



In a way, caregiving is about hands.

*It starts when we reach out our hands to help someone
who needs assistance.*

The type of assistance may change as the person's needs change.

*Along the way it's important to reach out to others who can
take your hand and offer valuable support.*

*Please join us on the last Saturday of each month at 11:00am
for our Family Caregiver Support Group,
led by Cheryl Levinson RN-BC.*

When it comes to caring matters, you deserve a hand.

*You are welcome to bring a friend.
Open to the public.*

Refreshments served.

Please r.s.v.p. to Rhondajohnsonbickford@gmail.com

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Bickford
assisted living
& memory care