

### Bickford News You Can Use

Greetings,

As the summer months get hotter we find more ways to celebrate with several fun activities. Please mark your calendars for these upcoming dates:

Aug. 2nd: National Ice Cream Sandwich Day- Have fun making our version of an ice cream sandwich.

Aug. 7th: Safari Outing: Transportation leaves at 10:30a we will have lunch in Arcola after our drive thru. Admission is \$5.00 lunch not included.

Aug. 9th: Western Themed Day- Join us for a fun filled day gals in red guys in blue.

Aug. 10th: National S'mores Day- Eat your heart out as we make s'mores.

Aug. 16th: Senior Luncheon Outing- First Christian Church in Champaign admission is \$5.00

Aug. 23rd: Arrowhead Lanes Outing- Transportation leaves at 1:30p admission is \$3.00/game shoes included.

Aug. 30th: Picnic Outing- Join us for a nice lunch at Hesse Park.



### The Summer Day

Who made the world?  
Who made the swan, and  
the black bear? Who  
made the grasshopper?  
This grasshopper, I  
mean-

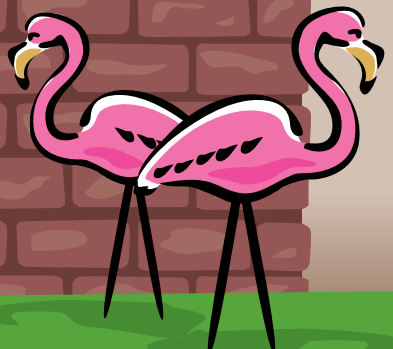
the one who has flung  
herself out of the grass.  
the one who is eating  
sugar out of my hand,  
who is moving her jaws  
back and forth instead of  
up and down-

who is gazing around  
with her enormous and  
complicated eyes.  
Now she lifts her pale  
forearms and thoroughly  
washes her face.  
Now she snaps her wings  
open, and floats away.

I don't know exactly what  
a prayer is.  
I do know how to pay  
attention,

how to fall down into the  
grass, how to kneel in  
the grass, how to idle  
and blessed, how to  
stroll through the fields  
which is what I have  
been doing all day.

Tell me, what else  
should I have done?  
Doesn't everything die at  
last, and too soon?  
Tell me, what is it you  
plan to do  
With your one wild and  
precious life?  
-Mary Oliver



# Happy Birthday

Elaine Mustain - 14th  
 Helen Hites - 22nd  
 Sandra Nicholas - 29th

## August Fun Facts

- August 1 is celebrated as both Yorkshire Day and World Scout Scarf Day
- In the USA August is the month that has the highest birth rate
- August was the 18th most common name given to a baby boy in Denmark last year
- The month of August was named after Roman emperor Augustus Caesar. In Latin, augustus meant auspicious or venerable.
- Augustus renamed the month of Sextilis because many of his greatest triumphs occurred during this month.

~ = Located in AL  
 \* = Located in Mary B's



# August

**10a Pet Therapy-Chip & Auggie**  
 11a Exercise  
 1:30p Kings in the Corner  
 3p Church Service w/ John\*  
 6p Patio & Lemonade <sup>6</sup>

11a Exercise  
 1:30p Kings in the Corner  
 3p Church Service w/ John~  
 6p Patio & Lemonade <sup>13</sup>

11a Exercise  
 1:30p Kings in the Corner  
 3p Church Service w/ John\*  
 6p Patio & Lemonade <sup>20</sup>

11a Exercise  
 1:30p Kings in the Corner  
 3p Church Service w/ John~  
 6p Patio & Lemonade <sup>27</sup>

9:30a Morning Walk  
**10a Outing: Safari Tour (\$)**  
 1:15p Creative Creation: Gumdrop Geodesic Dome  
 2:30p Movie Matinee- Strangers on a Train <sup>7</sup>  
 6:30p Wheel of Fortune <sup>9</sup>

9:30a Morning Walk  
 11a Exercise w/ Jessica  
 1:15p Creative Creation: Colored Carnations  
 2:30p Movie Matinee- Dial M For Murder <sup>14</sup>  
 6:30p Wheel of Fortune <sup>14</sup>

9:30a Morning Walk  
 10a Kay's Ukelele  
 1:15p Creative Creation: Erupting Coke w/ Mentos  
 2:30p Movie Matinee- How to Marry a Millionaire <sup>21</sup>  
 6:30p Wheel of Fortune <sup>21</sup>

9:30a Morning Walk  
 11a Exercise w/ Jessica  
 1:15p Creative Creation: Popcorn Balls  
 2:30p Movie Matinee- I Confess  
 6:30p Wheel of Fortune <sup>28</sup>

9:45a Coffee & Chat  
 11a Exercise  
 11:45a Who? What? When?  
 1:15p Skip-BO~  
 2p Seated Soccer \*  
 3p Word Of Words <sup>1</sup>

