

RESIDENT OF THE MONTH Pran Khanna

Pran was born on April 21st in Peshwar, British India now known as Packistan. He lived there with his parents and five siblings. Pran went to the University of Delhi for his undergraduate Degree and to Gujrat University of Pharmacy and the University of Mississippi College of Pharmacy to recieve his PHD. He then went to the University of Des Moines to become a Doctor of Osteopathy. He was a Professor of Pharmacy at Drake University. He then was a Doctor of Osteophathy for thirty-five years in Oklahoma. On July 23rd 1970, Pran married Patricia (Pat) and they have two daughters, Maya and Nicole (Niki) and triplet granddaughters who are now four years old. Pran enjoys Indian Music, doing beadwork, latch hooking, and gardening.



BFM SPOTLIGHT AND

Tina Whalev Tina started here on August 11th, 2011 as a CNA/Med Aide. Tina was born and raised here in Omaha. Tina is currently one of our Black Pearls which is a title given to two deserving employees every year. When asked what her favorite part of working at Bickford was, Tina responded with, "my job can be challenging, but rewarding and the residents and my coworkers are awsesome".



June was a very hot, yet great start to our summer! We even got to enjoy being outside on the "cooler" days!!

Our courtyard has gone through such a marvelous transformation since last summer, and we are all enjoying the new look very much!

We also enjoyed our Luau theme day, National Flag Day, live entertainment, new games, and socializing with staff and other Bickford Family Friends!

We are Looking forward to July and all of the exciting things that are planned already!













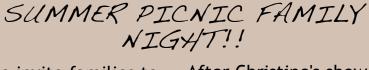


join us for our Summer Picnic Family Night on Tuesday, July 11th at 5:30pm.

We will be grilling hamburgers and hotdogs and have fruit, chips, and desserts!

Dinner will begin at 5:30pm. At 6pm, **Christine Coulson** will be entertaining s with some live music!

Weather permitting, the event will take place outside in our courtyard so throw your lawn chairs in your trunk and come enjoy a fun night with your loved ones!



After Christine's show is complete, we will have a Family Council meeting lead by our Director, Celeste Norman.

Please RSVP to Allie, Activities at 402-391-3000 by Thursday, July 6th.

We look forward to spending quality time with you and your loved ones!!







RESIDENT BIRTHDAY'S:

July 7th- Gary Noon

BFM BIRTHDAY'S:

July 10th- Tina Whaley

Happy Birthday from your Bickford Family Members!!

FOLLOW US ON SOCIAL MEDIA:

Make sure to check our blog out at: enrichinghappiness.com/omaha/hickory

Make sure to "like" us on Facebook at: facebook.com/bickford/hickory



10:30a- Puzzle Time 11a- Mass 2p- Chaplain Ron 3p- Manicures with Kim

30

10:30a- Word Search 11a- Mass 2p- Chaplain Ron 3p- Manicures with Kim

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Singer 3:15p- Rosary 6p- Movie Monday 9:30a- Chair Yoga

9:30a- Noodle Ball

10:15a- Memory

Game

2p- BINGO

3:15p- Rosary

6p- Movie Monday

9:30a- Parachute

1:30p- Christine-

10a- BINGO

10:15a- Coffee Chums 2p- BINGO 3p- Johnny Ray Gomez

6p- Movie Monday 10

9:30a-Sittercise 10:15a- Fun Facts about July 2p- BINGO 3:15p- Rosary 6p- Movie Monday

9:30a- Noodle Ball 10:15a- How old are thev? 2p- BINGO 6p- Movie Monday 24

9:30a- Parachute 10:15a- Flower Fun 2p- Indoor Fishing 6p- John's Bible Study

Independence Day

10a- Senior Motion

2p-Red, White, and

9:30a- Senior Motion

10:15a- Flower Fun

2p- Make bird nest

5:30p- Family

Picnic/ Christine

9:30a- Parachute

2p- Fontentelle

6p- Puzzle Time

10:15a- Flower Fun

10:30a- Watch

6p- Movie Night

Fireworks

Blue Social

cookies

Coulson

Forest

25

9:30a- Noodle Ball 10:15a- Potato Peeling 2p- Chaplain Laura 3:30p- Higher or Lower 6p- Wii Games

9:30a- Parachute 10:15a-Potato Peeling 2p- Chaplain Laura

3:30p- Guess Who? 6p- Spill & Spell 12

9:30a-Soccer 10:15a- Facts about Italy 2p- Chaplain Laura

3p- Gondola Races 6p- Make Italian Shaved Ice

9:30a-Sittercise 10:15a-Potato Peeling 2p- Chaplain Laura 3p- Joy Bartling-**Animal Therapy**

6p- Bean Bag Toss26

9:30a- Chair Yoga 10:15a- Devotions 2p- Resident Council 3p- Pysicians Mutual Band 6p- BINGO

9:30a- Stretch & Flex

10:15a- Two Truths

9:30a- Seated Soccer

10:15a- Devotions

3:30p- Hula Hoop

9:30a- Noodle Ball

2p- Birthday Party

3:30p- Two Truths &

10:15a-Potato

2p- Courtyard Chat

2p- Popcorn Bar

3:30p- Trivia

6p- BINGO

Toss

6p- BINGO

Peeling

a Lie

6p- BINGO

and a Lie

9:30a- Senior Motion 10:15a- Flower Fun 2p- Plunkin Nutz 3:30p- Wii Games 6p- Ice Cream Sundae Bar 27

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9:30a- Chair **Exercises** 10:15a- Flower Fun 2p-Courtyard Chat 3:30p- Brain Cramp 6p- Friday Night Movie

July

9:30a- Chair Yoga

2p- Scattegories

10:15a- Flower Fun

3:30p-5 Second Rule

6p- Tell me a Joke

9:30a- Noodle Ball

10:15a- Flower Fun

3:30p- Trivia Time

6p- Rocket Toss

Chums

10:30a- UNO Attack 1:30p- Bullseye 6p- Lawrence Welk

10a- Chair Exercises

10a- Social Walk 10:30a- One Questions- One Answer 1:30p- Arts & Crafts 6p- Lawrence Welk

10a-Sittercise 10:30a- Trivia 1:30p- Bag Toss 6p- Lawrence Welk

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10a- Senior Motion 10:30a- Coffee 1:30p- Arts & Crafts 6p- Lawrence Welk

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10a- Stretch & Flex 10:30a- Kings Korner 1:30p- Hula Hoop Toss 6p- Lawrence Welk

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