

DONNA COX - RESIDENT OF THE MONTH

Stylish and colorful are the words that come to mind when you think of Donna. She was born in Lucas County, Iowa and grew up on a farm, where she enjoyed small town life. At twelve years old, she was thrilled when her only sister, Carol, was born. Donna loved her baby sister so much, she fondly remembers taking Carol all over town and showing her off. After college, she married Bernard, had two sons, Larry and Gary, and taught 5th and 6th grade. Donna and her second husband, Maurice, were married over 50 years. She loved dancing, singing in the choir and traveling. Today she enjoys keeping up with the news and social activities. Donna also loves fashion. She even makes our Bickford Beanbag Baseball t-shirts look stylish!



Good Times, Great People

programs and kindergarten. The past 14 years, she transferred these super powers to the area of senior care where she always brightens the day. Jan and Rich have been married 47 years, have two daughters, Lindsey and Amy, and 2 grandchildren, Lexie and Graham.

WHAT'S BEEN HAPPENING?

Last month, we enjoyed courtyard socials, beanbag baseball, luau and Father's Day festivities, along with entertainment and art. Photos clockwise from top: Mary invites her friends for an afternoon of creativity; Dale makes a lovey posy canvas for his wife, Lynne; Bea enjoys a family visit; Marcy shares her musical talents while her dad "supervises"; David enjoys the courtyard; and Bettina and Robin share a moment.

GET TO KNOW JAN!

One of our Life Enrichment Coordinators, Jan Collins, has been enriching lives at Bickford for over 5 years.

Let Freedom Ring!

Happy fourth of July! We are grateful for our friends, family and freedom!! This month we will be celebrating Italian Day with food and fun, outings to lunch, a downtown tour and the theater for a matinee. Sundays, Richard gathers the residents to sing gospel music. We have singers, storytellers, piano music and sing-alongs. The calendar is sporting some new activities in July as well. On Fridays, Quote Club will discuss favorite quotes. We also added Enriching Happiness, where we count our blessings.

Last month, we started an activity called Nana's and Papa's, where children come in to spend time with our residents. In July, they will read books together and play bingo. Just precious.

ARE THE KIDS HOME FOR THE SUMMER?

We encourage families to come and help us with activities. There is art, gardening, manicures, games, one-on-ones to name just a few. Does anyone like to sing, bake, play an instrument? Our residents would surely enjoy sharing in your hobbies and talents!



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July

Ron's Birthday
9:30 Gospel Songs
with Richard
2:30 Church

30

10:15 Chair Yoga
10:45 News/Chat
11:15 Word Play
11:45 Marcy/Piano
1:00 Iowa Tales
2:00 Creative Corner
4:00 Walking Club

31

Rosemary's Birthday
1:00 Antiques and
Heirlooms w Jan

1

9:30 Gospel Songs
with Richard
2:30 Church

2

10:15 Chair Yoga
10:45 News/Chat
11:15 Word Play
1:00 Iowa Tales
2:00 Creative Corner
3:30 Jim/Story Teller

3

Independence Day



4

10:15 Chair Yoga
10:45 News/Chat
11:15 Love of Music
1:00 Downtown Driving
Tour & Ice Cream
3:00 Life Songs

5

10:15 Chair Yoga
10:45 News/Chat
11:00 Garden Time
1:00 Bible Study
2:00 Bingo
3:00 Helene/Piano

6

Marilyn's Birthday
9:30 Men's Coffee
11:00 New's/Chat
1:00 Quote Club
2:00 Enriching Happiness
3:00 Sit & Sip
6:00 Friday Flicks

7

Terry's Birthday
1:00 Sip & Chat w Becky

8

9:30 Gospel Songs
with Richard
2:30 Church

9

Barbara's Birthday
10:00 Nana's & Papa's
Read to Me
11:15 Word Play
11:45 Marcy/Piano
1:00 Iowa Tales
2:00 Creative Corner
4:00 Walking Club

10

10:15 Chair Yoga
10:45 News/Chat
11:15 Walking Club
1:00 Devotions
2:00 Aaron/Singer
2:00 Communion
6:00 Movie Night

11

10:00 Chair Yoga
10:30 Nana's & Papa's
Bingo
11:30 Red Lobster
Lunch Outing
2:30 Life Songs
with Manicures
3:30 Letter Writing

12

10:15 Chair Yoga
10:45 News/Chat
11:00 Garden Time

1:00 Bible Study
2:00 Bingo
3:00 Mike Lozano/Singer

13

9:30 Men's Coffee
11:00 New's/Chat
1:00 Quote Club
2:00 Enriching Happiness
3:00 Dave Gray/Music
6:00 Friday Flicks

14

1:00 Zentangle w Jody

15

Alfreda's Birthday
9:30 Gospel Songs
with Richard
2:30 Church

16

10:15 Chair Yoga
10:45 News/Chat
11:15 Word Play
11:45 Marcy/Piano
1:00 Iowa Tales
2:00 Creative Corner
4:00 Walking Club

17

Cathy's Birthday
10:15 Chair Yoga
10:45 News/Chat
11:15 Walking Club
1:00 Devotions
2:00 Communion
3:00 Vickie/Singer
6:00 Movie Night

18

Italian Day
10:15 Chair Yoga
10:45 News/Chat
11:15 Love of Music
1:00 Italian Food Fun
and Festivities
3:30 Life Songs

19

Bea's Birthday
10:15 Chair Yoga
10:45 News/Chat
11:00 Garden Time
1:00 Bible Study
2:00 Bingo
3:00 Helene/Piano

20

Nat'l Junk Food Day
9:30 Men's Coffee
11:00 New's/Chat
1:00 Quote Club
2:00 Enriching Happiness
3:00 Sit & Sip
6:00 Friday Flicks

21

2:00 Doug Karl

22

Ruth's/Latoyia's Bday
9:30 Gospel Songs
with Richard
2:30 Church

23

Evelyn's Birthday
10:00 Nana's & Papa's
Read to Me
11:15 Word Play
11:45 Marcy/Piano
1:00 Iowa Tales
2:00 Creative Corner
4:00 Walking Club

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10:15 Chair Yoga
10:45 News/Chat
11:15 Walking Club
1:00 Devotions
2:00 Communion
3:00 Horseshoes
6:00 Movie Night

25

10:15 Chair Yoga
10:45 News/Chat
11:15 Love of Music
12:30 Century Theater
Movie Outing
4:00 Life Songs

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Natalie's Birthday
10:00 Resident Council
10:30 Chair Yoga
11:00 News/Chat
1:00 Bible Study
2:00 Bingo
3:30 Courtyard Fun

27

9:30 Men's Coffee
11:00 New's/Chat
1:00 Quote Club
2:00 Enriching Happiness
3:00 Sit & Sip
6:00 Friday Flicks

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1:00 Movie Matinee

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