



BREAD PUDDING

Ingredients: 8 cups loosely packed cubed bread, 3 cups milk, 2 cups heavy cream, 9 lg. eggs, 3/4 cup packed dark;or light brown sugar, 1 1/2 ts. ground cinnamon, 2 tb pure vanilla extract, 3/4 ts. salt. Note: You can add 1 cup of dried cherries.

Carmel Topping : 30 carmel candies, 1 1/2 ts. pure vanilla extract.

Directions: 1. Bread Pudding-Place the bread cubes in a 13X9 inch baking dish;set aside. Heat the milk & cream in large saucepan until hot. 2.Wisk eggs, brown & white sugars, cinnamon,vanilla & salt. Slowly whisk in hot milk mixture. Pour mixture over bread, let stand 10-20min. 3. Prehaet oven to 350 F. 4. Bake pudding until the custard is set. Bake about 40 min. 5. Carmel Topping-Melt carmels in saucepan over low heat, stir until smooth. Remove from heat & stir in vanilla. Dizzle sauce while pudding is still warm. - Recipe provided by Yvonne's daughter Kaila. Pictured on the left is Yvonne & her sons Lane & Scott.



DOG DAYS OF SUMMER

Enriched Activities

Happy Moments

Nowadays the "dog days of summer" refers to it being hot! To beat the heat here at Bickford we have ice cream socials, refreshments,water games & a pool party planned for this month. We will also have a Western theme day on the 9th. Round-Up those cowboy hats & boots for a "Yeehaw" of a time!

The Great American Solor Eclipse is Monday the 21st, come join us as we watch with our solar glasses. State Fair outing will be on August 30th we will be attending the Ronie Milsap concert. We will be having a Car Wash for the Alzheimer's Walk on Aug.12th come support this special event.

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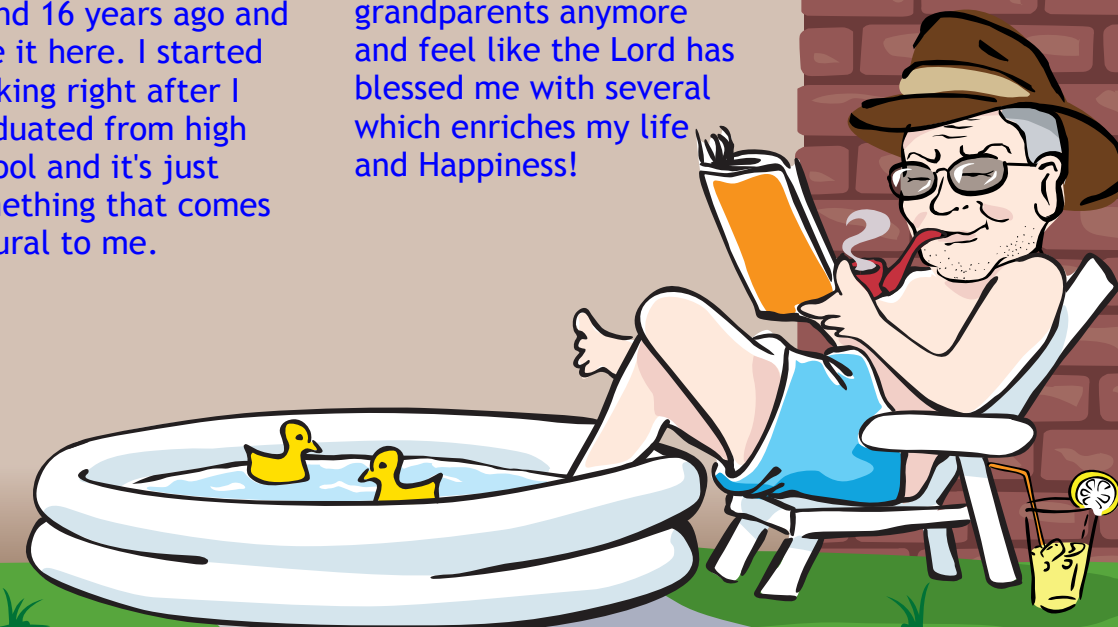
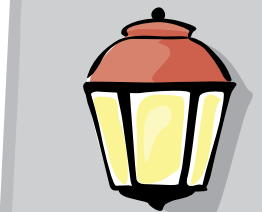
WHAT IS Happiness is relaxing and breathing in the fresh summer air, having fun, and enjoying the beautiful sunshine!

