

NO BAKE SUMMER BERRY ICE BOX CAKE



Ingredients: 19 oz. graham crackers, 8oz. cream cheese softened, 2(3.4oz.) packages vanilla pudding, 2-1/2 cups cold milk, 12oz. cool whip, 3 cups fresh strawberries, 1-1/2 cup fresh blueberries, 2oz. white chocolate chips.

Instructions: 1. Beat cream cheese & dry pudding 2. Add milk 3. Stir in cool whip 4. Coat a thin layer of cool whip on bottom of 13x9 pan 5. Layer graham crackers in pan 6. Spread a layer of pudding then top with berries 7. Repeat this process 3 times 8. Refrigerate for at least 4 hours 9. When ready to serve melt white chocolate & drizzle over dessert.



ACTIVITIES ARE HEATING UP!

Summertime

Happiness



Summer is in full swing here at Bickford with so many fun activities planned. We start of the month with a Big Bang for the 4th of July! We have a BBQ style lunch with all the fixings, please RSVP if you would like to join your loved one. We also have a small firework show for everyone to enjoy at dusk. On June 12 we have a Magician coming to show us some magic tricks, this would be a fun event to bring the kiddos out to enjoy! Our theme day is Italian Day this month, come have a taste of Italy with us, or join us for some wine & cheese at 6:30 Wednesday June 19th

Outings for this month will be to Biristas coffee shop for a morning cup of Joe on Friday June 14 at 10:00am. Sonic drive through for a "Happy Hour" drink special. Lunch outing June 28 at 11:30 to Dairy Queen, need we say anymore! Just a reminder that there will be no Support Group this month. Have a wonderful summer everyone!

-Crystal Trejo, LEC



Matters of the Heart...

We are making a change in this section of our newsletter. I would like to give the opportunity to our BFM's (employees - Bickford Family Members) to share with all of you, their lives and what matter to them. This will give all of you the opportunity to get to know US better! Thank you to all of you that participated in our Bickford of the Year celebration! The weather was great for our outside event and gave us all the chance to enjoy each others company. We also had success with our silent auction for the Alzheimer's Walk.

I am thankful to see all of nature's beauty blooming around us here. We have even added several trees to the back of the property and it will be seeded soon as well. This was a long time coming and it is already adding so much. We also have a few new BFM's and a few new residents that we are happy to welcome to our family! Take a look inside the newsletter for all the activities coming up for July and if any of you make that yummy ice box cake...I will be a taste tester!!! Sincerely, Darcy Hansen, Director



CELEBRATING JULY

July Birthdays:

Jerry Barnes - 7/5
 Crystal Trejo - 7/26
 Elva wall - 7/30

Bickford Family Anniversary:

Lori Bebee - 15 years
 Rebecca Chapa - 5 years
 Jennifer Christensen - 9 years
 Rhonda Huntley - 8 years
 Elena McConnell - 1+ years
 Deb Quick - 3 years

July Monthly Events:

Patriotic Month
 Color Your world Month
 Blueberry Month
 Ice Cream Month
 Postal Worker's Month



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9:30 Daily Devotions
 10:00 Peace Lutheran
 Dvd Service
 2:00 Table Games
 4:00 Church
 6:00 Funniest Home
 Videos **30**

Blue Monday
 10:30 Sittercise
 11:00 Manicures
 1:45 Bingo
 3:00 Blueberry Ice
 Cream
 6:30 Patio Pals **31**

9:30 Daily Devotions
 10:00 Peace Lutheran
 Dvd Service
 2:00 Crosswords
 4:00 Church
 6:30 Popcorn & Movie **2**

10:30 Sittercise
 11:00 Manicures &
 Mingles
 1:45 Bingo
 3:00 Ice Cream Social
 6:30 Minute To Win It
 Game **3**



9:30 Cracker Jack Day
 10:30 Chair Zumba
 2:00 Finish The
 Melodies
 3:00 Ice Cream Social
**6:00 Music-Tim
 Javorsky** **5**

9:30 Walking Group
 10:00 Photo Remisce
 1:45 Bingo
 3:00 Lemonade &
 Laughs
 6:30 Apples To Apples **6**

