

Happy Birthday!!!!

Jean Archer **Madeline James** Mary Fauster

August 9th August 14th August 27th

pictured left: Doris and Luke





Resident Spotlight

Sue Helmick

Born and raised in Des Moines, Sue is known for being very personable, dependable, and loyal. She is always up for joining in the fun at Bickford. During her 21 years at the Civic Center she enjoyed watching many performances. Sue worked at Iowa Vocational Rehabilitation Center

for 25 years as a **Vocational Counsellor** and Job Placement Specialist. She won both state and national awards for her work with people with disabilities. When recalling this time Sue says, "I loved my job." Sue enjoys spending time with her amazing mother and sister.



Friday Night Flicks

On Friday, July 14th we had Friday night Flicks. Because we have a few big Star Wars fans we watched the most recent Star Wars movie, Rogue One. Even though he's not in this movie Luke Skywalker paid us a special visit that evening.



Pictured bottom left: Luke, Carole's sister Jeannine, and Carole.

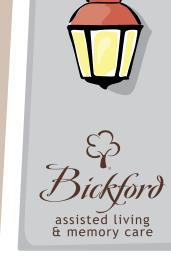
Pictured Below: Hope, **Bickford Family** Member--Hope, and Luke Skywalker

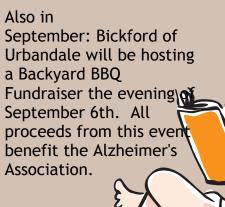


Mark your calendar

Bickford's annual Happiness survey comes out in September. The survey is a great way for us to get feedback regarding your experience with Bickford. Only one person per resident at Bickford will take the survey. This could be the resident themselves or their POA. If possible surveys will be completed electronically so a working email is needed. Please see Mary Pat or Rosslyn to make sure your contact information is current. We value your insights. Thank you!

Join Team Bickford on Saturday, September 16th for the 2017 Walk to End Alzheimers. The 2 mile walk starts at the capitol. The easiest way to join our team is by going online to www.act.alz.org. Registration begins at 8:00 am the morning of the walk, followed by a short ceremony at 9:30 am. The walk begins at 10:00 am.









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9a Currrent Events

1p Western Art

6:15p Kings Corner

3p Gardening







9a Catholic Chaplain Visit

9a Current Events

1p General Store

3p Happy Hour

6:15p Puzzles

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9:30a QiGong

10:15a Bingo



9:30a Group Exercise

August

9a Current Events

10a Coffee Talk 1p Card Games 4p Church Service 6:15p Dominos

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10a Coffee Talk

1p Card Games

6:15p Dominos

1p Card Games

6:15p Dominos

4p Church Service

9:30a Group Exercise 10a Storyteller Jim Garnett 1p Bean Bag Baseball 3p Card Bingo 4p Rosary with Kathy 6 6:15p Conversation

Starters 9a Current Events 9:30a Group Exercise 10a Wii Wheel of Fortune 1p Bean Bag Baseball 3p Card Bingo 4p Rosary with Kathy 6:15p Conversation 13 Starters

9a Current Events 9:30a Group Exercise 10a Wii Wheel of Fortune 1p Bean Bag Baseball 3p Card Bingo 4p Rosary with Kathy 6:15p Conversation Starters

10a Coffee Talk 9a Current Events 9:30a Group Exercise 4p Church Service 10a General Store 1p Bean Bag Baseball 3p Card Bingo 4p Rosary with Kathy 6:15p Conversation Starters

9a Current Events 9:30a Zumba Gold 10a Bible Study 10:30a Art on a stick 1p Bickford Bakers 2p Kings Corner 3p One on Ones 6:15p Dice

9a Current Events 9:30a Stretch w/bands 10a Bible Study 10:30a Name that Tune 1p Pianist Pat Lydon 2:15p Cookies/Coffee 3p Kings Corner 6:15p Dice

9a Current Events 9:30a Stretch w/bands 10a Bible Study 10:30a Balloon/Noodle 1p Bday party/Musician Dave Gray 3p Kings Corner 15 6:15p Dice

9a Current Events 9:30a Zumba Gold 10a Bible Study 10:30a Walk and Roll 10:45a Name that tune 1p Wii games 2p Bickford Bakers 22 **3p Kings Corner** 6:15p Dice 9a Current Events 9:30a Zumba Gold 10a Bible Study

10:30a apple art 1p Wii Games 2p Bickford Bakers 3p One on ones 6:15p Dice

9am Current Events 9:30a Zumba Gold 9:30a Group Exercise 10a Catholic Mass 10:15a Giant Crosswords 10a Chaplain Visit 10:30a Shopping Trip 1p Manicures 3p Watermelon feed 6:15p Uno

Western Day 9a History of Westerns 9:30a Line Dancing 10:15a Giant Crosswords 1p Musician Joe Klinefelter 2:15p Cowboy Cookies 3p Wanted photos 6p Movie-The Searchers

9a Current Events 9:30a Group Exercise 10:15a Giant Crosswords 1p Blue Ribbon Baking 3p Tenzi 6:15p Kings Corner

9a Current Events 9a Current Events 9:30a Group Exercise 9:30a Chair Yoga 10:15a Giant Crosswords 10a Chaplain Visit 1p Musician John 10:30a Gardening Schumacher 1p General Store 3p Tenzi 2p Manicures/Men's Club 6:15p Kings Corner 6:15p Card Making 23

9a Current Events 9:30a Group Exercise 10:15a Giant Crosswords 1p Musician Joe Klinefelter 2p Coffee/Cookies 2:30p Yahtzee

6:15p Kings Corner

9a Current Events 9:30a Chair Yoga 10a Chaplain Visit 10:30a Resident Council 1p State Fair Trivia 2p Manicures/Men's Club 3p Kings Corner 10 6:15p Card Making

9a Current Events 9:30a Chair Yoga 10:45a Chaplain lunch to Olive Garden 2p Catholic Mass 2p Yahtzee **3p Kings Corner** 17 6:15p Uno

9a Current Events

10a Chaplain Visit

10a Massage Therapist

6:15p Adult Coloring

1p Labor Day Art Project

9:30a Chair Yoga

2p Manicures

3p Kings Corner

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9a Catholic Chaplain Visit 9a Current Events 9:30a QiGong 10:15a Bingo 1p Art Project 3p Happy Hour 6:15p Puzzles

11 9a Catholic Chaplain Visit 9a Current Events 9:30a QiGong 10:15a Bingo 1p Bean Bag Baseball **3p Happy Hour** 6:15p Puzzles

9:30a Group Exercise 10a Coffee Talk 1p Movie Matinee 3p Card Games 6:15p Checkers 7p Lawrence Welk

9a Catholic Chaplain Visit 9a Current Events 9:30a QiGong 10:15a Bingo 1p Bean Bag Baseball **3p Happy Hour**

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9a Current Events 9:30a Group Exercise 10a Arm Chair Travel 1:15p Wii Wheel of Fortune 2:15p Root Beer Floats 3p Labor Day Photos 26 6:15p Checkers 7p Lawrence Welk

10a Coffee Talk 1p Movie Matinee 3p Card Games 6:15p Checkers 7p Lawrence Welk

9:30a Group Exercise 10a Coffee Talk 1p Movie Matinee 3p Card Games 6:15p Checkers 7p Lawrence Welk

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