9:45a Coffee & Chat  
 11a Exercise  
 11:45a Who? What? When?  
 1:15p Wii Bowling~  
 2p Balance Class  
 3p Word Of Words <sup>8</sup>  
 7p Rummikub <sup>8</sup>

9:45a Coffee & Chat  
 11a Exercise  
 11:45a Who? What? When?  
 1:15p Skip-BO~  
 2p Wii Tennis ~  
 3p Code Coloring~  
 7p Rummikub <sup>15</sup>

9:45a Coffee & Chat  
 11a Exercise  
 11:45a Who? What? When?  
 1:15p Jan's Jewelry~  
 2:15p Seated Soccer  
 3:15p Reminiscing: The Game of Bowling~  
 7p Rummikub <sup>22</sup>

9:45a Coffee & Chat  
 11a Exercise  
 11:45a Who? What? When?  
 1:15p Skip-BO~  
 2p Seated Soccer \*  
 3p Code Coloring~  
 7p Rummikub <sup>29</sup>

**National Ice Cream Sandwich Day**  
 9:30a Word Search  
 1a Exercise  
 11:30a Current Events  
 1p Bridget's Melody  
 2:15p Create Ice Cream Sandwich  
 3p Devotional John\* <sup>3</sup>

**Western Day**  
 9:30a Crossword Puzzle  
 11a Exercise  
 11:30a Current Events  
 1:15p Wild West Scavenger Hunt  
 2p Target Practice <sup>9</sup>  
 3p Devotional John~  
 4p Western Social <sup>9</sup>

**10:30a Outing: Senior Luncheon (\$)**  
 11a Exercise  
 11:30a Current Events  
 1p Bridget's Melody  
 2:15p Resident's Council Meeting <sup>16</sup>  
 3p Devotional John\* <sup>16</sup>

9:30a Word Search  
 11a Exercise  
 11:30a Current Events  
**12p Birthday Luncheon**  
**1:30p Outing: Arrowhead Lines (\$)** <sup>23</sup>  
 3p Devotional John~ <sup>23</sup>

9:30a Crossword Puzzle  
 11a Exercise  
 11:30a Current Events  
**12p Outing: Hesse Park Picnic**  
 3p Devotional John\* <sup>30</sup>

9:30a Morning Walk  
 11a Exercise  
 11:30a Current Events  
 1:15p Table Tennis  
 2:15p Jeporady Trivia & Fozen Treats  
 3:15p Reminiscing: Western Trivia <sup>3</sup>

**National Smores Day**  
 9:30a Morning Walk  
 11a Exercise  
 11:30a Current Events  
 1:15p Table Tennis  
 2p Pet Therapy-Morgan  
 3:15p Make S'mores <sup>10</sup>

9:30a Morning Walk  
 11a Exercise  
 11:30a Current Events  
 1:15p Table Tennis  
 2:15p Cranium Crunch & Frozen Treat  
 3p Hank & Friends <sup>17</sup>  
 6p Hilary & Rebecca Sing A Long <sup>17</sup>

9:30a Morning Walk  
 11a Exercise  
 11:30a Current Events  
 1:15p Table Tennis  
 2p Pet Therapy-Morgan  
 3p Jeporady Trivia & Frozen Treats <sup>24</sup>

**National Trail Mix Day**  
 9:30a Morning Walk  
 11a Exercise  
 11:30a Current Events  
 1:15p Table Tennis  
 2:15p Make Trail Mix <sup>31</sup>

9:45a Coffee & Dounts  
 11a Exercise  
 11:30a Current Events  
 1p Guitar Solo John  
 2p BINGO  
 4p Lemonade Social <sup>4</sup>

9:45a Coffee & Dounts  
 11a Exercise  
 11:30a Current Events  
 1p Guitar Solo John  
 2p BINGO <sup>11</sup>

9:45a Coffee & Dounts  
 11a Exercise  
 11:30a Current Events  
 1p Guitar Solo John  
 2p BINGO <sup>18</sup>

9:45a Coffee & Dounts  
 11a Exercise  
 11:30a Current Events  
 1p Guitar Solo John  
 2p BINGO  
 4:30p Social Hour w/ Angelicka <sup>25</sup>

9:15a Manicures  
 10a Piano Music Dee  
 11a Exercise  
 11:30a Current Events  
 1:15p Skip-BO  
 2p Patio/Pop/Popcorn <sup>5</sup>

9:15a Manicures  
 10a Piano Music Dee  
 11a Exercise  
 11:30a Current Events  
 1p Left Center Right  
 2p Patio/Pop/Popcorn <sup>12</sup>

9:15a Manicures  
 10a Piano Music Dee ~  
 11a Exercise  
 11:30a Current Events  
 1p Skip-Bo  
 2p Patio/Pop/Popcorn <sup>19</sup>

9:15a Manicures  
 10a Piano Music Dee  
 11a Exercise  
 11:30a Current Events  
 1p Left Center Right  
 2p Patio/Pop/Popcorn <sup>26</sup>