9:30 Fun Fitness
 10:00 Target Toss
 1:30 Prayer w/ Charlie
 2:00 Riddle Me This
 3:00 Ice Cream Social
 6:30 Firefly Friday in
 Courtyard **7**

9:30 Exercise Videos
 10:00 Morning Mingles
 2:00 Kings in the Corner
 3:00 Refreshments
 6:30 Courtyard Chats **8**

9:30 Daily Devotions
 10:00 Peace Lutheran
 Dvd Service
 2:00 Table Games
 4:00 Church
 6:00 Funniest Home
 Videos **9**

10:30 Sittercise
 11:00 Manicures &
 Mingles
 1:45 Bingo
 3:00 Ice Cream Social
 6:30 Headbands Game **10**

9:30 Walking Group
 10:00 Bickford Bakers
 1:30 Bible Study
 2:30 Treats & Trivia
 6:30 Paint & Sip **11**

9:30 Foam Ball Exercise
 10:00 Clothespin Craft
 11:00 Resident Council
1:30 Magic Show-Neil
 3:00 Ice Cream Social
 6:30 Bean Bag Toss **12**

9:30 Walking Group
 10:00 Giggles Kids
11:00 Drumming Circle
 1:45 Bingo
 2:00 Employee Meeting
6:00 Music-Paul Ramp **13**

9:30 Shopping Trip
10:00 Coffee Shop
Outing
1:00 Foot Doctor
 1:30 Prayer w/Charlie
 3:00 Sonic Happy Hour
 6:30 Triominos **14**

9:30 Walk & talk
 10:00 Current
 HappYnings
 2:00 Sunshine Card
 Making Group
 3:00 Bistro Buddies
 6:30 Classic T.V. Shows **15**

9:30 Daily Devotions
 10:00 Peace Lutheran
 Dvd Service
 2:00 Creative Coloring
 4:00 Church
5:00 Voice of the Rock
 6:30 Popcorn & Movie **16**

10:30 Sittercise
 11:00 Manicures &
 Mingles
 1:45 Bingo
 3:00 Ice Cream Social
 6:30 Pie in the Face
 Game **17**

9:30 Walking Group
 10:00 Craft Corner
11:30 Glen on Piano
 1:30 Bible Study
 2:30 List It Game
 6:30 Table Hockey **18**

Italian Theme
 9:30 Learn Italian
 10:30 Chair Zumba
12:00 Theme Meal
 2:00 Bocce Ball
 3:00 Italian Ice
 6:30 Wine & Cheese **19**

9:30 Walking Group
 10:00 Garden Tending
1:00 Music- Marlene
 2:00 Bingo
 6:30 Water Gun Fun **20**

9:30 Fun Fitness
 10:00 What Am I ?
 1:30 Prayer w/ Charlie
2:00 Music-Dolores K.
 3:00 Ice Cream Social
 6:30 String Art **21**

9:30 Exercise Video
 10:00 Morning Mingles
 2:00 Word Searches
 3:00 Refreshments
 6:30 Courtyard Chats **22**

9:30 Daily Devotions
 10:00 Peace Lutheran
 Dvd Service
 2:00 Puzzle Pals
 4:00 Church
 6:00 Funniest Home
 Videos **23**

10:30 Sittercise
 11:00 Manicures &
 Mingles
 1:45 Bingo
 3:00 Ice Cream Social
 6:30 Minute to Win It
 Game **24**

9:30 Walking Group
 10:00 Bickford Bakers
 1:30 Bible Study
 2:30 July Birthday Bash!
 6:30 Cornhole Game **25**

9:30 Stretch & Tone
 10:00 Catholic Mass
 2:00 Penny Ante
 3:00 Chocolate
 Milkshakes
 6:30 Midweek Movie &
 Popcorn **26**

9:30 Walking Group
 10:00 Humor Hour
 1:45 Bingo
 3:00 Bugs Bunny Carrot
 Cake
 6:30 Parachute Fun **27**

9:30 Shopping Trip
 10:00 "Funniest" Friday
11:30 Lunch
Outing:Dairy Queen
 1:30 Prayer w/ Charlie
 3:00 Ice Cream Social
 6:30 Bean Bag Day **28**

9:30 Walk & Talk
 10:00 Current
 HappYnings
 2:00 Knitters Nook
 3:00 Bistro Buddies
 6:30 Classic T.V. Shows **29**

July