HAPPINESS: Happiness is being surrounded by family & friends, and our furry pets too!

Sarah Stephens - Kitchen Manager

I have worked in the kitchen at Bickford of Grand Island for 14 1/2 years. My husband is a maintenance man at lifequest in Palmer. We have been married for 20 years. We have one beautiful, smart, funny boy Jayden who is 9 and loves to play football, and wrestle. We have 3 fur babies one cat Nigel, and two dogs Lulu, and Pixie. I grew up in Waco and Omaha Nebraska. We moved to Grand Island 16 years ago and love it here. I started cooking right after I graduated from high school and it's just something that comes natural to me.

Never a dull moment, no day is exactly the same. I enjoy gardening, painting, and spending time with family and friends. I love being able to go home at night knowing that I have made a difference in my residents lives by making them delicious food to eat! I like to enrich happiness everyday with a wave and a smile or just taking time to have a conversation or playing a game. I don't have my grandparents anymore and feel like the Lord has blessed me with several which enriches my life and Happiness!



Celebrating August

Happy August Birthday:

- Ruth Mclurkin - 8/6
- Rosetta Reimers -8/7
- Wanda Barnes - 8/18
- Brad Oliver - 8/27
- Rey Soto - 8/30
- Gene Elge - 8/31
- Felicia Ramirez - 8/7
- Taylin Hernandez - 8/26

Bickford Family Anniversary:

- Lori Bebee - 15 years
- Rebecca Chapa - 5 years
- Jennifer Christensen -9 years
- Rhonda Huntley - 8 years
- Elena McConnell - 1+ years
- Deb Quick - 3 years

August Monthly Events:

- Clown Month**
- Sunflower Month**
- Golf Month**
- Art Month**
- Flip Flop Month**
- Kool-Aid Month**
- Melon Month**
- Happiness Month**



August

Clowning Around Day

- 9:30 Walking Group
- 10:00 Say Cheese!
- 1:30 Bible Study
- 2:30 A Laugh A Day
- 6:30 Wacky Words

1

- 9:30 Coffee & News
- 10:30 Chair Zumba
- 2:00 Happiness Time
- 3:00 Ice Cream Sandwich Day
- 6:30 Relax & Color

2

Watermelon Day

- 9:30 Walking Group
- 10:00 Craft Corner
- 1:45 Bingo
- 3:00 Watermelon Treat
- 6:30 Outside Patio

3

Twins Day

- 9:30 Fun & Fit
- 10:00 Double Take
- 1:30 Prayers w/Charlie
- 2:00 Fair Games
- 3:00 Ice Cream Social
- 6:30 Drive In Movie

4

- 9:30 Walk & Talk
- 10:00 Morning Mingles
- 2:00 Word Searches
- 3:00 Refreshments
- 6:30 Triomonos

5

- 9:30 Daily Devotions
- 10:00 Peace Lutheran Dvd Service
- 2:00 Sunday Funnies
- 4:00 Church
- 6:00 Movie & Popcorn

6

- 10:30 Sittercise
- 11:00 Manicures
- 1:45 Bingo
- 3:00 Ice Cream Social
- 6:30 Lighthouse Day

7

- 9:30 Walking Group
- 10:00 Bickford Bakers
- 1:30 Bible Study
- 2:30 Treats & Trivia
- 6:30 State Fair Craft

8

- Western Day**
- 9:30 Rodeo Warm-Up
- 10:00 Lasso Contest
- 12:00 Theme Meal**
- 2:00 Target Shoot Out
- 3:00 Rootbeer Floats
- 6:30 Outlaw Games

9

- 9:30 Walking Group
- 10:00 Giggles Pre-Kids
- 1:45 Bingo
- 2:00 Employee Meeting
- 3:00 Coffee & Chat
- 6:30 Bean Bag Twister

