

Join Bickford Assisted Living and Journeycare Hospice  
for a Journeylife Program  
for you and your loved ones with  
"The Challenge of Change"

This program will show you how to  
cope with losses throughout life.  
Change is constant in today's world.  
Join us and explore how change can affect one's quality  
of life and learn healthy living tips that can help you  
continue finding joy and peace in your everyday life.

**Event will be held at  
Bickford Assisted Living  
on August 1, 2017 at 6pm**

**Open to the public**  
Refreshments will be served

Please R.S.V.P. to Rhonda at 815/477-4200 Ext: 307  
or Rhondajohnsonbickford@gmail.com

BICKFORD OF CRYSTAL LAKE  
717 McHenry Avenue, Crystal Lake, IL 60014  
[www.enrichinghappiness.com/crystallake](http://www.enrichinghappiness.com/crystallake)  
815-477-4200

  
*Bickford*  
assisted living  
& memory care