



Bickford Happynings

Birthdays:

Residents:

27th--Mary Heck

Staff:

7th--Wanda Anderson
(Volunteer)

8th--Dahana Ellah
24th--Sara Conley

Welcome:

Residents:

Sonja Sanderson
Don Nordstrom

Staff:

Nicole Steinmetz

We are so happy for all of you to join our Bickford Family.



A note from our Directing Family...

We have a lot to celebrate during the month of September. Grandparents Day will take place on Sunday, September 10th. I've always enjoyed this day. It gives us a day to recognize how special our grandparents are and the impact they have made in our lives.

I invite you to join us on Sunday, September 10th for a Grandparent's Day BBQ. We will also be hosting family pictures! A special treat for our residents and their families, on behalf of Bickford.

We always seem to have a good time when the entire family gets together! If you plan to

join us, please RSVP to Cassandra Collins, our LEC, by Wednesday, September 6th.

Grandparent's Day also kicks off Assisted Living Week. This year's theme is 'Family is Forever'.

I feel that this is such a fitting theme for Bickford Assisted Living. Family is the foundation of why Bickford was started and runs throughout our core purpose of enriching happiness. We cannot do what we do without family like you!

Stop in to say 'Hi' & join us for another fun-filled month at Bickford of Fort Dodge!
Sarah Ratcliff





S M T W T F S

September

10:30a Cath Comm
1p Church Services with our Bickford Chaplain
2p Balloon Volleyball
6:30p Bean Bag Toss

Labor Day
10a Coffee Club
10:40a Exercise with Wanda
2p Courtyard Games
6:15p B-I-N-G-O

9a Bible Study with Irlene
10:30a Exercises
2p Crafty Tuesday (Making Hats)
6:30p Card Games

10:30a Exercises
11a News & Views
2p B-I-N-G-O
6:30p Residents Choice

10:30a Pool Noodle Fun
2p Happy Hour
3p Lutheran Communion
6:30p White Board games

9:30a Rise N Shine
10:30a Exercises
2p B-I-N-G-O
6:30p UNO

10:30a Exercises
11a News & Views
2p Music With Maurice
7p Welk/Popcorn

Grandparent's Day
10:30a Cath Comm
12p G'parent BBQ/Family Quarterly Meeting
2p Pics w/ Families
6:30 G'parents tales

10a Coffee Club
10:40a Exercise with Wanda
2p Just 4 Fun Band
6:15p B-I-N-G-O

9a Bible Study with Irlene
10:30a Exercises
2p Hats off to our Residents Ceremony
6:30p Card Games

50's Day
10:30a Swingin' to the 50's
2p BINGO & Milkshakes
3:30p Cath Mass
6:30p Music w/Elvis

10:30a Pool Noodle Fun
11:30a Rosary
2p Family Photos & Card Making
4p Fire Drill
6:30p White Board I4 games

9:30a Rise N Shine
10:30a Exercises
2p B-I-N-G-O
6:30p UNO

10:30a Exercises
11a News & Views
2p Music with Adam & Jessica
7p Welk/Popcorn

10:30a Catholic Communion
1p Church Services with our Bickford Chaplain
2p Noodleball
6:30p Hangman

10a Coffee Club
10:40a Exercise with Wanda
2p Music with Bare Bones
6:15p B-I-N-G-O

9a Bible Study with Irlene
10:30a Exercises
2p Ace & Friends
6:30p Card Games

10:30a Exercises
11a News & Views
2p B-I-N-G-O
6:30p Residents Choice

10:30a Pool Noodle Fun
2p Director's Social
3p Outside Walk N Talk
6:30p White Board games

9:30a Rise N Shine
10:30a Exercises
2p B-I-N-G-O
6:30p UNO

Alzheimer's Walk
10:30a Exercises
11a News & Views
2p Cuticle Club
7p Welk/Popcorn

10:30a Catholic Communion
1p Church Services with Bickford Chaplain
2p Memory Dice
6:30p Bean Bag Toss

10a Coffee Club
10:40a Exercise with Wanda
2p Monthly Birthday Party
6:15p B-I-N-G-O

9a Bible Study with Irlene
10:40 Apple Orchard Trip
10:30a Exercises
2p Resident Council
6:30p Card Games

10:30a Exercises
2p B-I-N-G-O
11a News & Views
6:30p Residents Choice

10:30a Pool Noodle Fun
11:30a Rosary
2p Food Council
6:30p White Board games

9:30a Rise N Shine
10:30a Exercises
2p B-I-N-G-O
6:30p UNO

10:30a Exercises
11a News & Views
2p Coloring Club
7p Welk/Popcorn

On August 14th, we had our Lil Miss Bickford pageant. Congratulations goes to Esmal for placing 1st place (white dress in the center) and Zakahra for placing runner-up (white & green dress in right hand corner)

Great job to all of you girls, you all did amazing!!!!!!