10

- 9:30 Shopping Trip
- 10:00 Kindess Rocks
- 1:30 Prayers w/Charlie
- 2:00 Courtyard Pool Party
- 3:00 Ice Cream Social
- 6:30 Table Hockey

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- 9:30 Exercise Video
- 10-2pm. Car Wash for The Alzheimer's Walk**
- 3:00 Bistro Buddies
- 6:30 Strings & Beads

12

- 9:30 Daily Devotions
- 10:00 Peace Lutheran Dvd Service
- 2:00 Table Games
- 4:00 Church
- 6:00 Funniest Home Videos

13

- 10:30 Sittercise
- 11:00 Manicures
- 1:45 Bingo
- 3:00 Ice Cream Social
- 6:30 Wiffle Ball Day

14

- 9:30 Walking Group
- 10:00 Red Hat Ladies
- 11:30 Glen on Piano
- 1:30 Bible Study
- 2:30 Reminisce Corner
- 6:30 Uno

15

- 9:30 Coffee & News
- 10:30 Chair Zumba
- 2:00 Work of Art
- 3:00 Ice Cream Social
- 6:30 Finish the Lines

16

- 9:30 Walking Group
- 10:00 Reading Group
- 11:00 Drumming Circle
- 1:00 Music- Marlene B.
- 2:00 Bingo
- 6:00 Music- Paul Ramp

17

- 9:30 Fun & Fit
- 10:00 Knitters Nook
- 1:30 Prayers w/Charlie
- 2:00 Music- Dolores K.
- 3:00 Ice Cream Social
- 6:30 Penny Ante

18

- 9:30 Walk & Talk
- 10:00 Morning Mingles
- 2:00 Sunshine Card Making Group
- 3:00 Refreshments
- 6:30 Triomonos

19

- 9:30 Daily Devotions
- 10:00 Peace Lutheran Dvd Service
- 2:00 Lemonade Social
- 4:00 Church
- 5:00 Voices of the Rock
- 6:30 Movie & Popcorn

20

- Solor Eclipse 2017**
- 10:00 Eclipse Fun Facts
- 11:00 Solar Eclipse Viewing Social**
- 1:45 Bingo
- 3:00 Ice Cream Social
- 6:30 Minute To Win It

21

- 9:30 Walking Group
- 10:00 Bickford Bakers
- 1:30 Bible Study
- 2:30 Treats & Trivia
- 6:30 Cornhole

22

- 9:30 Sittercise
- 10:00 Hymn Singing
- 2:00 Riddle Me This
- 3:00 Peach Smoothies
- 6:30 Dice Games

23

- 9:30 Walking Group
- 10:00 Four Pictures One Word Game
- 1:45 Bingo
- 3:00 Thirsty Thursday
- 6:30 Rock Painting

24

- 9:30 Shopping Trip
- 10:00 Kindness Rocks
- 11:00 Outing: Subway
- 1:30 Prayers w/Charlie
- 2:00 Happy Hour
- 3:00 Ice Cream Social
- 6:30 Put Put Golf

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- 9:30 Exercise Video
- 10:00 Daily HappYnings
- 2:00 Kings In The Corner
- 3:00 Bistro Buddies
- 6:30 Courtyard Chats

26

- 9:30 Daily Devotions
- 10:00 Peace Lutheran Dvd Service
- 3:00 Patio Pals
- 4:00 Church
- 6:00 Funniest Home Videos

27

- 10:30 Sittercise
- 11:00 Manicures
- 1:45 Bingo
- 3:00 Ice Cream Social
- 6:30 Musical Painting

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- 9:30 Walking Group
- 10:00 Men's Group
- 1:30 Bible Study
- 2:30 August Birthday Bash
- 6:30 Magazine Collage

29

- Older Nebraskan's Day**
- 9:30 Sittercise
- 10:00 Catholic Mass
- 11:00 State Fair Outing**
- 3:00 Ice Cream Social
- 6:30 Wine Down Wednesday

30

- 9:30 Walking Group
- 10:00 Balloon Volleyball
- 1:45 Bingo
- 3:00 Picture Reminisce
- 6:30 Target Toss

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