



I love each and everyone of my residents. I truly Love my job and everyone I work with. We are one big happy family enriching happiness one day at a time. - Rose (cook)

I do what I do because, my mother inspired me. I grew up always seeing her care for other continuously. The caring trait became easy for me, because of the example she set for me- Melissa (nurse)

A job that makes you feel good providing care for the greatest generation. These folks that made this country what it is, we owe them for what we have. It's a honor to care for them! -Nurse Kim

It's about my residents who I love dearly and would never want to be without- Chris(cna)

I enjoy helping our residents to have a fulfilling life by developing relationships with them and focusing on their needs and wants and bringing those to them. I enjoy interacting with my residents and their families and learning their life experiences. Most times we find something in common to draw us closer. -Cindy (RNC)



Our BFM's Sharing their Why....  
August Events



Simone's 1 Year cont.

To really being able to make a difference in someone's life by just giving them the time they deserve. It is so rewarding to make a difference in someone's life daily. Not just by providing care for them, but adopting them as one of our own. Bickford has provided the perfect home for seniors and our bfm's. Daily we laugh, cry, love and grow with each other. How Blessed I am to be a part of an Amazing Family with the best grandparents a girl could ask for!

Looking forward to building more memories in this next year. - Simone(Director)

"Ever since I was a little girl, I have always tried to help or care for friends and family. Growing up my dad would always call me his little nurse. Especially when I took care of him in his last year of life. I always feel better when I know I've helped someone. -Brittany(cna)

I love coming to work knowing I am making a difference. It brings me happiness when a family member or resident thanks me for caring for their loved one. -Lexi(cna)

I get attached to each resident and love being a nurse and feel they are apart of my family. - Cathy (Rn)



Simone's 1 Year Anniversary

Hello Everyone! This past year has gone by so fast, I'm not always sure I know what day it is. I wanted to be sure to thank everyone for an amazing year! I feel so blessed to be in a branch with loving bfm's, amazing residents and the best families!

with Andy (Mary Bickford's grandson), He asked for us to share with him our Why...

Many of of you know that I have been with Bickford for a little more than 8 years now. I have played quite a few roles; cna, housekeeping, maintenance, cooking, activities, assistant director and now director. It has been such an adventure and honor to be a part of our Bickford Family!

When I was younger I would go to work with my mom, who was a cna. Often times I would find her going above and beyond for her residents. Taking the extra time to put on their make-up or make sure they had on their favorite color. Singing to them or reading. Really just taking the time for each and every one of them. I would see them smile or family would make note and then it came to a point where many of them would request her. The impact that she made, stayed with me.

During a recent training



# September Birthdays

Ralph Repenn	8th (Resident)
Christina Ortega	11th (BFM)
Kendall Rangel	11th (BFM)
Genevieve Briggs	13th (Resident)
Olive Matthewson	13th (Resident)
Sladjana Dimitrijevic	15th (BFM)
Mary Sease	16th (Resident)
Ernest Frieders	22nd (Resident)
Ebot Nchong	22nd (BFM)
Joan Bauman	26th (Resident)
Jenna Bell	30th (BFM)

# September Fun Days

- 4th Extra Dessert Day
- 5th Cheese Only Day
- 6th Photo Booth Day\*
- 12th Chocolate Milk Shake Day\*
- 13th Chocolate Factory Day
- 14th Tootsie Day\*
- 15th Green Day
- 18th Cheeseburger Day
- 19th Share a Favorite Poem Day
- 20th Sugar Day\*
- 21st World's Alzheimer's Day\*
- 22nd First Day of Autumn Season
- 26th Love Note Day
- 30th Frisbee Day\*

(\* = Special Activity Scheduled)



**\*OUTINGS WILL BE IN PURPLE\***  
**\*SPORTS GAMES WILL BE IN GREEN\***  
**\*SPECIAL ACTIVITIES AND EVENTS WILL BE IN BLUE\***

**\*ACTIVITIES ARE SUBJECT TO CHANGE\***

**\*\*WEATHER PERMITTING\*\***

# September

10:30 Exercise DVD  
 11:00 Word Puzzles  
 1:20 Cubs Game Ch665  
 1:30 Pet Therapy  
 2:00 Hymn & Prayer Service  
 3:30 Coloring Pages  
 6:00 Movie Night <sup>3</sup>

**Labor Day**  
 9:30 My Hilarious Job History with John  
 11:00 Holiday Puzzles  
 2:30 Occupational Taste Buds  
 3:05 Cubs Game Ch.74  
 6:00 Movie Night

10:00 Tai Chi  
 10:30 Walgreens Trip  
 11:00 Activity with John  
 1:30 Nail Care  
 3:00 September IQ & Frozen Treats  
 6:05 Cubs Game Ch665 <sup>5</sup>

10:30 Exercise  
 11:00 Morning Walk\*\*  
 2:00 Mind Stretch  
 3:00 Communion  
 3:30 Photo Booth Fun  
 6:00 Movie Night  
 6:05 Cubs Game Ch.9 <sup>6</sup>

10:30 Exercise  
 11:00 Phillips Park Outing  
 2:00 Cranium Crunches  
 3:00 Library Trip  
 6:05 Cubs Game Ch665 <sup>7</sup>

10:00 Exercise  
 10:30 South Moon BBQ  
 1:20 Cubs Game Ch.9  
 2:00 Praise & Prayer  
 3:15 Bean Bag Baseball  
 6:00 Movie Night <sup>8</sup>

