

30