10:30 Exercise  
 11:00 Are you Smarter than a 5th Grader?  
 1:15 Inflatable Bowling  
 2:00 Snack Bingo  
 3:00 Afternoon Movie  
 3:05 Cubs Game Ch665 <sup>9</sup>

**Grandparent's Day**  
 11:00 Word Puzzles  
 12:00 Bears Game C32  
 1:20 Cubs Game Ch.7  
 1:30 Pet Therapy  
 2:00 Sundae Social  
 3:00 Movie Night: "Moana" <sup>10</sup>

**Pajama Day**  
 9:30 Coffee Talk  
 10:00 Exercise  
 10:30 Target Trip  
 1:30 Candy Bingo  
 2:15 Cute PJ Contest  
 2:30 Reminisce Hour <sup>11</sup>

10:00 Tai Chi  
 11:00 Activity with John  
 2:00 Chocolate Milk Shake Social  
 3:00 TV Trivia & Frozen Treats  
 7:05 Cubs Game C665 <sup>12</sup>

**50's Day**  
 10:00 Exercise  
 10:30 50's Day Contest  
 2:15 Best Dressed  
 3:00 Communion  
 3:30 "Grease" Movie  
 6:30 50's Day Social <sup>13</sup>  
 7:05 Cubs Game Ch.9

10:30 Exercise  
 11:00 Tootsie Roll Craft  
 1:30 Ball Toss  
 2:30 Afternoon Movie "Tootsie"  
 7:05 Cubs Game Ch.7 <sup>14</sup>

10:00 Music Exercise  
 10:30 Legend's  
 1:20 Cubs Game Ch.7  
 2:00 Praise & Prayer  
 3:15 Live Musical Performance  
 6:00 Movie Night "On Moon Light Bay" <sup>15</sup>

10:30 Exercise  
 11:00 Who, What, When?  
 12:05 Cubs Game Ch32  
 1:30 Bean Bag Baseball  
 3:00 DVD Sing Along  
 7:00 Fall Family Dance <sup>16</sup>

**Alzheimer's Walk Day**  
 10:30 Exercise DVD  
 11:00 OHS Parade  
 12:00 Bears Game C32  
 1:20 Cubs Game Ch219  
 2:00 Hymn & Prayer Service  
 6:00 Movie Night <sup>17</sup>

9:30 Coffee Talk with John  
 10:00 Exercise  
 10:30 Dollar General Trip  
 1:30 Basketball Hoops  
 2:30 Reminisce Hour <sup>18</sup>  
 6:30 Wheen of Fortune

10:00 Tai Chi  
 11:00 Activity with John  
 1:30 Resident Council  
 3:00 Trivia & Frozen Treats with Cathy  
 6:10 Cubs Game Ch665 <sup>19</sup>

10:30 Music Exercise with Simone  
 11:00 Morning Walk\*\*  
 1:15 Lutheran Service  
 3:00 Communion  
 3:30 Sugar Sugar Game  
 6:00 Movie Night <sup>20</sup>  
 6:10 Cubs Game Ch.9

**Football Jersey Day**  
 10:00 Exercise  
 10:30 Country Ride  
 1:30 Library Trip  
 2:00 T.V. Classics  
 3:30 MB's Purple Party  
 7:10 Cubs Game C665 <sup>21</sup>

10:00 Exercise  
 10:30 Emerson Creek  
 2:00 Praise & Prayer  
 3:15 Bean Bag Baseball  
 6:00 Movie Night  
 7:10 Cubs Game Ch.9 <sup>22</sup>

10:30 Exercise  
 11:00 Faces & Places  
 1:15 Inflatable Bowling  
 2:00 Dirty Bingo  
 3:00 Afternoon Movie  
 6:10 Cubs Game Ch665 <sup>23</sup>

10:30 Exercise DVD  
 11:00 Word Puzzles  
 12:00 Bears Game Ch.2  
 1:10 Cubs Game Ch.7  
 1:30 Pet Therapy  
 3:30 Coloring Pages  
 6:00 Movie Night <sup>24</sup>

9:30 Coffee Talk with John  
 10:00 Exercise  
 10:30 Walmart Trip  
 1:30 Basketball Hoops  
 2:30 Reminisce Hour  
 6:30 Wheen of Fortune <sup>25</sup>  
 7:15 Cubs Game Ch665

10:00 Tai Chi  
 11:00 Activity with John  
 1:30 Nail Care  
 3:00 Ice Cream Sundae Social with Rose  
 7:15 Cubs Game C665 <sup>26</sup>

10:30 Exercise  
 11:00 Morning Walk\*\*  
 1:15 Flashback Cinema Outing  
 3:00 Communion  
 6:00 Movie Night  
 7:15 Cubs Game Ch665 <sup>27</sup>

10:30 Exercise  
 11:00 Fall Craft  
 12:00 Monthly Birthday  
 1:30 Dime Jingle  
 3:30 Ball Toss  
 6:15 Cubs Game Ch.9  
 7:25 Bears Game Ch.28 <sup>28</sup>

10:30 Exercise  
 11:00 Jeopardy Trivia  
 1:20 Cubs Game Ch665  
 2:00 Praise & Prayer  
 3:15 Bean Bag Baseball  
 4:30 Longhorn Steak House  
 6:00 Movie Night <sup>29</sup>

10:30 Exercise  
 11:00 Smarty Pants  
 1:15 Frisbee Contest  
 2:30 Community Bingo  
 3:05 Cubs Game Ch665  
 3:30 DVD Sing Along <sup>30</sup>